

IN NEED OF A GOOD REST?

“Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.” Matthew 11:28-30.

“Man, has this been a day!” We all have said something like that at times. Maybe we have said it many times! We were SO busy. It may have seemed like we accomplished so little. We feel that even when we have accomplished a lot.

Someone said: In a 24-hour period the average adult will breathe 32,000 times. They will speak 4,800 words (Notice we did not comment on how many the ladies speak. ☺) and move 750 muscles. The heart beats about 104,000 times. And we wonder why we feel tired!

God recognizes our need for rest. Remember the seventh day rest? God designed our body to rest, because we cannot keep on going without rest. Jesus said in the scriptures noted above that he will give us rest, if we come to him. But this is about more than physical rest.

Digging a little deeper: First, Jesus is also talking about the moral standards. Some think they cannot live up to God’s standards. So they will quit or don’t even try. Jesus invites the skeptics to come to him. With **Jesus in us**, then he will make us over and empower us to be more like him. He will strengthen us.

Second, he is talking about the burden of sin. It fights us every day. We become so weary of the load. We are often “walking civil wars” as one man put it. We try to serve both God and man. Our tension right now may be this civil war raging inside of us. Think about it. We’re exhausted!

So, Jesus says to ALL, “come unto me, and I will give you rest.” Jesus simply offers himself as the remedy for all these things wearing us down. Maybe, fully going to Jesus is something you need to do now. Don’t put it off, Christian. Yes, Jesus is talking to the Christian, like us.

Thank you for the true rest you offer, Lord.

God Bless, Brethren.

GARY

Medical & Prayer Needs

Bill Ackley - at Autumn Aegis.

Betty Alley – home now.

Paul Barnes -- V.A hospital, March 15th, check skin cancer.

Randy Dean’s mother – (wife Tammy), lives in Fla., issues.

Braxton DeLong – 4 yr. old grandson of Kathy Lindsey. Tests for cystic fibrosis, 20th.

Hazel Driver – O’Neill’s - *many* issues. But doing some better!

Bob Eddy – surgery for cancer, now recovery.

Richard Foy – Legs spot tests for cancer.

Ellen Morgan Family – many needs, niece of Eunice Henry. TN.

Shane Resinger – Cancer. Some better. Tests. May go home next month. Steve’s co-worker’s nephew.

Gladys Thomas -- working in Haiti. Friend of Terry & Gail. Many needs there.

Ruth Watson – O’Neill’s. Bronchitis.

Note: Linda Caldwell will be living at her mom’s house from now on.

Military Prayer List

Anthony Chesck, Brianna Jordan, Philip Pape, Matthew Potts, Chris Westbrook.

TODAY — Church carry-in after morning worship. All welcome!



Extended Prayer List:

Bill & Virginia Ackley, Betty Alley, Linda Caldwell, Hazel Driver, Giada Foneseca, Richard & Wanda Foy, Barbra King, Nancy Maha, Dave Pollard, Howard Priddy Family, Olivia Smith, Georgianna Priestersbach, Tom Tablett, Jenise Veris, Ruth Watson, Marie Wilburn.

Attendance –3/10/2019:

Bible Study	41
AM Worship	92
PM Worship	29
Wed. Bible Study	31

East Broad St. Church of Christ

March 17, 2019

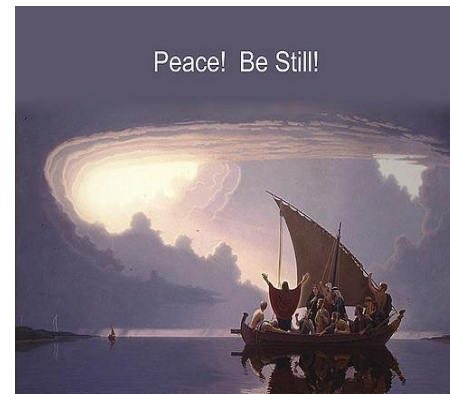
God's Word for the Week

And when he got into the boat, his disciples followed him. And behold, there arose a great storm on the sea, so that the boat was being swamped by the waves; but he was asleep. And they went and woke him, saying, "Save us Lord; we are perishing."

Matthew 8:23-25 ESV

WELCOME

We welcome our visitors to the worship services today as our honored guests. Please fill out a Visitors Card and give it to one of the greeters at the door as you leave. We hope & pray you will return soon.



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Assembly Times

Sun. Bible Class 10:00 am
Sun. Worship 11:00 am
Sun. PM Worship 6:00 pm
Wed. Bible Study 7:00 pm

March Birthdays & Anniversaries

Paul Barnes	12
Theresa Smith	12
Amanda Brown	25
Austin Taylor	27
Eunice Henry	31
Pete & Becky Kois	4
Allen & Eileen Kerns	7
Ken & Sharon Woodrum	27

Needs

NOTE: We are needing more members to sign-up for the communion preparation.

See list on board, please.

Trivia answers & scriptures are given to Gary on paper with your name OR by texting him. **C'mon, join in!**

Trivia Question: What is the name of the star that falls to earth and poisons a third of the water, according to Revelation? (Hint: You heard it mentioned in Terry's Bible Class.)

Last Week's Question: In 1 John, who does John say we will also love if we love God?

Answer: our brother.

Location: I John 4:21.

Answers: Paul Barnes, Harold Cantley, Ken & Sharon Woodrum, Sarah Baker, CJ Helmling, Lindsey Miller.

Widows & Widowers

Betty Alley, Lola Anderson, Kimber Banks, Joyce Brewer, Frances Brown, Harold Cantley, Kathy Carter, Hazel Driver, Joyce Fetzer, Eunice Henry, Barb Lenchak, Elaine Leonhardt, Kathy Lindsey, Sue Massey, Shirley Sarver, Betty Scheutzow, Georgianna Spriestersbach, Qualla Tablett, Ruth Watson, Hessie Weese, Marie Wilburn, Diana Wirth.

REMEMBER OUR SHUT-INS

Prayers, Cards, Visits, Calls

Barbara Lenchak, Qualla Tablett, Georgianna Spriestersbach, Marie Wilburn.