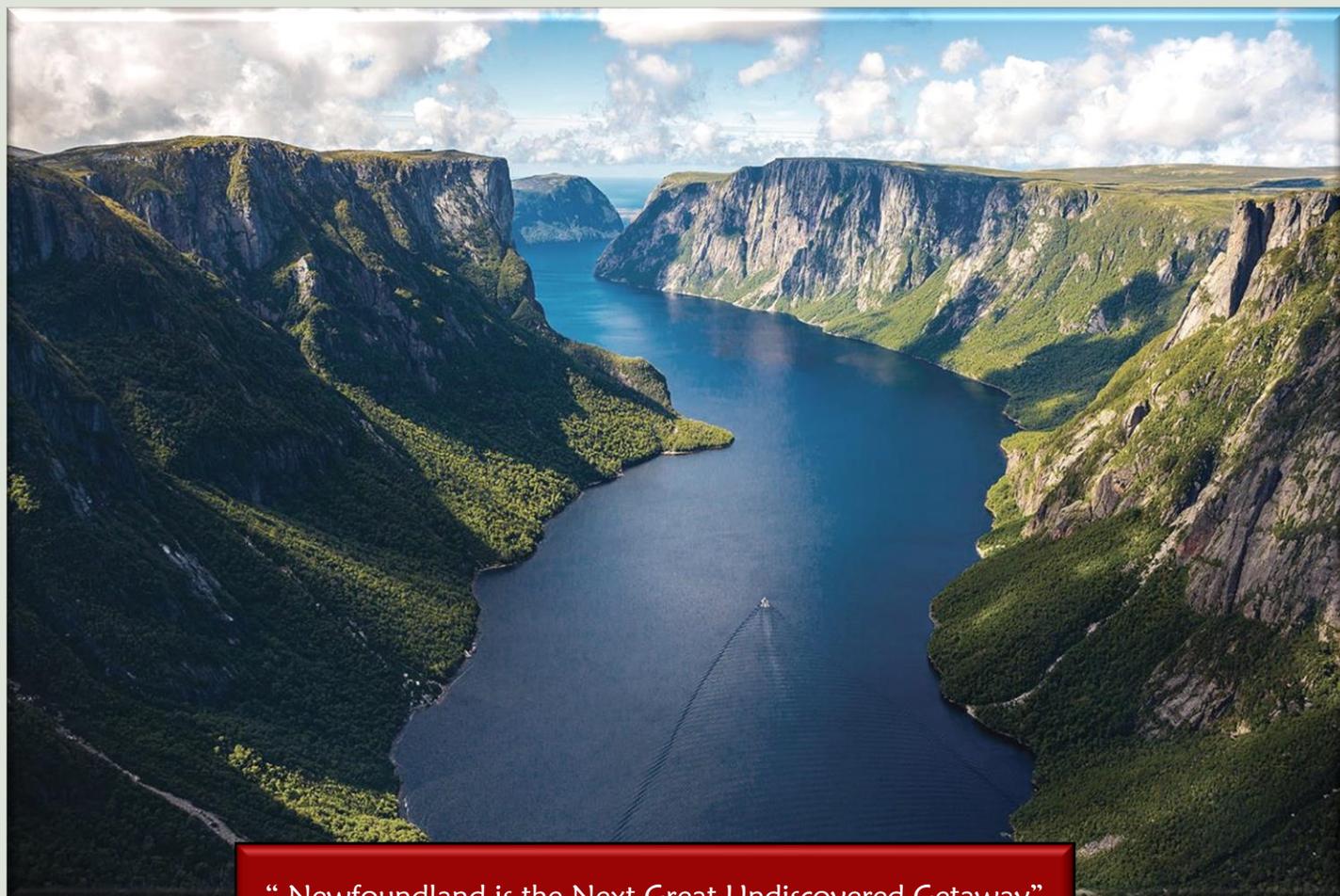


Newfoundland

A Wild West Coast Odyssey

Fjords, Vikings, Whales, Moose, Caribou and Local Cuisine
Exploring a Wild Fiber Arts Road of Rugged Beauty and History



“ Newfoundland is the Next Great Undiscovered Getaway”

~ Travel & Leisure



July 25 – August 7, 2022

“Uncommon Textile Journeys
that Change Lives”





Welcome to Newfoundland “The Rock”

A Landscape of Fierce Beauty on an Island that Moves to its Own Beat;
Whales, puffins and icebergs showcase nature like you’ve never seen before!

At the far edge of the North American continent, Newfoundland is a place of rugged beauty and serene, picturesque fishing villages and numerous lighthouses. It is a land and a people that live and breathe by the sea; a cultural tapestry where one can experience those of Iceland, Ireland, Norway, England, France and Denmark all in one place! With more than 18,000 miles of coastline, Newfoundland and Labrador make quite an impression! It is a place where light and mystery dance over the landscape in equal measure. We dare you to come away without a special place in your heart and a lasting footprint on your soul of the wonder of Newfoundland!

Newfoundland’s Wild West

Gros Morne National Park is the gem of this area. This UNESCO World Heritage site features 1,805 square kilometers of haunting and strikingly gorgeous raw and beguiling natural scenery. The wild landscape is sprinkled with wild, windswept beaches, majestic fjords, and towering mountains providing the perfect backdrop for wildlife viewing, hiking, and kayaking. To top that off, the area is filled with many artists that make their home here. Traveling up the Viking Trail to the Great North Peninsula, there are whales, icebergs, caribou and the world’s largest concentration of moose coexisting with tiny fishing villages and wilderness hamlets. A historical highlight is North America’s only authenticated Norse site at L’Anse aux Meadows. Here we step back in time to that of the Vikings.

Newfoundland’s Historical and Picturesque East

We begin our journey in St. Johns, described as “a vibrant, historic, colorful, and contemporary city – 500 years young.” It is a perfect mosaic of metropolitan luxury and small-town charm. Rows of traditional jelly-bean colored houses line the lanes while modern structures line the waterfront. Quaint, picture-perfect tiny historic fishing villages with old lighthouses and abundant marine wildlife and birds abound in the area. Trinity, a beautifully restored fishing village in a picture-perfect natural setting, boasts remarkable ocean views, crooked streets, storybook salthouses and picket-fenced gardens are a true delight. A bit further up the Bonavista Peninsula, Elliston is home to a large colony of puffins that one can often get up close and personal to. Bonavista offers some of the best whale watching in the world from either land or sea. One feels they have stepped into the pages of a gorgeous calendar wherever they journey.

Now here’s the hard part!

How will you decide which coast of this island paradise beckons to you?

Wild West Coast Itinerary at a Glance

Days 1 – 6	Gros Morne National Park: Fjords, Artists, Culinary Treats
Days 7 - 8	Remote Tuckamore Lodge: Moose, Caribou, Wilderness and a Huge Tapestry
Days 9 – 12	St. Anthony: Whales, Vikings and Icebergs
Day 13	Port aux Choix and Torrent River:
Day 14	Return to Norris Point in Grand Morne

Hands-On Fiber Highlights:

- Felting with Lorna McMaster & Knitting with Shirley Scott
- Rug Hooking with Molly White
- Glass Art with Urv Manuel and other Studio Visits
- Visiting the 227-foot French Shore Tapestry

Historic East Coast Itinerary at a Glance

Days 1 – 4	St John’s, the Oldest City in North America: Exploring Ancient Colonies, Lighthouses, etc.
Days 5 – 7	Trinity, The Picture-Perfect Historic Fishing Village and Place to Relax
Days 8 – 11	Bonavista: Whales, Icebergs, Art & Puffins
Days 12 – 15	The Doctor’s House in Green Harbour: A Country Seaside Inn Oasis

Hands-On Fiber Art Highlights:

- Historic mitten knitting with Shirl the Purl
- Natural Dyeing with Iceberg Water and Salt
- Rug Hooking with Winnie Glavine
- Needle Landscape Felting with Morgaine Parnham

Our Special Accommodations

Each of our accommodations throughout the itinerary is a quite different. We spend 5 nights in an award-winning waterfront historic inn in Gros Morne National Park. We call a remote wilderness lodge “home” for 3 nights at Tuckamore Lodge, a log cabin in Scandinavian style. Grenfell Heritage Hotel was once a nursing residence in the early 1900’s and our home base for 3 nights. For a quick one-night stop to break up the drive at historic Port aux Choix, we stay at a basic motel but are surrounded by interesting and historical sights to see. We come full circle back to Norris Point to a special hilltop inn that we have all to ourselves for our final evening and gourmet dinner.

Our Fiber Arts Mentors



Lorna McMaster has been breeding fiber sheep, working in wool, and teaching fiber art since 1997. She is a juried member of the League of NH Craftsmen and the PEI Craft Council and has received several awards for her felt work. Her felted dolls have appeared in several galleries in New England and PEI, while her business, Lorna’s Wool Needle Felting Kits, have taught thousands of people to needlefelt since 2006. Lorna is the author of several instructional books including *Woolworks: Teaching to the National Standards with Fiber Arts*; *Nature Notebook: The Art of Learning to See*; and *Dancing with Sheepdogs: A Beginner’s Guide to Herding*.

Molly White is the owner of Molly Made Fibre Art Studio in Woody Point. It is said that she was born with knitting needles in her hands. Now Molly offers workshops in the art of traditional rug hooking “that was passed down from our grandmothers” and is a supporter of traditional Newfoundland Crafts. The natural beauty of Gros Morne National Park provides endless inspiration for her hooked rugs and other fiber art. *“I do this for the love of fibre; I love the feel of the wool as it passes through my fingers and creates a work of art. It is satisfying to watch my rugs come alive as I work up the image. Most of my images come from my everyday world in Woody Point: clothes blowing on a wash line, fish being caught by the local fishermen or the beauty of nature’s colours as they change with the seasons.”* Molly White quoted by *Crafts of Character*



Urve Manuel is the owner of The Glass Station in Gros Morne National Park and a wonderful, creative glass artist. *“Being lucky to live on the edge of the North Atlantic Ocean, I draw inspiration from the expanse of wilderness that surrounds me. Sunrises and sunsets across ancient mountain ranges formed from the earth’s upheavals, the depths of the saltwater, pristine rivers, clean air, dense woods and gorgeous boglands all provide material for my work, as well as great adventures at every turn. My goal is to present this sense of joy through my glass art to you.”*

Shirley Ann Scott, “Shirl the Purl”, Shirley Ann Scott

“Shirl the Purl” is a handknitter and a mitten designer who specializes in combining history with knitting. *“I am intrigued by the way that people who lived precarious existences in wild rough places created works of knitted art, almost always without the benefit of such a simple thing as electric light, and often without the benefit of literacy. My work springs from admiration of their work.”* Shirley is also the author of three amazing books of traditional Newfoundland designs. She loves to create heritage garments ensuring that the craft skills of our worthy ancestors are not lost. Shirley and co-author Christine LeGrow of Spindrift Handknits have collected and studied mittens from across Newfoundland for the past 40 years. Recognizing the value of these artifacts, they have expertly and painstakingly recreated more than 20 heritage patterns for today’s knitter in their book *Saltwater Mittens*.





Monday, July 25 Arrive Deer Lake, Newfoundland To Norris Point on Bonne Bay in Gros Morne National Park

Today you fly to Deer Lake in Western Newfoundland. Upon arrival, you will be greeted and transferred (about an hour) to the coast and beautiful Norris Point. Our accommodations for the next six nights are at Neddies Harbour Inn, an award-winning boutique hotel on the tranquil waterfront of Bonne Bay fjord and in the heart of Gros Morne National Park. The park is a UNESCO World Heritage Site, and we are incredibly lucky to be able to spend six nights here as the inn always books up more than a year (sometimes two) in advance! After each day's activity, we get to return to our refuge of peace on Bonne Bay. The hotel is surrounded by some of the most celebrated scenery in all of Atlantic Canada. Sheltered from cool oceanfront winds, we can enjoy spectacular views of the water, the Tablelands of Gros Morne National Park and the ancient Long Range Mountains all framed by a tranquil harbor. Tonight, we'll meet for a welcome drink and orientation. For those that would like to, we can dine as a group (cost not included) in this magnificent paradise. The hotel's own award-winning Chef Jason Lynch, who has his own cookbook, will prepare a delicious meal for



us in a setting framed by pure natural beauty. Overnight at Neddies Harbour Inn. (No meals included)



Tuesday, July 26

Exploring Gros Morne It's Artists and a Traditional Hooking Workshop



This morning, we take a water taxi across beautiful Bonne Bay to Woody Point. Here we explore the Discovery Centre where we learn about the diversity and geology of the UNESCO World Heritage Site. Next, we visit Trout River, a small rural fishing village situated on the southern edge of Gros Morne National Park and steeped in Newfoundland tradition. The people here still maintain their attachment to sea and land. Trout River is a quaint mosaic of exposed prehistoric tablelands, valleys, land locked fjords with amazing nature walks. Lunch will be at Seaside Restaurant in Trout River. Here, we experience an authentic Newfoundland meal of the freshest seafood including lobster, mussels, snow crab, halibut, salmon and legendary cod, all served right by the sea.

This afternoon, we set out on a studio tour visiting a collection of local artist's studios and galleries in Woody Point, a picturesque and historic community. We'll meet the award-winning artists and hear their wonderful stories offering insight into the people and culture that have woven the fabric of the community. One of the artists that we have the privilege to work with is Molly White, owner of Molly Made Fibre Art Studio. Molly's work is noted for its meticulous hooking that captures life-like details and has earned her many commissions and exhibitions. Along with the recycled clothes or stockings traditionally associated with Newfoundland rugs, Molly hooks with 100% wool yarn that she hand-dyes to produce a palette of subtle and unique colors and other non-traditional materials such as ribbon, fleece or novelty yarn. We'll do a short workshop with Molly and you have the choice of purchasing the "kit" and have the chance to work on your creation throughout the rest of the trip. Overnight at Neddies Harbour Inn. (B,L)





Wednesday, July 27 Felted Sacred Treasure Bowls Workshop with Lorna, Local Cuisine and a Musical Tradition

Today, we engage in a felting workshop with Fiber Artist, Lorna McMaster. She is one of our favorite people on the planet and an incredibly talented artist. We worked together on Prince Edward Island doing hooking with sheep locks and felting foxes. We are so lucky to call her a friend and to work with her again. Lorna's fiber adventures have taken her through 25 years of raising fiber sheep and making her living by felting with the wool from those sheep. She is an accomplished felter, spinner, knitter, dyer and hooker, and has taught throughout New England and Maritime Canada. *"The inspiration for my felting work comes from the unique qualities that are found in every scrap of fiber that my sheep produce. Raising my own fiber gives me an edge on understanding what the medium is capable of."*



Get ready for a giggle today as we master the art of three-dimensional wet felting. Learn how wool can have a mind of its own as we create a one-of-a-kind felted vessel that we will finish into a usable lap basket for your Newfoundland treasures and projects. We will be creating Sacred Treasure Bowls adorned with a magic braid. This is Lorna's favorite workshop to teach. We will always make room in the van to carry these with us throughout the trip to collect treasures and memories that we find along our journey in Newfoundland.

Tonight, we'll head to nearby Rocky Harbour for dinner at the Ocean View Hotel's restaurant renowned for its panoramic views of the Rocky Harbour waterfront (dinner not included). After our feast, we have tickets for *Anchors Aweigh*, a musical performance at the hotel listed as one of the top ten things to do in all of Newfoundland. A group of local musicians get together for an entertaining show filled with traditional Newfoundland songs and tunes. Overnight at Neddies Harbour Inn. (B)

Thursday, July 28

Needle Felting the Wildlife of Newfoundland with Lorna A Creative Exercise in Observation and Sculpture



Today we continue our workshop with Lorna engaged in a celebration of the wildlife of the west coast of Newfoundland. This is no ordinary felting adventure. We endeavor to build a closer relationship with the wildlife that we hope to see during our trip by creating a needle-felted collection of our animal friends. Lorna will guide us through the process of sculpting wool into lifelike, anatomical features to create realistic looking animals. Lorna has

taught thousands of people to needlefelt since 2006 with her business, Lorna's Wool Needle Felting Kits. Her felted dolls have appeared in several galleries in New England and PEI.



Lorna's mission is for us to sculpt artistic fauna from photographs of the animals. She will teach us how to create defined anatomical features, like the puffin's cheeks, and a realistic musculature structure with a variety of techniques. Lorna will be with us for the next few days in Gros Morne so you can make more amazing critters in the van or in the evenings sitting

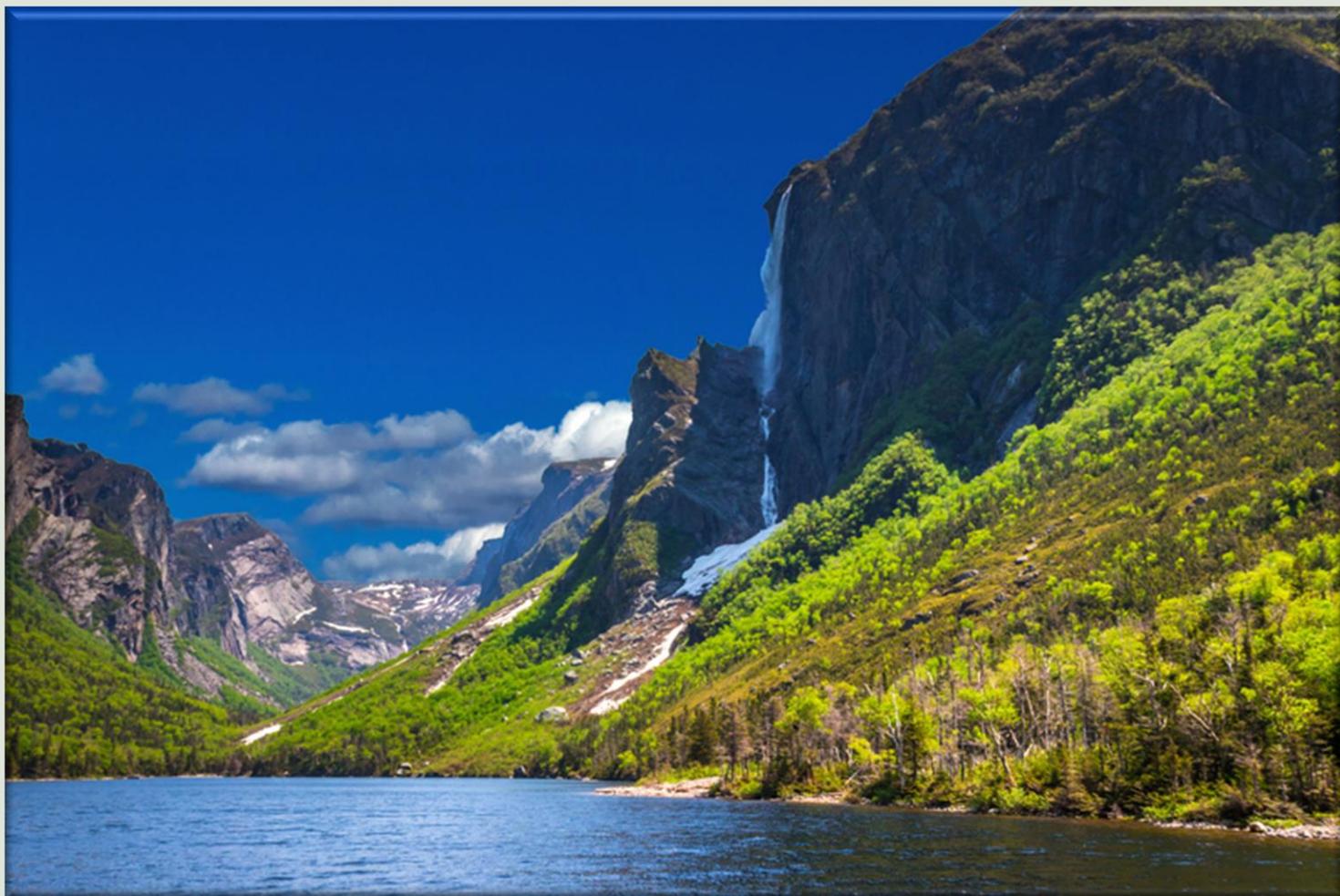
by the fire. You could end up with a whole menagerie!



This evening, we have a wonderful culinary and cultural treat in store. As a group, we will enjoy a progressive three-course gourmet dinner showcasing talented chefs from three local

restaurants as they create delicious dishes using all locally grown and caught ingredients. Overnight at Neddies Harbour Inn. (B,D)





Friday, July 29

An Amazing Fjord Boat Trip & A Workshop with Glass

There are just some places on this planet that photographs simply cannot do justice nor can they convey the scale and magnitude of the beauty. Iconic Western Brook Pond Fjord is one of those. The waterway is a landlocked fjord carved by glaciers where waterfalls drop from 2000 feet above us. Top it off with frequent wildlife sightings and billion-year-old cliffs, and you have the ultimate scenic adventure! Today we'll walk about 3km across the gravel and on a wooden boardwalk path to the dock where we board a boat for a two-hour tour on the water. Our guides provide a colorful and knowledgeable commentary while we cruise along making several scenic stops. After our water adventure, we'll enjoy a packed picnic lunch overlooking the fjord.



In the afternoon, we head to Lobster Cove Lighthouse where we enjoy a guided tour of the trails that offer beautiful views of Bonne Bay and the Gulf of St. Lawrence. The tour includes the still active lighthouse itself with a look at the family who ran it for so many years.

We have yet another artistic treat in store this day with Urve Manuel, a local artist and owner of The Glass Station Gallery in Ricky Harbour. Urve makes incredibly creative art with glass. She finds her inspiration in the magnificent surroundings of mountains, forest and the sea in Gros Morne and creates joy and whimsy through her chosen medium of kiln-formed glass. We'll enjoy an afternoon workshop learning her technique and coming away with a fun piece of

art of our own. Overnight at Neddies Harbour Hotel. (B,L)

©Photo of glass fish: Urve Manuel



Saturday, July 30 The Great North Peninsula

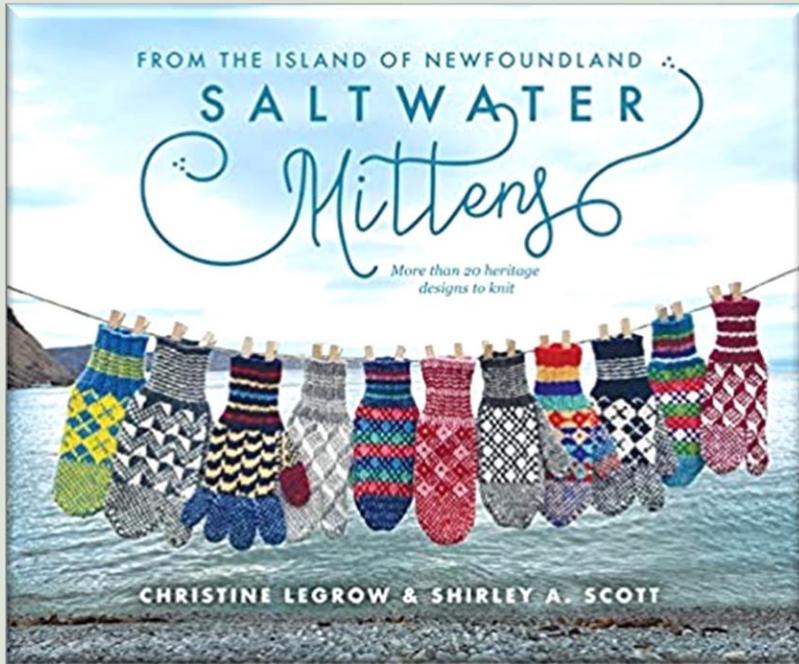
Today we meander north to Newfoundland's Great Northern Peninsula along the Viking Trail with a variety of stops along the way. Our unique accommodations for three nights are at Tuckamore Lodge located in the heart of the Newfoundland



wilderness. It is a Scandinavian-style log cabin full of charm and personality and known for its remote location and offerings of adventure. Situated on the banks of Tuckamore Pond, the lodge is surrounded by spruce forest that is home to a variety of animals. This area has a large moose population, and we might see them roaming and grazing on the land around the lodge. From the large decks, we can enjoy the morning songs of birds and small animals. Tuckamore Lodge is a place "where nature, history and culture connect." Outdoor Magazine named it "one of the six best places for encountering Canada's outdoors." We dine as a group tonight on a delicious traditional Newfoundland meal prepared by the lodge's master chef served in the dining hall. Overnight at Tuckamore Lodge. (B,D)

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Sunday, July 31 Saltwater Mitten Knitting with “Shirl the Purl” and a Day at Tuckamore Lodge in the Wilderness



Step outside the lodge this morning and take a deep breath. Barb, our host, calls this the “perfume of the wild.” It is the woody aroma of the peaceful forest wilderness that surrounds us.

We have yet another artistic fiber treat in store today. We enjoy a 1 ½ day knitting workshop with Shirley Scott, affectionately known as “Shirl the Purl,” a knitting goddess, instructor and author of three Newfoundland knitting books. In our workshop, we learn the traditional patterns of Newfoundland’s unique mittens and their amazing history. To the people of Newfoundland, saltwater mittens “symbolize care, safety, and love.”

“Woolen mittens have long been a Newfoundlander's best friend. In a quirky climate of freeze, thaw, blow, and drizzle, good mittens made all tasks easier-- to split birch, hammer a nail, gut a fish, draw water, hang

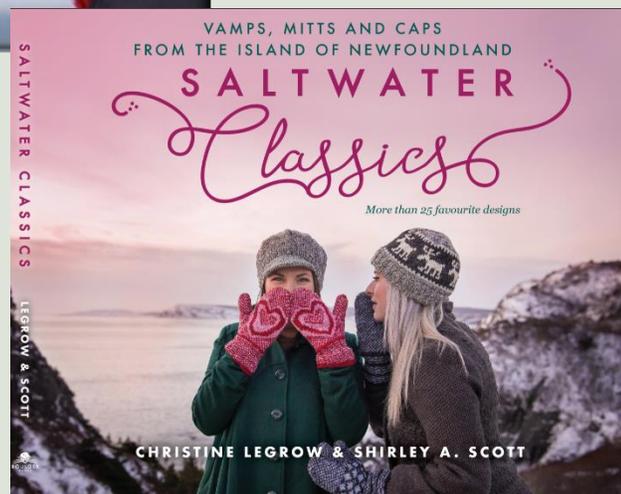
clothes, shoot a seabird, or snare a rabbit. Social life, too, always required the finest mittens and gloves.”

During the workshop, we will have time to knit at least one mitten. We can then continue on with the second mitten throughout the rest of our journey. For those with less knitting experience, there is the option of making a “wristor” (fingerless glove). **If you have no interest in knitting at all, you can continue to needle felt with Lorna’s kits or enjoy one of the many activities Tuckamore offers its guests.** Overnight at Tuckamore Lodge. (B,L)



“THE BEST WAY TO PRESERVE A TRADITION IS TO MAKE SURE PEOPLE KNOW WHAT IT IS, WHY IT IS IMPORTANT, AND HOW TO DO IT.”

~ Excerpt from Saltwater Mittens



Monday, August 1

The French Shore and an Amazing Tapestry



Today we embark on a truly extraordinary journey to the remote fishing village of Conche on the French Shore where the French fished in the area as early as the 1500's. It is a rugged jut of land with spectacular coastlines, majestic waterfalls, towering cliffs and countless coves and beaches. In the 18th century, Conche was an important fishing base for French and English fleets with quite a rivalry between the two. The town was quite isolated until recent history when the road was built. Prior to that, all transport was by boat and dogsled. It was formerly a small French fishing station and we'll learn all about its history and local heritage at the French Shore Interpretation Center.

Our sojourn into the past is not an ordinary one. Rather, it is a transformative wellness experience where we voyage across haunted shores, secret beaches and charming coves. The day will be a unique tapestry of authentic storytelling focusing on the childhoods of those born into the period of hardship after the cod collapse, walks in the beauty of the surroundings, a private musical performance, a forest meditation and a candlelit dinner in an historic restored fishing premises.

We will also have a special visit to see the French Shore Tapestry, a 216-foot embroidered masterpiece. It was inspired by the 11th century Bayeux Tapestry and was created in Newfoundland and France. The story unfolds of the French Shore from prehistoric times to 2006 in the piece made of linen and wool. In 2006, some local women in Conche began their embroidering adventure. It took 2 years of work, with over 20,000 hours of the 13 artisan's time, to create the masterpiece embroidered with Appleton crewel wool from Britain onto the Jacobean linen twill from Scotland.

In the evening, we return to our log cabin in the woods to reflect on our amazing day on the French Shore. Overnight at Tuckamore Lodge. (B,D)

Tuesday, August 2

Saltwater Mittens Knitting with “Shirl the Purl,” A Bit o’ History, A Lighthouse and Historic St. Anthony



We spend a leisurely morning continuing to knit with Shirley in the coziness of the lodge. Around noon after lunch, we depart for St. Anthony. Built around a natural harbor, it is a good place to base ourselves for the next couple of days. The rugged coastline here has so much to offer! Whales, dolphins, porpoises, seals and other ocean mammals along with puffins all make this their home. This region has the longest whale watching season in North America.

The area is also part of Iceberg Alley, a stretch of the Atlantic Ocean from the Arctic to Newfoundland. Most of the icebergs that make it here come off the coast of Greenland while some originate in the Canadian shoreline. Icebergs are so

plentiful in Newfoundland that their ice is put to good use in the making of Iceberg Vodka, Gin and Rum as well as Iceberg Beer. While we may be a bit late, hopefully we may see one of these behemoths floating by. Northern Newfoundland is also the habitat to the highest concentration of moose in the world. The nearby town of Roddickton is known as the Moose Capital of the World. We may see them grazing by the side of the road along with caribou.

In addition to the natural wonders of Northern Newfoundland, St. Anthony is known for its history, mainly involving Wilfred Grenfell. This English-born doctor came to St. Anthony in 1892. Traveling by dogsled and boat, he built hospitals and nursing stations in this remote region.

Next, we visit Grenfell Historic Properties commemorating Sir Grenfell’s legacy in Newfoundland. There is an interpretation center where you can walk in the footsteps of Sir Wilfred Grenfell with a gallery of interpretative paneling and displays. Nearby Grenfell House Museum, built between 1909 and 1910, was the home of Dr. Grenfell, his wife Anne, and their three children.

This evening, we enjoy dinner at Lightkeepers Seafood Restaurant housed in a the former lightkeeper’s dwelling on a parkland overlooking the sea (dinner not included) and wander around this area. Fox Point Light House at Fishing Point is the perfect spot for a photo op of the local landmark first constructed in 1912.

We are staying at the Grenfell Heritage Hotel named after this remarkable man. The hotel originally operated as a nursing residence known as the Carlson House. Using the original frame, the hotel was constructed and opened its doors to travelers in 2007. Overnight at Grenfell Heritage Hotel. (B,L)



Wednesday, August 3

A Free Day to Enjoy St. Anthony

Whales, Wildlife, Trails, and Maybe Icebergs

Today is a full day at your leisure to explore activities of your choice in and around St. Anthony. You might opt for a magical boat-based journey with giant ice castles and majestic sea creatures. These waters have the greatest variety of whales found in Newfoundland and the highest number of icebergs (we might be a bit late in the season when we are here. But you never know!).

Or perhaps you want to stretch your legs and take a great hike in the area. Solitude and incredible scenery can be found on a variety of trails. Or maybe you prefer a less strenuous stroll along Iceberg Alley Trail or Whale Watchers Trail for a land-based wildlife viewing experience. Both routes are boardwalks for easy walking.

You may wish to stroll back out to Fox Point Light House at Fishing Point for more wonderful photography and an opportunity to spy some whales without having to go out on a boat. Or maybe you choose to do all of the above. You decide how you want to spend this magical day. Let's meet up for a drink this evening and share stories of our adventures. For those that are interested in enjoying food, fun and feuds, you can participate in the Great Viking Feast (not included)! In Leifsbudir, we'll be part of a Viking

court of law while feasting in Viking fare. We listen to the Vikings and customers make their case to the Lawspeaker and then decide on their fate and punishment. It promises to be a raucous evening. Overnight at Grenfell Heritage Inn. (B)





Thursday, August 4 A Full Day with the Vikings

Today we immerse ourselves in the history of the Vikings. For centuries, Norse sagas have been told of their explorations abroad. It has been proven that these are not myths or legends. Archeological discoveries document that Leif Erickson and other Norse explorers settled in Newfoundland and Labrador around the year 1,000. These early discoverers called it Vinland. Much of this enchanted landscape feels like extraordinarily little has changed since that time. Today we

travel further north to the tip of Newfoundland to visit L'Anse aux Meadows, a UNESCO World Heritage Site where there is a complete 11th century Viking settlement. This is the earliest evidence of Europeans in North America and authenticated Norse sight on this continent. The excavated remains of wood-framed peat-turf buildings are similar to those found in Iceland and Greenland. Here we are transported back in time to where these people lived through various exhibits and artifacts. Interestingly, archaeological evidence also shows that at least five different indigenous peoples lived in the region before the Vikings.

While in the area, we will also visit nearby Norstead, a recreated Viking Village and Port of Trade. This site has been named as one of Canada's top ten "Hidden Travel Gems." Here we immerse ourselves in what life was like in the time of the Vikings. Interpreters in period dress bring the history to life in the blacksmith's forge, the Chieftain's Hall full of tales, and a full-sized replica of the Viking ship "Snorri." We'll also learn about the spinning, dyeing and weaving processes of the era. Lunch will be a treat today as we dine at the Norseman Restaurant (cost not included). The serving of all local seafood and classic haute-cuisine meat dishes is complimented by the remote location and spectacular views.



After a full day of adventure, we travel to the quaint and picturesque village of Raleigh and the Burnt Cape Cabins adjacent to Burnt Cape Ecological Reserve. Here we stay in rustic one and two-bedroom cabins. Overnight at Burnt Cape Cabins. (B)



Friday, August 5 Port aux Choix

This morning we enjoy a private guided tour of Burnt Cape Ecological Reserve where more than 300 plant species are protected of which about 30 are very rare. From here, we head southwest toward Gros Morne with several stops along the way. Our destination for the night is historic Port aux Choix, designated as a National Historic Site of Canada. Located on a windswept peninsula, the tiny town is one of the most remote geographic areas of Canada and boasts five thousand years of human history. Port aux Choix is the most significant Maritime Archaic Indian site in North America. The lush bounty of the sea drew not only the Maritime Archaic people, but Dorset Paleoeskimo, the Groswater Paleoeskimo and the more recent indigenous people that were here long before the Europeans arrived. Port aux Choix offers us a rich tableau of Pre-Columbian North America. The Visitor's Centre houses original artifacts including bone needles, harpoons, religious items and slate spearheads. We can visit sacred ancient burial sites and settlements and learn about the history of the lighthouse built in 1892 by walking some of the many scenic and historic trails in the area.

We'll also visit the French Rooms Cultural Centre, a local history museum. Here we learn about the Basque fishermen who made this their home beginning in 1713 for an era that lasted until 1904. A highlight is the French Bread Oven where we can participate in a taste of history. Port aux Choix is one of only six locations in Newfoundland to celebrate their French heritage by building an outdoor bread oven. At 9:30AM each day, a wood fire is started in the oven. Local interpreters, dressed in period clothing, put the buns in the oven each afternoon. We can taste a hot bun right out of the oven served with homemade jams made of local berries such as Partridgeberry, bakeapple and blueberry and a hot cup of tea or coffee.

The area is rich in raw natural beauty with limestone barrens, fossils and a rugged coastline. Wildlife is prolific with frequent sightings of moose and caribou. Seals, seabirds and whales also make this their home. Rare arctic wildflowers thrive here that are found nowhere else in Canada.

Our accommodations are quite basic this evening but allow us to stay overnight in this historic gem and have a bit of a chance to explore more in the morning before heading back to Gros Morne. Overnight at the Sea Echo Motel. (B,L)



Saturday, August 6 A Morning in Port aux Choix Return to Norris Pt. and a Farewell Dinner

We have a leisurely morning to enjoy the history and natural splendor of Port aux Choix and do the things we didn't have time to yesterday. For those that are interested, you can learn about the 3,000-year history of how seals provided residents with the necessities of life. In a hands-on program, you will use ancient tools to learn the process used to prepare seal skins (\$10 CAD per person). Others may wish to explore, hike, etc. on their own. Our drive is about 2 ½ hours today back to Rocky Harbour. En route we have a special stop. We will visit a sheep farm where we can meet the critters and a visit to Henry N. Payne Community Museum, the longest running museum on the west coast. Here we see a collection of artifacts dating back to the early 19th century and learn about role of women and their hooked mats. We'll also visit Skivvers Hand Knits where we observe the different stages of how their wool is processed to the final knitted product. There is also a fiber art studio that plans to open in 2021. Fingers crossed.

Late in the afternoon, we arrive full circle back to Norris Point where we began our adventure. Our last night's accommodation is Sugar Hill Inn. Rather than being located on the water as was Neddies Harbour Inn, Sugar Hill Inn is set on a hillside above the town. This country inn offers the perfect ambiance for our last night together as we have the place to ourselves. You might want to unwind in the large hot tub room and sitting area with a glass of wine before our special meal. We'll enjoy a farewell dinner in the dining room especially prepared for us by the chefs featuring the freshest of local ingredients. The inn also boasts the finest international wine selection in Gros Morne. A variety of olive and nut oils, vinegars, sundried tomatoes, truffles, and hand-made pastas are available for sale in their gourmet food gift shop. One travel writer referred to Sugar Hill Inn as "a piece of civilization in the wilderness." Overnight at Sugar Hill Inn. (B,D)

Sunday, August 7 Flights Home

Sadly, our wonderful journey has come to a close. You will be driven back to Deer Lake for your flight(s) home. We think you will agree that it is impossible to see all the wonders of Newfoundland in just one visit. We are guessing that you just might be planning an itinerary for your next visit before your plane has even taken off. (B)

Land Costs Include:

- 13 Nights, double occupancy (all in individually atmospheric accommodations - no large impersonal chain hotels!). Single accommodations available at additional cost (see below)
- Private tours and museum visits
- 4-5 Days of fiber arts workshops including all materials (all workshops are optional – you need not participate in all of them)
- Private mini-coach and local expert guide
- Private visits and demonstrations with talented knitters, weavers, spinners, artists and textile designers
- Daily continental breakfast (CB), breakfast (B) and other meals as described, lunches (L), dinners (D)

Land Costs Exclude:

- Any air or ferry transportation (we will be happy to make recommendations)
- Meals not designated on the itinerary
- Any item not specifically included in your program including all snacks, extra personal beverages & bottled water, etc. other than during designated meals, alcoholic beverages
- Excess baggage fees, laundry, and other items of a personal nature not specifically listed
- Tips for your guide, drivers, hotel porters and other service staff
- Additional insurance of any kind

Cost:* \$4,195 USD Per Person Based on Double Occupancy; \$3,895 Per Person for Non-Fiber artist

If you prefer a single room, there is a single supplement of \$1,595**

*As this trip has been rescheduled from 2021, there may be a slight increase in cost due to currency fluctuations and other factors.

**Accommodations for this tour typically charge very close to the same rate whether there are one or two people sharing the room. Thus, the Single Supplement is rather costly. Please contact us with any questions.

Single accommodations limited to 6 travelers. Shared accommodations (unless a couple) limited to 8 travelers.

Save Your Spot!

Please call our office for details or questions!
800.369.3033 (from US Only) ~ 970.728.6743



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