

W H Y S H O U L D
F A M I L I E S
C O M P L E T E
O R T R Y F F T ?

Prevents further incidence of presenting problems.

Increases an adolescents likelihood for success at home, school, and in their community.

Reduces likelihood that an adolescent will re-offend or enter the adult criminal system.

Positive effects on younger siblings by reducing possibility of them entering the juvenile criminal system.

Reduces long-terms costs to families associated with Juvenile Court, substance abuse, and out-of-home placements.

CONTACT

Benton-Franklin Juvenile Justice Center

Caleb Peck, LM FT.

Functional Family Therapist

(509) 736-2734

Functional Family Therapists

Sandy Bonilla

(509) 572-8003

Amy Campbell, LMHC

(509)528-8488

Julie Elmenhurst, MSW

(509) 492-7400

BENTON-FRANKLIN COUNTY
JUVENILE JUSTICE CENTER

5606 West Canal Place, Suite 106
Kennewick, WA 99336



FUNCTIONAL
FAMILY
THERAPY

*Families
Assume
Responsibility
For
Changing*

BENTON-FRANKLIN COUNTY
JUVENILE JUSTICE CENTER

Special Points of Interest

The Benton-Franklin Juvenile Justice Center (BFJJC) is pleased to offer Functional Family Therapy (FFT) to families and adolescents we serve.

FFT was selected from several hundred interventions for trial at BFJJC. It was chosen for its proven effectiveness at reducing juvenile crime.

13 research projects with serious offenders and high-risk youth have demonstrated that youths and their families who complete FFT are less likely to have further criminal problems.

WHAT IS FUNCTIONAL FAMILY THERAPY?

The therapy involves the entire family. Parent or guardian participation is crucial.

A therapist works with the family to solve their own difficulties by making positive changes in behavior and relationships. Family strengths are capitalized upon together.

The Therapist works in collaboration with the family to increase communication, identify, strengthen, and define opportunities for growth.

HOW MUCH INVOLVEMENT?

Families average between 8-12 one-hour sessions to complete FFT.

WHEN?

Sessions are scheduled every week for 45-60 minutes. The family determines times and days to meet.

WHERE?

Sessions are held at locations the family chooses-in the home, the Court, or the therapist's office.

WHO?

Minimally parents, guardians, and an adolescent participate. Other siblings and family member's participations is strongly encouraged.

WHICH FAMILIES?

A select few meet criteria, determined by a comprehensive risk assessment. Families are then referred to the program by the Juvenile Probation Counselor.