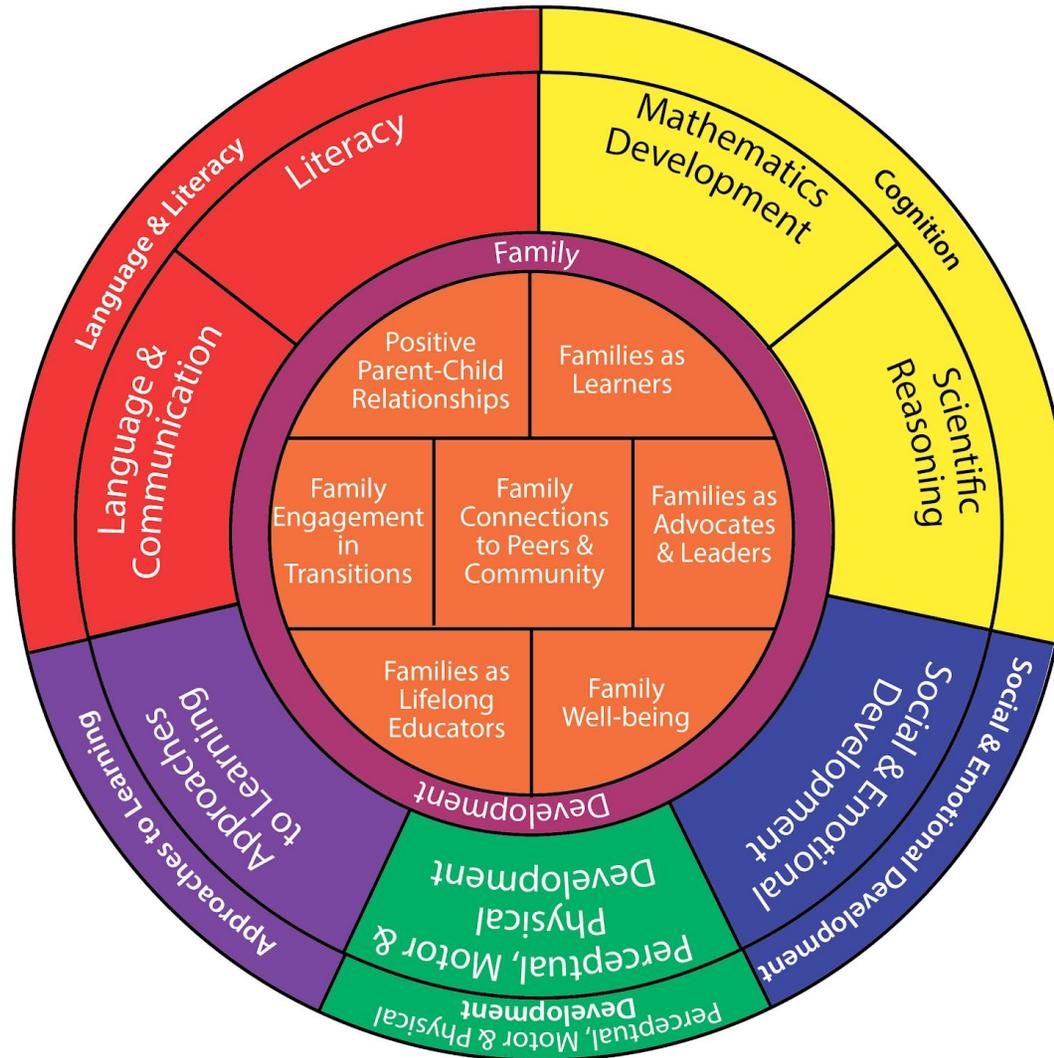


Midwest NMCAP Early Head Start School Readiness Plan

Program Year 2020/2021



Head Start defines school readiness as children possessing the skills, knowledge, and attitudes necessary for success in school and for later learning in life. The Head Start approach to school readiness means that *children are ready for school, families are ready to support their children's learning, and schools are ready for children.*

Midwest NMCAP Early Head Start School Readiness goals have been determined by analysis of child outcome data including Teaching Strategies GOLD checkpoint data from school year 2019/2020. Per our Program School Readiness Goals, when utilizing the Teaching Strategies GOLD assessment tool, if data indicate that more than 20% of all children fall below "Widely Held Expectations" within the five core domains (Social and Emotional Development, Approaches to Learning, Language, Cognition, and Perceptual, Motor and Physical Development), a focused school readiness goal is developed. The MidWest NMCAP Early Head Start School Readiness Plan was developed to give an overview of developmental and learning focus areas for quality teaching and to provide family engagement goals to support preschool readiness.

This School Readiness Plan covers four goal areas: Program goals, Power Goals, School Readiness Goals, and Family Engagement Goals.

Program School Readiness Goal: All children will make progress across all Teaching Strategies Gold areas of development and learning, with at least 80% at or above widely held expectations.

MidWest NMCAP Early Head Start has adopted four Power Goals. Power goals are identified as the primary focus for all of MidWest NMCAP's Early Head Start teachers based on school readiness data. Power goals are "big picture" goals, or broad goals, that help teachers evaluate instructional alignment to school readiness.

Power Goals:

1. We use our bodies to explore and learn
We are learning to control our large and small muscles to move from place to place, play games, and interact with people and objects. We understand when our play is safe or not safe.
2. We are learning about our world
We are curious about the world around us. We remember routines and experiences. When something is difficult for us - we keep trying and get help if we need it.
3. We are learning to be good friends
We are learning to form relationships with adults that we trust and make friends with other children. We are learning to share, cooperate and express our wants and needs appropriately.
4. We are learning to communicate using verbal and non verbal language
We listen to, respond, and learn from others and are learning to tell others what we want or need. We like to listen to and participate in stories, songs, and rhymes.

School Readiness Goals: MidWest NMCAP Early Head Start has adopted seven focused school readiness goals for teaching and learning across the five domains in the Head Start Early Learning Outcomes Framework (ELOF): Approaches to Learning, Social and Emotional Development, Language and Literacy, Cognition, and Perceptual, Motor and Physical Development. School Readiness goal focus areas are identified using TSG child outcome data, kindergarten readiness indicators from local school districts, and feedback from teachers and parents. School Readiness goals are aligned to NM Early Learning Guidelines, HS ELOF, and TSG Objectives for Development and Learning. The following are the focused school readiness goals for school year 2020/2021 and the Power Goals that they align to:

Power Goal: We use our bodies to explore and learn

We are learning to control our large and small muscles to move from place to place, play games, and interact with people and objects.
We understand when our play is safe or unsafe.

School Readiness Domain, Goal (ELOF)	School Readiness Goal	How will I know my child is ready for preschool?	How will my child's teacher know?(TSG)
<i>Perceptual, Motor, and Physical Development</i> (IT-PMP-3, PMP-4, PMP-6, PMP-7, PMP-8)	We use increasingly more coordinated small and large muscle movements to play and learn in our environment. We are able to play games and engage in physical activities like kicking, jumping, and catching.	<p>Your child is able to throw and kick a ball</p> <p>Your child is able to stack objects and put objects into a container</p> <p>Your child engages in activities that use smaller muscles such as puzzles, folding paper, and drawing</p> <p>When playing, your child adjusts his/her posture such as squatting, sitting, laying, and tippy toes</p> <p>When using different tools such as holding a pencil, a sandbox shovel, and a fork your child adjusts his/her grip</p> <p>Uses different types of movements such as running, jumping, and climbing</p>	<p>4: Demonstrates traveling skills</p> <p>5: Demonstrates balancing skills</p> <p>6: Demonstrates gross motor manipulative skills</p> <p>7: Demonstrates fine motor strength and coordination</p>

Power Goal: We are learning about our world

We are curious about the world around us. We remember routines and experiences. When something is difficult for us - we keep trying and get help if we need it.

School Readiness Domain, Goal (ELOF)	School Readiness Goal	How will I know my child is ready for preschool?	How will my child's teacher know?(TSG)
<i>Cognitive</i>	We show curiosity about objects, materials, or events, and are motivated to interact, experience, and explore. When something is difficult for us we show persistence until we are successful.	<p>Your child will participate in a new experience and ask questions about it</p> <p>When something interests your child, he/she will engage in the activity for a period of time</p> <p>Your child investigates ways to make things happen in their environment</p> <p>Your child watches how others solve problems and imitates them</p> <p>Your child looks for a favorite book or toy until they have found it</p>	<p>11: Demonstrates positive approaches to learning</p> <p>a: attends and engages</p> <p>b: persists</p> <p>c: solves problems</p> <p>d: shows curiosity and motivation</p>
<i>Cognitive</i>	We recognize differences between familiar and unfamiliar people, objects, actions, and events.	<p>Your child recalls people, objects, and actions from the recent past (a few months)</p> <p>Your child remembers and anticipates routines such as going to the table to eat and remembering to brush teeth</p> <p>When an object is moved, your child notices that it has been moved</p> <p>If an object is hidden from your child, he/she will use a variety of strategies to find it.</p>	<p>12: Remembers and connects experiences</p> <p>a: recognizes and recalls</p> <p>b: makes connections</p>

Power Goal: We are learning to be good friends

We are learning to form relationships with adults that we trust and make friends with other children. We are learning to share, cooperate and express wants and needs.

School Readiness Domain, Goal (ELOF)	School Readiness Goal	How will I know my child is ready for preschool?	How will my child's teacher know?(TSG)
<i>Social and Emotional Development</i> (IT-SE-1, SE-3, SE-4, SE-9)	When we learn and play with adults and other children in our environment, we are able to express our wants and needs appropriately, make friends, share, and cooperate.	Is calmed by a familiar adult or asks a familiar adult for help. Your child seeks out other children to play with. Your child takes turns with other children and plays games as a group. Your child communicates his/her needs verbally or nonverbally such as by sign language, pointing, or gesturing. Your child is able to explain to you (verbally or nonverbally) why they are sad, upset, angry, etc.	1: Regulates emotions and behaviors 2: Establishes and sustains positive relationships 3: Participates cooperatively and constructively in group situation

Power Goal: We are learning to communicate using verbal and non verbal language

We listen to, respond, and learn from others and are learning to tell others what we want or need. We like to listen to and participate in stories, songs, and rhymes.

School Readiness Domain, Goal (ELOF)	School Readiness Goal	How will I know my child is ready for preschool?	How will my child's teacher know?(TSG)
<i>Language (Receptive)</i> (IT-LC 1, IT-LC 2)	We learn by attending and listening to the verbal and non-verbal communication of others.	<p>Your child is able to follow simple one or two step directions</p> <p>Your child joins in a familiar rhyme, song, or story</p> <p>Your child demonstrates their understanding of communication using their words and actions</p> <p>When you play games with your child, he/she understands directions</p>	<p>8: Listens to and understands increasingly complex language</p> <p>a: comprehends language</p> <p>b: follows directions</p>
<i>Language (Expressive)</i> (IT-LC 3, IT-LC 4, IT-LC 5)	We express our wants and needs through both verbal and non-verbal interaction with others.	<p>Your child engages in conversation with others and uses 3-4 words sentences</p> <p>Your child tells stories</p> <p>Your child asks questions such as: "why," "what's that," and "who's that?"</p> <p>When your child is upset, he/she is able to explain why.</p>	<p>9: Uses language to express thoughts and needs</p>
<i>Early Literacy</i> (IT-LC-9, IT-LC-10, IT-LC-11, IT-LC-12)	We engage in stories, rhymes, or songs; and we use pictures, signs, symbols, and words to comprehend.	<p>Your child sings songs and recites rhymes</p> <p>Your child pretends to read books by turning the pages and talking about what is happening</p> <p>Your child is beginning to "write", using marks on paper and can explain what a drawing is.</p>	<p>15: Demonstrates phonological awareness</p> <p>17: Demonstrates knowledge of print and its uses</p>

Family Engagement School Readiness Goal:

School Readiness Domain	School Readiness Goal	How can I help my child be ready for preschool?	How will my child's teacher know?(TSG)
Family Engagement	As their child's first teacher, families will be involved in their child's education by engaging in educational activities at home.	<p>Spend at least 15 minutes every day working with your child on learning activities.</p> <p>Read with your child every day</p> <p>Play, explore, and be creative</p> <p>Practice independence and build self-esteem</p> <p>Your child can help with simple household chores and simple routines.</p> <p>Help your child practice a routine</p> <p>Establishing regular routines such as bed times, teeth brushing, etc. helps children do better socially and in school.</p> <p>Encourage your child to interact with others</p> <p>Help your child learn how to get along with others by playing with other children. Early experiences with different adults and children help children get along with classmates and teachers at school.</p>	<p>Monthly activity / In-Kind forms</p> <p>Your child will:</p> <ul style="list-style-type: none"> ● Be a great helper in the classroom ● Follow routines ● Make friends ● Learn more during free time activities
Family Engagement	Families will participate in the Early Head Start program and take an active role in their child's education.	<p>Participate in the Early Head Start program as often as you are able.</p> <p>Early Head Start has many ways for you to be involved in your child's education: Family meetings, family conferences, home visits, classroom volunteer opportunities, family engagement events, and policy council (to name a few).</p>	<p>Sign-in sheets</p> <p>Home Visit Forms</p> <p>Family Conference Forms</p>