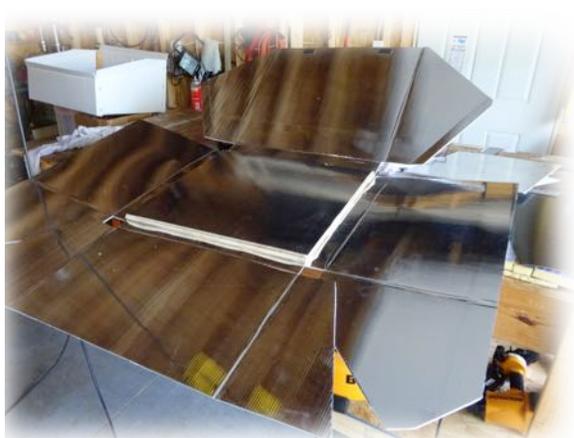


The Sun Scoop Lite

The Sun Scoop Lite is a slimmed down version of the Sun Scoop. We kept the original reflectors of the Sun Scoop but removed the insulated box. This trimmed down version is much lower in price and can still serve as a box cooker. Using clear polypropylene containers to cook in we found it to be a great cooker for large pots as well as multiple small ones. While not the hottest solar oven out there it still produced 250F late in September in NE Indiana and cooked great even when we stacked the containers!



Folded up, the SS Lite is 2ft sq. by 2 inches thick. It has a plywood base with a reflective coating attached so that all sides and bottom reflect toward the cooking pots.



Clear polypropylene containers are food grade #5 recyclable and can handle the temperatures of a cooking pot like any autoclave bag. More and more countries are outlawing the production and use of any type of bag since they are such an environmental problem. Polypropylene containers in the SS Lite can be round, square, rectangle, tall or short as long as they closely fit the cooking pot.



When we stacked up the containers on top of each other to see how they cooked we were amazed at how well everything cooked in the multiple smaller pots and trays using individual clear polypropylene containers. By using individual pots in their own cooking containers we can check on food that gets done early without releasing the heat from those that need more time to cook. We also tried cooking in two large pots using one big clear PP box container. The food cooked great there as well!

Cooking with the SS Lite



Cooking Brats and veggies in glass canning jars was like using a pressure cooker! Make sure to put a tiny hole the jar lid to let off pressure.



What about biscuits?
Egg Casserole?
Chicken thighs?
They all came out great! And they all went in the cooker at one time!



We also cooked a large meat loaf and cauliflower in one large clear container. From 9:30am to 12 noon we were shocked at how quickly everything cooked! This was late in the month of September.



So if you are looking for a large solar oven that will cook many things at once but does not have a bulky box the SS Lite is for you. It collapses to a small container 2 ft. sq. by 2 inches for easy storage. It will adapt to almost any pot.

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