



**NEIGHBORHOOD**

953 Southern BLVD. Suite 203  
Bronx, NY 10459  
Tel: (718) 542-0006  
Fax: (718) 542-0944

## Mission

*"Helping Older Adults to Help Themselves"*

As a strength-based organization, Neighborhood Self-Help by Older Persons Project's (SHOPP) mission is based on the philosophy of self-help and mutual assistance. We believe that older people are resilient, that they are capable of helping themselves and others improve their capacity to deal with the physical, emotional, social and financial challenges they face as they age. Using the strengths perspective encourages Neighborhood SHOPP staff to incorporate the strengths of our clients, families, friends and community to make independent living a possibility. Furthermore, we believe that informal social systems of support, defined as structured human attachments among kin, neighbors, friends and members of voluntary associations, are crucial in providing a buffer against the negative consequences of aging and environmental stressors.

Neighborhood SHOPP's philosophy of self-help and mutual assistance is translated into programs which empower older persons through knowledge, support, stimulation and motivation. With Neighborhood SHOPP's involvement, older persons are provided with opportunities to achieve their potential by strengthening their social support systems, improving their quality of life and becoming stakeholders in their own communities.

**For more information about Neighborhood SHOPP's programs and services or to find out about volunteer or charitable giving opportunities, please call us at:**

**718-542-0006**

**Language Access Assistance Available  
Hablamos Español**

## Who We Are

Founded in 1980 and incorporated in 1981, Neighborhood Self Help by Older Persons Project, Inc. (SHOPP) is a non-profit multiservice agency, serving over 5,000 Hispanic, African-American and West Indian-Caribbean and other older Bronx residents a year. While our central office is located in Bronx Community Board District 2, we have 35 off site service locations in almost every community board district in the Bronx.

### **The purposes of Neighborhood SHOPP, as set forth in the agency's By-Laws are:**

- To establish, develop, and maintain a senior citizen multiservice agency which will serve older (age 60 +) Bronx residents;
- To establish, develop and maintain leadership training workshops for individuals and groups dedicated to developing educational, recreational, nutritional, and cultural activities and projects of any and every kind for the benefit of older Bronx residents;
- To develop a central clearing house referral service whose purpose is to list the various social services and cultural resources in New York City that are available to older Bronx residents; and
- To assist, carry on and to contribute to the support of individuals and groups in the Bronx who are engaged in the activities which inform and educate Bronx older persons of their civic rights and responsibilities, available community resources and facilities and encourage their utilization.

## FUNDING PARTNERS

- NYC Department for the Aging
- NYC Department for Youth and Community Development
- Office of the Bronx Borough President
- New York City Council Local Initiatives
- New York State Office of Victim Services
- New York State Office For The Aging

## PROGRAMS & SERVICES

### **SHOPP Senior Network Group Work Program**

953 Southern Boulevard, Suite 203, Bronx, New York 10459  
Tel: 718-542-0006

Serving as SHOPP's unique core program, the SHOPP Senior Network promotes opportunities for the development of a self help supportive network for older persons. Our 27 SHOPP Senior Network groups are located in almost every Bronx Community Board district and are hosted within senior housing (Sec. 202) buildings, churches, NYCHA public housing and community centers with an annual participation of over 500 older persons (mostly women of color). SHOPP provides supportive services to these groups at their sites which include professional social work services of caseworkers and group workers and educational and recreational activity specialists and instructors who go to each site once a week for a SHOPP-sponsored scheduled class or activity. Program supplies, materials, and equipment needed for a specific activity (such as sewing machines, blood pressure monitors) are also provided.

### **SHOPP Senior Center Programs**

SHOPP Casa Boricua Innovative Senior Center  
910 East 172nd Street, Bronx, New York 10460  
Tel: 718-542-0222

SHOPP Leon Neighborhood Senior Center  
735 East 152nd Street, Bronx, NY 10455  
Tel: 718-708-6897

SHOPP Guess Neighborhood Senior Center  
2070 Clinton Avenue, Bronx, New York 10457  
Tel: 718-584-2357

A dynamic, accessible, and appealing community focal point for elders, Neighborhood SHOPP's Senior Centers offers daily services which include a meal program, a wide variety of educational and recreational activities, case assistance, Healthy Aging and Wellness programing, and volunteer opportunities. Highlights include the Casa Boricua Performing Arts Institute, championship-winning domino teams and our popular Social Friday/Viernes Social Disco. Opportunities are available for senior volunteers to provide telephone reassurance and friendly visiting to homebound elders and other peer leadership activities. Facilities include Computer Center, fitness center, sewing rooms, pottery classes, billiard tables, and activities salons.

### **SHOPP CMP Case Management Program**

910 East 172nd Street, 2nd Floor, Bronx, New York 10460  
Tel: 718-328-3536

Aimed at maintaining independent living in the community and reducing social isolation, services include identification of needs and capabilities through a comprehensive intake and assessment process; determination of eligibility of DFTA-funded in home and social adult day services, home delivered meals and other supportive services; monitoring, advocacy, and follow-up on referrals and service provision.

### **SHOPP Senior Network Access Program (SNAP)**

953 Southern Boulevard, Suite 205, Bronx, New York  
10459 Tel: 718-620-4650

Providing older persons and their families increased access to benefits and entitlements. Also provided are supportive counseling, information and referral and advocacy on behalf of clients to other programs and services. SNAP caseworkers screen and assist clients to ensure they receive such benefits as Social Security, SSI, Medicaid, Medicare Part D, Food Stamps, home care., HEAP, SCRIE, and other eligible entitlements and services.

### **SHOPP VIP Elder Abuse & Crime Victims Assistance Program**

953 Southern Boulevard, Suite 203, Bronx, New York  
10459 Tel: 718-542-0006

Alleviating the effects of domestic violence and crime on older Bronx residents and helping to prevent victimization of the elderly. We believe that older adults should be in a safe environment and that they should be able to recognize and deal appropriately with threatening situations in a manner that minimizes risk to themselves. VIP social workers provide specialized services for older victims of domestic violence and crime through information and referral, case assistance, individual and family counseling, assistance with crime victims compensation claims, crisis intervention, and crime and elder abuse prevention workshops and educational presentations. Coordination and collaboration with other agency's such as Adult Protective Services, the Bronx District Attorney's Office, and the NYC Department for the Aging Elderly Victims Resource Center ensure that victims are provided with timely and effective intervention.

### **N. SHOPP New York Connects - The Bronx**

953 Southern Boulevard, Suite 204, Bronx, NY 10459  
Tel: 347-862-5200

Finding the right long term care services and supports can be confusing. NY Connects - The Bronx is a trusted place that helps Bronx residents of all ages to remain independent in their daily lives by providing information and assistance to help individuals make informed choices about long term care services and supports. Professional staff can provide options counseling to help Bronx residents link with home care, caregiver supports, care coordination, respite care, transportation, home delivered meals, health insurance information and more.

### **NSHOPP Lafayette Estates NORC Supportive Services Program**

825 Morrison Avenue, Bronx, New York 10473  
Tel: 718-617-2216

NORC stands for Naturally Occurring Retirement Community. This is a unique program that addresses the community and participants' needs where older residents can access health and social services right in their own building or complex. NORC's aim is to maximize and support the successful aging in place of older residents. The Lafayette Estate housing development is home to over 1,800 older adults and offer case assistance, wellness activities, classes in arts and crafts, dance, computer labs, cultural activities and trips.

### **Transportation Services**

953 Southern Boulevard, Suite 203, Bronx, New York  
10459 Tel: 718-542-0006

SHOPP's minibus provides Senior Network participants with opportunities to travel within and outside of their community. Grocery shopping, recreational outings, transportation for training/meeting events and other group transportation services are available. Older persons with special transportation needs are provided with taxi/car service travel reimbursement for medical appointments, hospital or nursing home visits or other individual needs.