



CROSSING POINT CHRISTIAN SCHOOL

OCTOBER 2018

News from the Director



Fall has finally arrived; more or less! The cooler weather sets our minds on the upcoming holiday season and all the excitement that comes along with that. With the change of seasons comes a renewed time to rethink and restart. Take advantage of the weather. Fall can be a treat for the senses: the crisp air, apple picking, pumpkin carving, a gorgeous canopy of fall foliage, and the crunch of leaves underfoot. These months are a great time to exercise outdoors and enjoy cooler temperatures. Fall is the perfect time to rejuvenate body, mind and spirit.

Enjoy the weather and enjoy your family time; which is so precious. Make memories that last a life time. ☺

Blessings,
Ms Ricki
Director



Music/Movement Class



This month we will continue to work on **movement awareness** as well as focus on **nonlocomotor skills** such as bending/stretching and turning/twisting. Our locomotor skills focus will be on jumping/landing, walking, running and hopping. Our **body awareness** will be on learning the bones of our body. We will have a special visitor "Mr. Jones" in movement for the month of October. He is our friendly skeleton that helps us to understand what our bones look like on the inside of our body as well as how the bones fit together. We will discuss the importance of having a skeleton as well as learning the bones that make up our skeleton.

Science with Mrs. Penny



We are having so much fun in Science learning how things in our world work. This month we will be exploring primary and secondary colors and how they are created. Grossology is the favorite subject in Science class. We will look at the science behind snot, and how it's made. EWWWW!!

"Science is our attempt to understand the things we see — to make sense of the world around us. Scientific concepts are a way of explaining to ourselves and our children how the world works,"
Science shows children the interconnections of life and teaches them that the things they observe are not just haphazard events."
George Tokieda



HARVEST FEST

OCTOBER 23rd & 24th

Fall is upon us and our Harvest Fest is coming up soon---Every October the children at Crossing Point get to enjoy some Fall Activities at our Annual Harvest Fest to be held in the BIG Gym at Crossing Point. We will have an activity area set up with different fun fall related stations for the 3, 4, and 5 year olds to experience during the morning of their school day. **The 2 yr. old's will have their own separate scheduled activities for their morning (no parent volunteers are needed for the 2's).** To kick off the day we will have our annual parade which will begin at 9:20 am. The parade will be held in front of the new building (east side of the new building). 2 yr. old's get to watch and wave at the parade. After the parade, the children will go back to their classroom to change and get ready for Harvest Fest. **Volunteers will be needed to help make this event successful and fun for our kids.** See the attached form if you are interested in helping at Harvest Fest this year.

Reminders

Just a few reminders to help our school year go smoothly:

1. Carpool arrival time is 8:55-9:05. If you arrive after 9:05 then you will need to walk your child into their classroom.
2. Drive-through pick-up at dismissal times which are 12:00 and 2:30, also known as *Carpool*, is for those in the 3s,4s and TK classes. **Please do NOT leave your car or park in the carpool lane. Remain in your car and we will bring your child to you.** Other information about pick-up time is included in your orientation folder.
4. Label all of your child's belongings: lunch boxes, jackets, backpacks, etc. Sippy cups for the twos must have first name and last initial.
5. Check your child's backpack daily for notes and information that the teachers may send home.
6. If someone else is picking up your child from school, please let the teacher and the office know who you are arranging to pick up for you.

Classroom Highlights!



Mrs. Courtney & Mrs. Amber's class chasing "giant bubbles."



Pastor Don leading chapel for our Pre-K and TK Classes.



Mrs. Dawn & Mrs. Rachel's MWF 3 year old class chasing "giant bubbles."



Bible Story: "Isaac & Rebecca"



Science Experiment: Walker Water
Rainbow



Story Time: "Baby Rattle Snake"
with shakers

Lots of fun and excitement going on in Mrs. Julie & Mrs. Monica's Pre-K Class.



Oct. 2nd & 3rd : Picture Days

Oct. 8th: No Preschool-MISD Teacher In-Service Day
Columbus Day

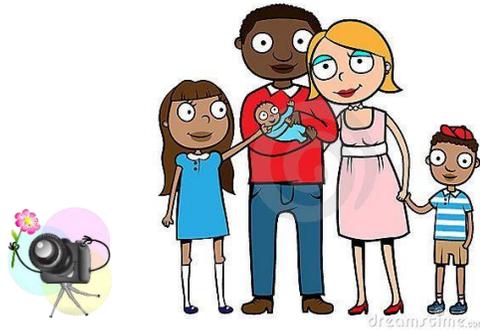
Oct. 11th & 12th: Fire Trucks visit School

Oct. 22nd : Extended Care Day Offered – No Preschool

Oct. 23rd & 24th: Crossing Point Harvest Fest

Oct. 24th 6:00pm: FCC McKinney Halloween Carnival
(Crossing Point Families Invited)

Nov. 1st : FCC McKinney Bazaar



Family Pictures

We love for the children to be able to talk with the other children about their families. Family photos in the classrooms facilitate these conversations. All of the teachers have a special bulletin board or area to post pictures. If you haven't already, we are asking you to send one or two family photos to be displayed in this area. The children really like it when grandparents and pets are included in the pictures too. Please help your teacher complete her family photo area.



PARENT INFO BOARD



The Nutrition Nook

Healthy eating spot light from a Crossing Point Parent and Registered Dietitian Nutritionist.

By: Danielle McCaslin RDN, MS

6 Tips for a Preschool Picky Eater

Parents often seek advice to help their young children learn to accept a wider variety of foods and become less "picky". Picky eating is a type of food aversion. The aversion might be to a particular texture, smell or flavor or more simply a stereotype such as "vegetable are yucky".

- 1. Be persistent**, it can take about 10 times of a new food being introduced to find acceptance and overcome an aversion.
- 2. Limit snacking** between meals. If your child is hungry when they come to the table they are more likely to try the new food.
- 3. One at a time**, offer a new food with a comfortable already accepted food. Trying just one new food at a time can feel less overwhelming if there is a food that the child knows they like.
- 4. Start a positivity rule** with new foods. During the meal discourage kids from using words like smelly, gross, or weird and instead encourage positive observations about the food. The positive words could be about the color, shape or preparation method, positive flavor words can come with later introductions.
- 5. Involve your child** in the selection or preparation of a new food. Allow them to choose a new produce item when at the grocery store with you or help prepare a food in the kitchen. Having a little buy-in can go a long way with with a child's diet.
- 6. Model healthy eating.** Let your children observe you choosing healthy foods and be sure to talk about that healthy choice. For instance, why you like that food or how it helps the body is an introduction even if the child isn't ready to taste it.

Harvest Fest is coming up soon!!

Crossing Point Christian School

October 23rd Tuesday – Mrs. Sherri (T-Th), Mrs. Courtney (T-Th), Mrs. Bieseemeier, Mrs. Penny, Mrs. Karla

October 24th Wednesday – Mrs. Dawn (M-W-F), Mrs. Courtney (M-W-F), Mrs. Julie, Mrs. Linda, Mrs. Karla

Harvest Fest will be a morning filled with fun activities for the preschoolers. Our annual parade will begin at 9:20 a.m. & the Fest Activities will begin at approximately 9:45 a.m.

We will have the Fest activities inside the BIG gym. The activity area will be divided up into different stations for the kids to rotate through on a time limit. We hope rotating with a time limit will allow all the kids to be active for the entire time of the Fest Activities. The 3, 4 & 5 year olds will be together in an activity area. ***The 2 year olds will have their own activity area in their classrooms (no parent volunteers are needed for the 2's).*** The classes will travel to each station for approx. 5 minutes before rotating to the next station. The Fest should last approx. 1 hour 15 minutes. Volunteers will need to be at Harvest Fest from 9:00 a.m. until noon. We would like 2-3 volunteers per station (no one will be turned away - even grandparents... we had a few fantastic ones last year!). If you would like to help with the Harvest Fest, please fill out the sign up sheet below and return it as soon as possible.

With your help we can make this event successful and fun for our kids.

*Thank You again,
Ms. Connie (movement teacher)*

(return this portion to Crossing Point)

_____ Yes, I would like to volunteer at the Harvest Fest.

Name: _____

Email: _____

Child's Name: _____

Child's Teacher: _____ Your phone number: _____

(please return this form by Tuesday October 16, 2018)