

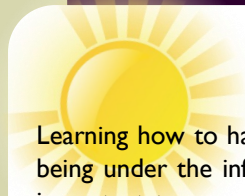
WE ARE...

A Christian non-profit residential recovery program designed to help those who suffer from substance use disorder to:

- Recover from a hopeless state of mind and body,
- Grow in their faith in Jesus Christ and
- Grow in their responsibility to their community.

INSIDE THIS

Mark Your Calendars	2
All FORE One	2
2019 MSECC	2
We've Got Wheels	3
Resident Profile	3
Please Pray	3
With Appreciation	3
About The Healing House & New Beginnings	Back Page



Summer Time Fun

Learning how to have fun and enjoy life without being under the influence of drugs or alcohol is important to our recovery. We are so thankful



for friends of the ministry who offer opportunities for fun activities. This summer began with the House of Prayer Family

Church picnic held at Neil and Diane Groves' place on the Moreau Rive in June. We ate, we fished, we jumped off the dock, we went for boat rides and floated by inner tube back to their dock. FUN! The Groves invited us to come back any time we wanted and that we did! Several times this summer we enjoyed cooling off at the river and taking in the beauty and serenity of the scenery there.

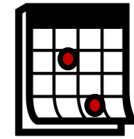


Roger and Sharon Crothers have been hosting Saturday evening get-togethers where residents of both Healing House locations enjoy outdoor fun, food, fellowship and time of devotion.

Rich and Sherrie Finton invited us to enjoy their beautiful swimming pool this summer! What a treat!

Thank You!

Mark Your Calendars!



December 1 - Commencement Ceremony

We're pleased to announce that **Wendie Messer** and **Ashley Chop** will be completing The Healing House and New Beginnings Program with a Commencement Ceremony planned for 1:00 p.m. Saturday, December 1 at :
House of Prayer Family Church, 2707 W. Main St. in Jefferson City.



"It took me seventeen years to get three thousand hits in baseball. It took one afternoon on the golf course." – Hank Aaron

And the King will answer and say to them, 'Assuredly, I say to you, inasmuch as you did it to one of the least of these my brethren, you did it to Me.' Matt 25:40

Spotlight on Community Support

All FORE One ...

Residents from both the Koinonia and Healing House are participating in a 5-week inclusive golf program offered by the Missouri Mental Health Foundation, a non-profit organization whose mission is to "raise awareness and public understanding of issues impacting individuals and families living with mental illness, developmental disabilities and substance use disorders. Their efforts battle stigma and discrimination, promote care and treatment and foster inclusion in the community and workforce." Participants can look to develop self-confidence and learn to play a game they can enjoy for a lifetime.



The program is held at the Turkey Creek Golf Center on Tuesday evenings, from 6 – 7:30. Participating with us are teens from Columbia's Pathways Community Health. Experienced golfers volunteer to help us learn about the game and the basic techniques. Participants are placed in smaller groups and cycle through different stations where the volunteers teach and individuals practice specific golf skills like driving, chipping and putting. Soon we will graduate from practicing the skills to playing on the Turkey Creek golf course. Everyone seems to be following Rule # 1 – Have Fun!

Thank you, Missouri Mental Health Foundation, Turkey Creek Golf Center and program volunteers!

2019 MO State Employees Charitable Campaign (MSECC)

We are grateful to have participated for a second year in the MSECC kick-off events at the Secretary of State and Truman Buildings that were held late this summer. There we shared about our ministry as state employees considered pledging their financial support in the coming year to local, state and national charitable organizations through convenient payroll deduction. According to the MSECC website, state employees have contributed more than \$2 million to organizations for the last two years. We are blessed to be one of the many recipients of this generous support.

Thank you, Missouri State Employees!

We've Got Wheels!

We are blessed! The United Way of Central Missouri awarded the ministry an \$18,000 grant to purchase a van for our transportation needs. We were able to purchase the pictured 2017 Ford 11-passenger van with the grant and an additional smaller amount from the ministry funds. 2018 Campaign Co-Chairs Ryan Freeman of Freeman Mortuary and Missy Dunn of Huber & Associates presented the award on July 17th to Heather Gieck, Executive Director and Pastor James Jackson, Board of Directors officer.



There's enough room to transport residents of one entire house plus some! Trips to church, classes, events, appointments and meetings are more convenient thanks to this wonderful support from the United Way and our ministry supporters.

The van is currently kept at the men's Koinonia House.



RESIDENT PROFILE ~ Ashley

Ashley began her journey at The Healing House and New Beginnings in December of last year, entering the program after being released from serving some time in prison. It was there that she heard Executive Director, Heather Gieck, share the Word of God and the Lord's impact on her life. Ashley was eager to have a relationship with God and she knew that Heather could lead her. "I knew the first service. I saw God in her and wanted the peace in me that she had."

It may be hard to imagine, but Ashley started using drugs at a very young age and first got in trouble with them when she was only 11 years old. That resulted in her moving from the Missouri bootheel area where she lived with her mother to Alabama to live with her father and step-mother. Regarding her drug use, Ashley says she realizes she always covered any kind of emotion with drugs. "It was almost like I didn't know how to feel." Now, Ashley says, "I've learned it's OK to feel. It's normal. Emotions are a beautiful thing even though sometimes it doesn't seem beautiful, but emotions can bring breakthrough and progress. I have seen a change in the way I react in situations. I have hope and a positive outlook on life."

Ashley shared about living at the women's house, "I was nervous at first but that didn't last long. The women were extremely welcoming. It has surprised me how close and united all of us are." The Monday night spiritual life class is Ashley's favorite class. "You can just feel the Holy Spirit. I feel we learn so much in that class and what we learn brings me closer to God. That's what I yearn for. This program has taught me a new way of life and a new outlook. For that I am eternally grateful and I'm so blessed to be a part of it."

Ashley has experienced a lot of growth since coming to The Healing House. She works full time at Scholastic. Some of her 'go-to' scriptures are the Psalm 91 protection prayer and Psalm 139. May God's grace and peace keep you, Ashley!

*"He who dwells in the secret place of the Most High
Shall abide under the shadow of the Almighty.
I will say of the LORD, "He is my refuge and my fortress;
My God, in Him I will trust" Psalm 91:1-2 NKJV*

Please pray for our residents:

<u>Healing House</u>	<u>Koinonia House</u>
Andrea, Wendie	Jacob, John,
Ashley, Christy	David, Mike
Tricia, Paige	Terry, Greg
Jessica	Joey, Matthew
House Managers:	Kimberly, Chris

*** With Appreciation ***

Pastor Gary Behrns, Christian Fellowship Jefferson City, recently retired from The Healing House and New Beginnings Board of Directors after serving since December, 2014, months before the women's house first opened in 2015. Thank you for all your effort, support, prayer and guidance throughout our early formative years. May God continue to bless you, Pastor Gary.

The
**Healing
House**
And New Beginnings, Inc.

P.O. Box 1682
Jefferson City, MO 65102-1682

**“Changed hearts lead to changed lives.
Changed lives lead to changed communities.”**



About The Healing House and New Beginnings, Inc.

Our program offers:

Recovery –

A 12 Step program of Action
ACOA (Adult Children of Alcoholics)

Mentoring

Spiritual Growth

Bible-based classes

Local Church involvement

Housing and Life Skills

Safe, affordable housing

Help with securing employment

Life skills classes

Physical Growth

Importance of healthy diet and exercise

Classes are held Monday – Friday 6:00 – 8:00 p.m.

*For comments or to receive JOURNEYS electronically,
please email: hgieck.hh2013@gmail.com*

Located at:

1418 West Main St.

Phone: 417-559-7068

www.thehealinghouseandnewbeginnings.org

Email:

thehealinghouse.newbeginnings@yahoo.com

Executive Director:

Heather Gieck

Board of Directors:

Scott Johnston, President

Karen Leydens, Vice President

Don Smith, Treasurer

James Jackson, Secretary

Richard Finton

Shannon Kimsey

Mark Saucier

Brenda Schell

