

## HOURS OF OPERATION

The Intensive Outpatient Treatment Program (IOP) meets on the following days and times:

**Monday (11:00 Orientation)**  
11:30 – 4:45 p.m

**Tuesday (11:00 Orientation)**  
11:30 a.m. – 4:45 p.m.

**Thursday 1:30 – 4:45 p.m**  
Multi Family Group 5:30 pm –  
7:00 p.m.

A light lunch is provided each day; however clients are encouraged to eat before they arrive.



**To find out more information or to schedule a personal, confidential appointment, call the IOP Counselor at 536-4900, ext. 111. Our normal business hours are Monday–Thursday, 8:15–5:30 and Friday 8:15–12:30. After hours appointments are also available.**

TCCADA does not exclude, deny benefits to, or otherwise discriminate against any person on the ground of race, color, or national origin, or on the basis of disability or age in admission to, participation in, or receipt of the services and benefits under any of its programs and activities

# I O P

Intensive Outpatient Program



The Dawn Center  
Tri-County Commission on  
Alcohol & Drug Abuse  
910 Cook Road  
Orangeburg, SC 29118  
803-536-4900  
Fax: 803-536-4980  
[www.tccada.com](http://www.tccada.com)

# **YOUR JOURNEY BEGINS** *here*

IOP is a structured evidence based program for chemically dependent individuals designed to instill insight, life skills and support to facilitate the recovery process. We at the Dawn Center recognize addiction as a disease and treat it as such.

Upon entering the agency, an assessment will be completed and an individualized treatment plan will be developed. Depending upon the need, a physical examination may be required prior to entering the program. If appropriate, medications may also be prescribed to assist in the treatment process.

During services, clients will be involved with group, family and individual counseling, addictions education, early recovery skills, relapse prevention, and social support groups.

IOP is designed to meet the distinct needs of the individual so the length of time a person spends in IOP is dependent on that individual's unique needs and progress. However, a typical timeframe is 4 weeks. Following discharge from IOP, clients will participate in approximately 12 weeks of continuing care groups that are designed to support the client in their efforts to remain in recovery by focusing on utilizing learned relapse prevention skills. This group meets once a week in the evening.



## **ADMISSION CRITERIA**

- **Age 18 or older (special exception for 17 yrs.)**
- **Diagnosis of psychoactive substance dependence (some exceptions)**
- **Physically and intellectually capable of participation**
- **Clearance from physician to participate**
- **Dependable transportation**
- **Stable home environment or willingness to relocate to a living environment conducive for recovery**
- **Absence of suicidal and/or homicidal ideation**
- **Willingness to participate**
- **Willingness to sign participation and continuing care contract**