



# COLORADO STATE NALC'ER

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Dear Sisters and Brothers,

I hope that you all are staying safe. We just got done with our first hybrid State training and from what we have been told, it went well for those in person and those who joined us virtually. There were somethings that we needed to work on, technical wise, and we learned many things that we will be using during our Convention next month in Pueblo. But the thing I am most proud of is the attitude that all the attendees possessed concerning the Covid-19 precautions that we needed to adhere to for every one's safety. I know that the knowledge that was gained will benefit all carriers. And I am glad at the number of Branches that were represented and the leaders that were sent or spent time with us virtually. I think that there were over 40 carriers that I had never met before and that fact gives me a great deal of hope for the future of the Postal Service and the NALC.



In the immediate future we are looking toward Pueblo and our 2021 State Convention. This is where and when we get to the business side of the State Association. But while the work does get done the Carriers of Pueblo are excited to show off their town to everyone. We will start Thursday with the MDA golf Tournament (details to follow) and registration on the Riverwalk. Pueblo is known as Uniontown and we will explore why. The Medal of Honor plaza honors the heroes who have received the National Medal of Honor including the 4 from Pueblo. And who in Colorado doesn't think Pueblo chilies are far superior than those from that state south of us. And a thrill of mine, the PBR (Professional Bull Riders) is headquartered in Pueblo. These are all things that make Pueblo a great place to hold our convention. Oh, and President Rolando will be joining us to bring his wisdom.

This year is an election year for all offices in the State from President to the Executive Board. If you would like to serve your fellow carriers please consider running for an office. Nominations will be held on Friday and elections will be held on Saturday. We have been working with an E- Election company on making sure that every delegate voice is heard. I do not want anyone to feel that they must be in person to represent their Branch as an elected delegate. For those who wish to represent virtually please know we are making every effort to include you in the business of the State and that your voice will be heard.

One of the struggles that we have experienced over the last year is to stay connected with each other. With the help of your Vice President Rick Byrne's idea and knowledge we now have a page, or is it tab, on our State website (COSALC.ORG) that is called Stay Connected. If you would like to be kept up to date with regular updates on trainings, legislative issues, convention news, etc. please fill out the form found on COSALC.org. And yes, this was all Rick's doing. I am thankful for his ideas and knowledge on how these things work so every carrier can benefit.

On the legislative front it is changing daily. As of today, 2/14 11:00 p.m. we have a new administration, a new Congress, and new Resolutions and Bills. The Administration has an open ear to us, Letter Carriers, for our input on how best to serve America as the Postal Service. This is a nice change from the previous administration. The first indication of this open ear is the appointment of Jim Sauber to the transition team. Jim is President Rolando's Chief of Staff, his righthand man. We have a new Senator representing Colorado. Senator Hickenlooper has a fondness for the Postal Service and its unique ability and purpose to serve all of Colorado, city to rural 6 and 7 days a week. This is what propelled the vote by mail bills through the State legislation. We have already a relationship with not only him but his staff. And we have a new Representative in CD3 Lauren Boebert. I will need your help with her. If you are in CD3 please reach out to her office and ask her to support the Postal Service and Letter Carriers through the following Resolutions and Bill.

Resolutions are a stated sense of the House or Senate. There are currently 3 that we are following. H Res 109 Expressing the sense of the House of Representatives that the United States Postal Service should take all appropriate measures to ensure the continuation of door delivery for all business and residential customers. H Res. 47 Expressing the sense of the House of Representatives that Congress should take all appropriate measures to ensure that the United States Postal Service remains an independent establishment of the Federal Government and is not subject to privatization. And H Res. 114

Expressing the sense of the House of Representatives that the United States Postal Service should take all appropriate measures to ensure the continuation of its 6-day mail delivery service. A Bill carries more weight as it can become law. The Bills are HR. 695 and S.145 To repeal the requirement that the United States Postal Service prepay future retirement benefits. Please contact your Representative and both Senators asking and or thanking them for their support. Here is where we stand now.

Representative	phone number	Hres 47 Anti privatization	HRes 109 Door to door	Hres 1146 day	HR 695 USPS Fairness Act	S. 145 USPS Fairness Act
De Gette	202-225-4431				X	
Neguse	202-225-2161	X			X	
Boebert	202-225-4761					
Buck	202-225-4676					
Lamborn	202-225-4422					
Crow	202-225-7882	X	X		X	
Perlmutter	202-225-2645	X			X	
Senator						
Bennet	202-224-5852					
Hickenlooper	202-224-5941					

But even though we have these working in our favor, a few in DC need to be reminded of not only is the Postal Service in the Constitution but also in law. In the U.S. Code subsection 101 covers Postal Policy, I point out 2 sections 39 U.S. Code § 101 - Postal policy

(b)  
The Postal Service shall provide a maximum degree of effective and regular postal services to rural areas, communities, and small towns where post offices are not self-sustaining. No small post office shall be closed solely for operating at a deficit, it being the specific intent of the Congress that effective postal services be insured to residents of both urban and rural communities.

(e)  
In determining all policies for postal services, the Postal Service shall give the highest consideration to the requirement for the most expeditious collection, transportation, and delivery of important letter mail.

How many believe this is being done? Are we putting Letter Mail over parcels or is it the other way parcels over letter mail? Is the Postal Service treating all communities the same or are some being neglected? I think that many of the policies and treatment of employees flies in the face of the law as stated in the US CODE. Please help get the word out by contacting your Representative and Senators we need their help.

And I would not be doing my job a State President if I did not make the ask for LCPF. The most recent issue of the POSTAL RECORD shows all of the contributors to LCPF. I want to thank each and every Sister and Brother who knows the importance and sees the need for their contribution to the Letter Carrier Political Fund. If no one has asked I am here making the ask for you to join in contributing to the future of America's Postal Service. Just call me.

Proud to serve Colorado and America with you,  
Doug Jaynes President  
Colorado State Association of Letter Carriers



## Vice President's Report

Brothers & Sisters,

I would like to thank everyone who attended the COSALC State Training in January in Westminster, CO. This year's training was a unique training. We were limited on spaces at the hotel due to following CDC rules on social distancing, so we also worked to conduct the training virtually. It was a huge success! We had 45 attendees at the hotel and approximately 38 virtually daily. There were a few hiccups on day one, but we were able to conquer those in minutes.



I would like to thank COSALC President Doug Jaynes for keeping an open mind and allowing us to proceed with the training knowing we could do it both in person and virtually. I also want to thank COSALC

Director of Education Danielle Fake-Moorman for putting the training schedule together along with the aligning the instructors and material for the classes. NBA Dan Versluis and his staff put on another great steward's college but were unable to be with us in person due to some limitations in place by NALC headquarters staff due to the pandemic. There were several new positive aspects of training, by doing it virtually, that we haven't experienced in the past. We are now trying to figure out how we can continue some of these tools in the future when we are able to come back together with in person training.

We have already hit the ground running in preparing for the COSALC State Convention. I would like to thank all the COSALC Executive Board for their strength in leadership throughout Colorado helping the association succeed for the members. Things don't just come together. It takes many hours off the clock and work behind the scenes for these things to happen. I'm excited for Pueblo in April and look forward to seeing all of you in person.

In solidarity,

A handwritten signature in black ink, appearing to read 'Richard Byrne'.

Richard Byrne, Vice President  
richardbyrne@cosalc.org

## Secretary's Report

Greetings Brothers and Sisters

I hope this finds you all in good shape following this turbulent year. We have a new proposed



contract that is in the ratification process. There are a few details that I would like to cover for those who have questions. First there is not a whole lot of changes coming with the contract. There are wage increases, 2 that will include

back pay and we kept our COLA's with one being a back-pay. With the back-pay issue, it will be about 3-4 months before you see the back pay in your checks.

It takes OPM a bit to do the back-pay calculations for all carriers including CCA's. The COLA part is easier to do so you may see that first as it is a lump sum. There will be an increase in health insurance premiums by 1% starting next year. From the math that I have seen, this will constitute about a \$900 cost to carriers, whereas the pay increases will be around \$5000 for the life of the contract. That's pretty generic math but you get the idea as each person and circumstance is different.

Next there is a Step P that has been added and will be seen by topped out carriers in November of 2022. CCA's wages will go up in June so we can compete with what others are paying for starting labor costs. Maybe we can get some help then! There is also a 24-month automatic conversion for CCA's to PTF. In some of our smaller cities and towns this will get them to a career status faster. There is also a uniform allowance increase of 5% that comes in May of this year and the creation of a uniform task force so maybe we can get some of these fabrics looked at!

Last but not least for this article is the intriguing aspect of turning your holiday pay into annual leave. When I first heard this, I thought "is there a benefit in this", but upon reflection, we have all been there when your mandated on that holiday, so you're getting that day as pay and not losing in your check, so why not turn that holiday pay into annual to use at your leisure! This all comes with a ratification vote, so please take the time to read and educate on what's being done for you! Thanks as always to the hard work of our National officers in getting these items to us, and thinking outside the box!

In Unity  
John Woolley

## ***Treasurer's Report***

Brothers and Sisters

In writing this I am hoping that everyone is well. I'd like to wish everyone a Happy New Year. As the year end has come and gone, I hope that you were able to meet the year-end dead lines of mailing out the employees W2's and the 4th quarter taxes for 2020.



With a New Year 2021 we have a requirement for new W-4's as some of the withholding statuses have changed and some are no longer honored such as Married, but withhold at higher Single rate. This option is no longer available and if the W-4 was filed this way this option has now defaulted to filing single. Please review your W-4's it is suggested that a new W-4 be filed with your employer.

New I-9's, it is suggested that new I-9's be filed the current expiration date for these forms are 10/31/2022. Please review your employee files and make sure all supporting documentation is current that there are no expired passports and or driver's license also. Review the files and make sure your personnel files are in compliance with all rules and regulations.

It is that time of year for the filing of the LM2's, LM3's and or LM4's please look into the dead-lines for the filing of these reports for your branches. These reports are filed with the Department of Labor. The Form LM-2 must be filed within 90 days after the end of the labor organization's fiscal year (12-month reporting period). The law does not authorize the Department to grant an extension of time for filing reports. The penalties for delinquency can be found in Section VI (Officer Responsibilities and Penalties) of the instructions for the DOL (Department of Labor).

During the State Training an audit was conducted on the books for the Colorado State Association of Letter Carriers. The books were audited and found to be in order. I'd like to re-share my gratitude to the State Delegates and retiree who were asked to be on the audit committee. You were of great help and greatly appreciated especially for your patience. We had to get through a year of transactions, as audits were greatly affected by the restrictions of Covid19, the last audit was held at last year's State Training 2020.

I am hoping, probably as much as everyone else that these restrictions become non-existent and

that we can get back to normality. Wishful thinking! Stay safe and healthy brothers and sisters.

In Solidarity,  
Yvette Garcia  
COSALC Treasurer

## ***Director of Education Report***

Brothers and Sisters

Cheers to a successful State Training despite the challenges that were thrown our way.



For the first time we offered Virtual and In Person learning and it went seemingly well. I hope everyone who attended learned something and that you were able to ask your questions. If you have any feedback or suggestions on what we can do to

improve future trainings held please reach out and let me know.

It has been an honor being the Director of Education the last 2 years and I have enjoyed overseeing the training side of things. In my opinion, educating our activists, officers and stewards should be our priority. This is how we educate and inform our members with correct information. They get enough incorrect information from some social media sites and other employees, including management, who do not read or take time to learn the contract.

If you haven't yet, please start preparing for the possibility of opening your local contract (LMOU) for negotiations. Most times you can always make improvements, especially with incorporating CCA's into the leave calendar and if you eliminated PTF's you will want to make sure to get them added back in so they can take leave next year. As you know we have a tentative National Agreement which is currently in the works and the ballots are due back March 1. Shortly after the due date we will learn if we have Ratified our new National Agreement and if that occurs the time frame to open your Local Negotiations will be April 29- May 28th, 2021.

If you missed that training this weekend and would like materials please contact the National Business Agents office and we can get some materials mailed to assist you. I look forward to seeing many of you at our State Convention in Pueblo the weekend of April 16-17,

2021. Please help us get the information requested of your Delegates and whether they will be attending in person or virtually as soon as possible but no later than March 15.

Keep up the great work and continue to represent your branches well.

In Unity,  
Danielle Fake-Moorman

### **Director of Retirees Report**

#### **Tentative National Agreement and What it means for retirees**

We have a contract that we are waiting for the membership to soon ratify. The 2019 National Agreement will last 44 months, covering the period from September 20, 2019, to May 20, 2023.

Here is what is in the contract for retirees to know.

2022 Retiree COLAs Projection: 0.2% as of November 2020

The 2022 COLAs for CSRS and FERS benefits are based on the increase in the average CPI-W between the 3rd quarter of 2020 (253.412) and the 3rd quarter of 2021 (TBA). Based on the November 2020 CPI-W (1982-84=100) of 253.826 the 2022 CSRS and FERS COLAs are currently projected to be 0.2%. The 2022 retiree COLA calculation will be finalized in October 2021 with the release of the CPI-W for September 2021. CSRS annuities receive full COLAs; COLAs for FERS annuities are payable for retirees 62 and older and may be reduced by up to one percentage point from the increase in the CPI. 2021 FECA COLA Projection: 1.3% as of November 2020.



Based on the release of the November 2020 CPI-W (1982-84=100), the 2021 FECA COLA projection is 1.3%. The November 2020 CPI-W of 253.826 was 1.3% above the December 2019 base index (250.452). The 2021 FECA COLA calculation will be finalized when the December 2020 CPI-W is published during the month of January 2021.

FECA COLAs are applicable only in cases where death or disability occurred more than one year prior to the adjustment's effective date.

For details and a look at recent COLAs and trends go to: <https://www.nalc.org/news/research-and-economics/research> This page contains the latest information on current NALC pay tables, the index used to calculate Cost of Living Adjustments (COLA) that apply to active and retired carriers.

I want to thank Colorado carriers for

choosing me serve the membership for the last 10 years I will be stepping down from the executive board to take care of my family and self. I consider it an honor to serve the membership and will remain a political activist for Colorado Letter Carriers.

Thank you from the bottom of my heart.  
In Unity,  
Jeffrey Frey

### **Executive Board Reports**

#### **Brothers and Sisters**

Where does one BEGIN 2 make sense of the Events since last I wrote ?!!!...

We must know that we are a DIVIDED nation, and REGRETABLY SO. I genuinely believe that Americas citizens, members of our own FAMILIES, are consuming two DIFFERENT VERSIONS of the truth through social media and all the other tools available through the internet to DRAW us IN. This severed and sundered narrative is Breaking our DEMOCRACY apart...



At great PAINS we must better understand WHY those who think NOT like we do have made the CHOICE to Believe passionately as THEY DO. And it will require their Courtesy to listen to our reasons for Truth as well.

And I KNOW America coming BACK TOGETHER .... Can't happen OVERNIGHT.

So In the MEANTIME.....

Can we all just commit to being GRACIOUS and CONSIDERATE of the fact that we may have vastly differing opinions on many things. .... But that does not make you my ENEMY if you agree to the SAME.

Letter carriers are as diverse a group of people as America itself. And YET we can come together in SOLIDARITY to get the job DONE! To solve workplace problems, to negotiate a New National Agreement, to caucus and conduct elections at our National Conventions, and ultimately to successfully secure USPS as a public service for ALL Americans far into the future!!

I wholeheartedly believe the answers to today's problems, at work and beyond lie within us ALL. But we have first to agree to disagree with

## Executive Board Reports Cont...

RESPECT and an OPEN DIALOGUE if ever we are to get there.

Stay Safe. Look out for EACH OTHER.

Joann Hertel

### The drums beat a call to battle



Our mail system has a 91 percent approval rating, nothing else has a 91 percent approval rating. The Postal Service Is the Most American Thing We've Got and now the time has come to leave our mark

on history by getting congress and the leader of the free world to REPEAL the requirement that the USPS prepay future requirement benefits.

The good news is that the 117 congress has 231 cosponsors for H.R. 695 but 3 members of the house from Colorado have not signed on at this time: District 3 Boebert, District 4 Buck, District 5 Lamborn. In the Senate there are 4 cosponsors on S. 145 to Repeal the requirement that the USPS prepay future requirement benefits. Each Senator of Colorado needs to hear from you so they will sign on.

Next battle is H.Res. 47: the House of Representatives should take all appropriate measures to ensure that the United States Postal Service remains an independent establishment of the Federal Government and is not subject to privatization. Take aggressive action by going to your representative's web site on all issues listed and contact them on the legislation.

Furthermore, a flanking maneuver will be required by making calls on a regular basis to the congressional switchboard: 202-225-3121 and ask for your representative. Leave it all on the battlefield and victory will surely be ours.

Eleleu! Eleleu! Eleleu!

In Solidarity  
OB Sanders

Brothers and Sisters

I hope this finds you safe and healthy. Since the last newsletter, the State Association and the National Business Agents office put training together in January. The steward's college was a big success, training new stewards on the proper handling of grievances. This was a quite different training for all of



us. Some of us were there in person, while others attended through Zoom. I cannot thank Doug Jaynes, Rick Byrne and Danielle Fake-Moorman enough for all of their hard work getting the training set up.

With COVID still continually active the safety procedures set in place kept everyone safe. For the

Steward's College John Robles, Dan Versluis and Jeff Hartman put together an amazing training through Zoom. This, I am sure, was a stressful time for the NBA office. John spends weeks to get all the training together to hold the Steward's College along with his normal day to day duties. With the constant changing of who will be there in person or virtually, I know the roster changed daily if not several times daily. Colorado was the first training that they did completely virtual. Thank you for all you guys do for the membership, I know that I appreciate it along with all the membership out of Centennial Branch 5996.

What a crazy year 2021 started out to be. The Nation's capital was taken by an angry mob; this is not who we as Americans are. We need to stand together and protect one another. Whether we agree or disagree, violence is never the answer. People lost their lives on January 6, 2021, and we need to rebuild and unite the wonderful loving America we live in.

A great deal can be learned from unions, we are about brothers and sisters standing together helping one another, making each and everyone of our lives better. It does not matter what your skin color, religion, gender, or sexual orientation, we are all one. Please remember that you will always get more out of life if you are nice to all around you. I love my mother's saying, you will always get more with honey than you will with vinegar.

The COVID vaccine is now starting to be given and hopefully in the next month or so the Postal Service will be up for anyone to get vaccinated that wishes to. Please continue to be diligent with mask wearing, washing your hands and staying 6 feet apart. It has been a year since we have got to go have a beer with friends, have a Sunday dinner with our parents or grandchildren. It has been hard but there is light at the end of this tunnel.

Please stay safe and healthy, until we can meet once again in April for the State Convention.

In unity  
Kelli Robles

Greetings Brothers and Sisters

Well, it's 2021 finally, 2020 is a year I want to forget but learn from. 2020 was a year of chaos, from the pandemic, the election, riots, and the insurrection at the capitol, all took a toll on all of us in one way or the other. Whatever your opinion is on these issues, it is your right to believe the way you feel and what is right in your eyes, the Union respects your opinions.

The problems in 2020 clouded the fight still going on behind the scenes, for one, the prefunding issue. HR 2382



passed the house and is moving onward to S. 2965 the bipartisan USPS Fairness Act companion bill. The bill passed the House but died in the Senate for the lack of action. Despite its challenges over the last decade-plus, the Postal Service has amassed nearly \$50

billion for future retiree health benefits, enough to cover premiums for 1015 years. If the prefunding burden had not been imposed, USPS would have recorded a surplus of nearly \$4 billion. As reported in the Postal Service's annual 10k financial statements, the prefunding mandate has cost an average of \$5.4 billion annually since 2007 and is responsible for 92% of USPS losses over the last twelve years. It accounts for 100 % of losses over the past 6 years. This mandate threatens core services that Americans rely on. Now that S. 2965 failed in the Senate, 2 new resolutions were presented to the House, HR.695 and S.145. these bills are to repeal the requirement that the United States Postal Service prepay future retirement benefits, and for other purposes.

Now we again have to fire up our efforts and take Action to save both the USPS and our jobs, our future. National is always fighting for your job and the Post Office no matter what is happening, working with Congress and the Senate for the greater good.

Be Safe,  
In Unity,  
Todd Tucker

Brothers and Sisters

Looking forward to the NALC State Convention in Pueblo, looking forward to seeing my Union Brothers and Sisters again.

Looking forward to the new contract, looking forward to a little back pay. Whenever I get a chance to talk to our new Brothers and Sisters, I talk to them about being safe, what's going to get them into trouble, and there's a light at the end of the tunnel. When I was hired on many years ago, no one told me what I would be making now; that, or it, was so long ago, I can't remember. But most new



carriers and others do not look past what is immediately in front of them. One of the things I remind them is what our max in pay is because today's starting pay is not that great compared to the number of hours that most of us have been forced to work. As a young adult working the oilfields and framing houses in California, if someone would have told me that I would have making over sixty-five thousand a year, I wouldn't have believed them. Now, if the new contract ratifies, at the end of 2022 those of us in Step P will be making over seventy thousand a year before any overtime.

Within my first year as a PTF, we had a bit of a class clown, an instigator that had asked me if I wanted to make seventy-five thousand this year. I got super excited telling him, heck yeah, I want to, thinking he had some secret formula on how to make money. His answer was, "just do whatever management tells you to". I was disappointed in his answer, but in the end he was right. After all the hours of overtime and grievance payouts for management's mismanagement, I did break seventy-five for the year. It is not always about the money though, most of us would rather have that time, that we will never get back, spent doing something else. Recently some cases of improperly forced overtime, stewards are now getting admin pay as remedy, time off rather than extra for forced overtime.

I am a military transplant, I came here through the Army, I joined at age 24 and spent seven years at Fort Carson. When I got out, I could not think of a better place to live than here. I was recently looking for some retirement property with one of my favorite Colorado natives and there was some property down towards Ludlow available. I asked If they had ever been down to the memorial and they had never heard of it (darn public school system...) for those who do not know.

The Ludlow Massacre was a massacre perpetrated

## ***Executive Board Reports Cont...***

by anti-striker militia during the Colorado Coalfield War. The Colorado National Guard and Colorado Fuel and Iron Company guards attacked a tent colony of 1,200 striking coal miners and their families in Ludlow, Colorado, on April 20, 1914, with the National Guard using machine guns to fire into the colony. Approximately 21 people, including miners' wives and children, were killed.

Many labor laws that are now in place derived from the Ludlow Mining Strike. Don't forget the past, what our Union Brothers and Sisters have fought for, are fighting for, and will fight for.

Fighting the good fight,  
Mark Robbins.

### **My dear friends, brothers and sisters**

Dignity and respect....we demand it from management but what do we do when we find it difficult to give and receive it from our co-workers? Like many of you, I have been guilty of judging others and their abilities. One person, I will call her D, in particular seemed to not carry her fair share in my opinion. When I commented about her shortcomings to another co-worker, I will call her M, she clearly let me know I was wrong. What I didn't know was D was M's mom's age and in her mid 60's.

This incident was 20 years ago and I still clearly remember the conversation. These days, I am a steward and know details about the issues, health and personal, the carriers in my office are having. I also know we are very short handed. Unfortunately, sometimes when a carrier with problems needs assistance from his/her co-workers, the co-workers see the carrier as lazy and not willing to pull their weight. In most cases, this is far from the truth.

In another case, I had judged an individual because of their temperament and actions. I eventually discovered this person's problems were similar to a situation I personally experienced. I have since changed my opinion about this person. Not everyone can leave personal problems or health issues at home.

Please treat each other with the dignity and respect we all deserve. When you see someone struggling, help them. We are a UNION. In these trying times, remember, we are all human beings trying to make a living in a very difficult time.

Jo Schuetz, Editor

## **Hello again Brothers and Sisters,**

I hope that you are well and surviving all that is our current world, with politics and the pandemic and the Postal service. I write to you today about the state of your office and what goes on all over from what I hear. We have to take care of one another and show a unified front to some of the true trials and tribulations of what is going on in our work place.

Unfortunately, I am seeing an atmosphere of carrier-on-carrier issues and this should just not be! We were all hired to do a job, and that job in and of itself has not changed. Case the mail, deliver the mail, return safely! The unhealthy climate in the work place right now is making that difficult and management is pushing carriers harder than ever before. Mandates and abusive tones and speech, long hours and disregard for safety are making this an even more stressful place to work.

I have had many days dreading clocking in, as I knew that I would be mandated several hours off assignment just like the previous days before. You hear carriers talk about other carriers that have called in as being lazy or selfish or just plain worthless and that should not be! You don't know what's going on in their lives, you don't know their aches and pains! We all are pushed to our limits both physically and mentally and there are times we just break one way or another. We need to stay strong together. If we see something that management is doing whether its not cleaning after a COVID issue or abusing a carrier, say something! We are not unified if we don't use our voice. It is management creating this atmosphere and it's to them that we must stand strong.

I understand, my back and legs are tired too, but nevertheless I will do my best to be there fighting for carriers and so should you. Do not let your anger or frustration get to a boiling point. Find someone you can confide in, a priest a friend a spouse or loved one, sometimes just saying things out loud to another takes the pressure off and you can feel "lighter" on the load you carry mentally. If you do not have those outlets, there is EAP and they are there 24/7. If you see something, talk to your steward or branch officer. Stand up for yourself and others as I hope they will, and should, do for you!

In Unity  
John Woolley

Governor Polis shared an update on where Coloradans 65 and older can receive the vaccine. Health care providers Denver Health, Centura Health, UCHealth, Kaiser Permanente, Boulder Community Health, Vail Health, SCL Health, Health One, Banner Health, and Salud Family Clinic have established hotlines and websites where Coloradans currently eligible for the vaccine can sign up to make an appointment or join a major health providers' waiting list.

Provider contacts can be found below:

#### Denver Health

- Sign up at: [DenverHealth.org/CovidVaccine](https://denverhealth.org/covidvaccine)
- Call: 303-436-7000

#### Centura Health

- Centura Health COVID-19 vaccine information: [Centura.org/Vaccine](https://centura.org/vaccine)
- Find your Centura Health provider: [Centura.org/Provider-Search](https://centura.org/provider-search)
- Vaccine Hotline: 866-414-1562

UCHealth: UCHealth's website and hotline can be accessed in Spanish, as well as almost 100 other languages, through interpreter services.

- UCHealth COVID-19 vaccine information: [UCHealth.org/covidvaccine](https://uchealth.org/covidvaccine)
- UCHealth COVID-19 vaccine hotline: 720-462-2255

#### Kaiser Permanente

- Sign up at: [KP.org/CovidVaccine/Colorado](https://kp.org/covidvaccine/colorado)
- Call: 303-338-4545

#### Boulder Community Health

- Sign up at: [BCH.org](https://bch.org)
- Call: 303-415-7777

Vail Health: You can go online to make an appointment and see their clinic schedule.

- Vail Health COVID-19 vaccine information: [VailHealth.org/Vaccines](https://vailhealth.org/vaccines)
- Call: 970-328-9750

#### SCL Health

- Sign up at: [SCLHealth.org/vaccineform](https://sclhealth.org/vaccineform)
- Call: 1-833-762-0141

#### Health One

- HealthONE COVID-19 vaccine information: [HealthOneCares.com/Vaccine](https://healthonecares.com/vaccine)
- HealthONE vaccine hotline: 303-453-2477

#### Salud Family Clinic

- Sign up at: [Saludclinic.org](https://saludclinic.org)

Banner Health System: Please take the survey online to determine if you are eligible to receive the vaccine. Banner encourages people to schedule appointments online as they are receiving a high number of requests.

- Center Summit View in Weld County: [bannerhealth.com/staying-well/health-and-wellness/wellness/covid/weld-county-vaccine](https://bannerhealth.com/staying-well/health-and-wellness/wellness/covid/weld-county-vaccine)
- Fort Collins Lady Moon in Larimer County: [bannerhealth.com/staying-well/health-and-wellness/wellness/covid/larimer-county-vaccine](https://bannerhealth.com/staying-well/health-and-wellness/wellness/covid/larimer-county-vaccine)
- Banner Family Medicine-Brush in Morgan County: [bannerhealth.com/staying-well/health-and-wellness/wellness/covid/morgan-county-vaccine](https://bannerhealth.com/staying-well/health-and-wellness/wellness/covid/morgan-county-vaccine)
- Banner Health Family Care Clinic in Logan County: [bannerhealth.com/staying-well/health-and-wellness/wellness/covid/logan-county-vaccine](https://bannerhealth.com/staying-well/health-and-wellness/wellness/covid/logan-county-vaccine)
- Or call: 1-844-549-1856

Colorado COVID Vaccine Information: To find all this information in one location, please visit [COCovidVaccine.org](https://COCovidVaccine.org) or call our vaccine hotline at 1-877-CO VAX CO (1-877-268-2926)

**2021 Colorado State Convention**  
**April 16-17, 2021**

National President Fred Rolando will be our “attending” National Officer

**Registration:**

\$45 delegate fee  
Thursday 4/15 6-8 pm  
Brues Alehouse 120 Riverwalk Place  
Friday 8 am Pueblo Convention Center

**Hotel Information:**

COSALC Colorado State Association of Letter Carriers  
Start Date: Thursday April 15th, 2021  
End Date: Sunday April 18th, 2021  
Last Date to Book: Thursday March 25, 2021  
Cancellation Date: March 29, 2021

Courtyard by Marriott Pueblo Downtown  
110 W 1st Street/City Center Drive  
Pueblo, CO 81003  
719-542-3200

<http://www.marriott.com>

Springhill by Marriott Pueblo Downtown  
150 S Santa Fe Avenue  
Pueblo, CO 81003  
719-546-1234

<http://www.marriott.com/pubsh>

Installation of Officers and Banquet  
Saturday 5:30 pm  
Guest tickets \$15

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970-396-0702 dougjaynes@cosalc.org

Vice-president Rick Byrne  
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CD 4 Rick Byrne see above  
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CD 6 Ken Barber 720-320-3766 barber@cosalc.org  
Tamara Twinn twinn@cosalc.org  
CD 7 Adam Albrecht albrecht@cosalc.org

## Letter Carrier Political Fund

As a member of the NALC, there are several easy ways to give to the Letter Carrier Political Fund:

Payroll deduction: Contribute automatically, using PostalEase (either online or by phone) to set up an allotment deduction from your USPS paycheck.

Direct bank withdrawal: You can authorize the fund to withdraw a monthly electronic contribution directly from your personal checking account

Annuity deduction: Retired letter carriers can elect to give monthly via an automatic deduction from your monthly annuity.

Family Member Contribution: How immediate family members of NALC members contribute to the Letter Carrier Political Fund using Electronic Fund Transfer or by making a One-Time contribution

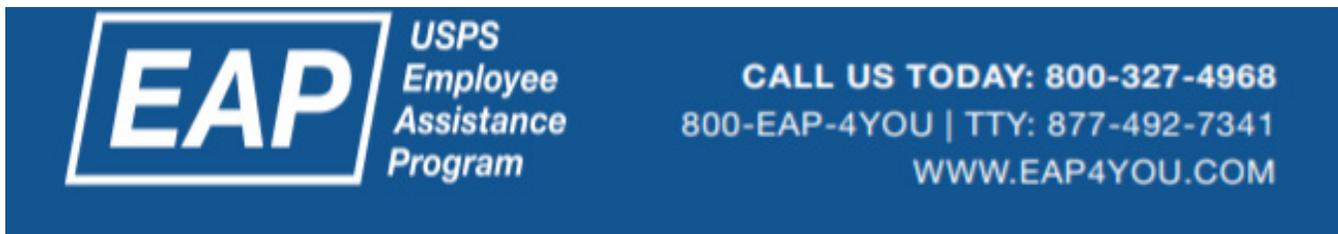
One-Time Letter Carrier Political Fund Contributions: This form should be used to identify names and members making one-time contributions.



National Association of Letter Carriers  
PO BOX 440598  
Aurora, CO 80044-0598

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CALL US TODAY: 800-327-4968  
800-EAP-4YOU | TTY: 877-492-7341  
WWW.EAP4YOU.COM

### Letter Carrier Political Fund

By making a contribution to the Letter Carrier Political Fund, you are doing so voluntarily with the understanding that your contribution is not a condition of membership in the National Association of Letter Carriers or of employment by the Postal Service, nor is it part of union dues. You have a right to refuse to contribute without any reprisal. The Letter Carrier Political Fund will use the money it receives to contribute to candidates for federal office and undertake other political spending as permitted by law. Your selection shall remain in full force and effect until cancelled. Contributions to the Letter Carrier Political Fund are not deductible for federal income tax purposes. Federal law prohibits the Letter Carrier Political Fund from soliciting contributions from individuals who are not NALC members, executive and administrative staff or their families. Any contribution received from such an individual will be refunded to that contributor. Federal law requires us to use our best efforts to collect and report the name, mailing address, occupation and name of employer of individuals whose contributions exceed \$200 per calendar year. Any guideline amount is merely a suggestion, and an individual is free to contribute more or less than the guideline suggests and the Union will not favor or disadvantage anyone by reason of the amount of their contribution or their decision not to contribute.

### A Note from the Editor

The mailing list for the NALC'er from the current membership list from the NALC. If your address is incorrect, please contact National to correct your information. If you know a member who is not receiving (or a non-memer who shouldn't receive) the NALC'er, please contact me. The NALC'er is published 2-3 times yearly by the Colorado State Association of the NALC. The opinions expressed in this paper are not necessarily those of the Editor, the Colorado State NALC'er or the COSALC. In addition, I appreciate any input from the members of the COSALC concerning the quality and layout of the COSALC NALC'er. If anyone has photos or suggested content for future articles, please don't hesitate to contact me.

Respectfully,  
Jo Schuetz  
Editor, COSALC NALC'er