



The Centennial Sentinel July Edition - 2023

Sisters & Brothers of the COSALC,

The latest edition of the NALC'er arrived in mailboxes last week. We hope that you enjoyed the information in the newsletter along with the new format. While many branches are getting together for picnics this summer, other branches have taken a break from having monthly meetings. That doesn't mean the learning needs to take time off and we still need to watch out for each other. If you see a potential violation, notify your steward immediately. If you don't have a local steward, contact your branch president or the NBA's office if a grievance needs to be filed. We need to come together and hold management accountable in doing their jobs properly.

Summer Greetings!

Hope everyone is surviving this heat and drinking water. Just a quick update about the congressional activity here in Colorado District 3: I've met multiple times with Congresswoman Boebert's Pueblo office to discuss the current bills we have going (HR82, HR3721, HR618, and HRES376). During these meetings I have tried to get an understanding of the Congresswomen's stance, educate why these are beneficial (especially for the bills that cover all federal employees), and to ask for her support. Our meetings haven't seemed to make the desired impact; which leads me to asking for your help. Please reach out to the congresswomen's office to let them know how important these bills are and how much they will affect both postal workers and federal government workers. If you have questions about these bills, please don't hesitate to get in touch with me.

Thank you for all you do,

Nikki Encinias

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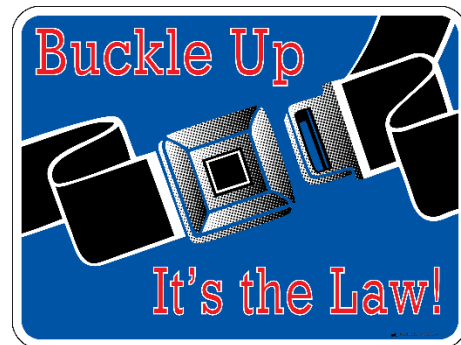
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Buckle Up! It's the Law!

I served most of my letter carrier career as the Safety Captain at my station, North Pecos. I was a member of the District Safety Task Force, and past Safety and Health Officer for Branch 47 Denver. As I listen to Desiree Arceneaux give her Safety Report at our Branch Meetings, I can remember doing the arduous task of making the message relevant. Seasons change and along come the appropriate safety tips. It's not surprising that the same accounts of 'Reported Accidents' remain the same. I guess it's because of the nature of the job. Accidents that we can prevent by doing the job safely, setting the emergency brake, and putting the vehicle in park is a must.

LOOK BEFORE BACKING! If these tasks are done daily, they become routine and then a habit, a good habit. Please pay attention to the safety suggestions as they remind you of the correct way to do your job and keep you safe and physically healthy. Please remember that we are responsible for our health, no one else. When you are overheated this summer, take the responsibility to go and cool off and hydrate. You keep you safe. Beware of your surroundings.

Arthur Garcia, Retired Letter Carrier Denver Branch #47



Coffee with COSALC

Have you signed up for Coffee with COSALC yet? What are you waiting for? We have had great success over the past couple of months with great questions during these calls. If you are interested in joining us, we conduct the calls in the morning between 7:00am – 8:00am. If you'd like to participate, please email coffee@cosalc.org and you will be added to the list to receive the link and additional updates that are distributed. We've already been addressed on the calls by Region 4 RAA John Robles on several different regional updates and hope to have national officers on future calls. This format is a great way for all of us to be involved from the comfort of our own homes while getting educated and staying updated on information.

Don't forget to check out the website and get more information if you need assistance.

www.cosalc.org



“OB” Update

Hello again, I am Bryan Sanders “OB” and I have been one of your COSALC Executive Board members. I also have the pleasure of being a liaison to Branch 47 – Denver, Branch 6202 – Aspen, Branch 5236 – Craig and Branch 5225 – Cortez. What does that mean? It’s the goal of assisting you in maintaining a more perfect union by providing organizational, educational, and legislative information. Also, passing on any concerns to the Colorado State President Richard Byrne. I am encouraged to let you know that if you have grievance concerns, get in contact with the NALC Region 4 National Business Agent Dan Versluis or one of his Regional Administrative Assistants (John Robles – Centennial Colorado Branch 5996 or Christy Bowers – Oklahoma City, OK – Branch 458). Additional information for the office can be found on the Region 4 website, www.nalcregion4.org.

This year has been an exciting year so far and the State of Colorado has had its Steward’s College this past January. In April, the COSALC held its annual convention in Blackhawk, and it was well attended with great training. As you hopefully read in the previous article, please join us on the Coffee with COSALC Zoom calls every other week. You can be added to the email list by emailing coffee@cosalc.org and the link will be sent to you. I know it is a busy time of year, but I wanted to share some items of importance with each of you. We have uploaded the NALC’s Agenda from the May 2023 NALC Postal Record on to the COSALC website:

<https://www.cosalc.org/nalc-s-agenda/>

To have success, it takes all of us to work towards the message and find a way to do what we can. A little from each of us adds up to a lot. I hope all is well in your branch and the rest of the year goes smoothly. If you need anything, feel free to call or email me.

Thank you for all you do for Colorado!

In Solidarity,

Bryan Sanders “OB” bryansanders@cosalc.org Cell: 720-203-2076

2023 Letter Carrier Resource Guide

Have you logged into the NALC Member’s Portal and clicked the box to get your resource guide mailed to you? There is so much useful information in the guide that is relevant to you on the job daily.

