



Jesus'
Disciples
Pick Grain
on the Sabbath

2nd Sunday after Pentecost

June 2, 2024

Deuteronomy makes clear that sabbath-keeping is meant for the welfare of all. God delivered the Israelites out of slavery, so they should observe this freedom with a day of rest. No one should work seven days a week; even slaves and foreigners should be able to rest. Yet human beings can turn even the most liberating religious practice into a life-destroying rule. Jesus does not reject sabbath-keeping, but defends its original life-enhancing meaning. Our worship and our religious way of life are to lead to restoration: the hungry being fed and the sick being healed.

GATHERING

The Holy Spirit calls us together as the people of God

PRELUDE

WELCOME

CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, ✚ one God,
the God of manna,
the God of miracles,
the God of mercy.

Amen.

Drawn to Christ and seeking God's abundance,
let us confess our sin.

Silence is kept for reflection.

God, our provider,
help us.

It is hard to believe there is enough to share.

**We question your ways when they differ from the ways
of the world in which we live.**

**We turn to our own understanding
rather than trusting in you.**

We take offense at your teachings and your ways.

Turn us again to you.

Where else can we turn?

Share with us the words of eternal life

and feed us for life in the world.

Amen.

Beloved people of God:

in Jesus, the manna from heaven,
you are fed and nourished.

By Jesus, the worker of miracles,
there is always more than enough.

Through Jesus, ✝ the bread of life,
you are shown God's mercy:
you are forgiven and loved into abundant life.

Amen.

HYMN

Morning Has Broken RED ELW #556
(Vs. 1)

**1 Morning has broken like the first morning;
blackbird has spoken like the first bird.
Praise for the singing! Praise for the morning!
Praise for them, springing fresh from the Word!**

Text: Eleanor Farjeon, 1881-1965

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GREETING

The grace of our Lord Jesus Christ, the love of God,
And the communion of the Holy Spirit be with you all.

And also with you.

KYRIE

RED ELW page 138

In peace, let us pray to the Lord.

Lord, have mercy.

For the peace from above, and for our salvation, let us pray to the Lord.

Lord, have mercy.

For the peace of the whole world, for the well-being of the Church of God, and for the
unity of all, let us pray to the Lord.

Lord, have mercy.

For this holy house, and for all who offer here their worship and praise, let us pray to the Lord.

Lord, have mercy.

Help, save, comfort, and defend us, gracious Lord.

Amen.

CANTICLE OF PRAISE

Now the Feast and Celebration RED ELW #167

Refrain

**Now the feast and celebration,
all of creation sings for joy
to the God of life and love and freedom;
praise and glory forevermore!**

**1 Now is the feast of the Lamb once slain,
whose blood has freed and united us
to be one great people of God. *Refrain***

**2 Power and riches, wisdom and might,
all honor and glory to Christ forever. *Refrain***

**3 For God has come to dwell with us,
to make us people of God;
to make all things new. *Refrain***

Text: Marty Haugen b. 1950

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PRAYER OF THE DAY

The Lord be with you.

And also with you.

Let us pray.

Almighty and ever-living God, throughout time you free the oppressed, heal the sick, and make whole all that you have made. Look with compassion on the world wounded by sin, and by your power restore us to wholeness of life, through Jesus Christ, our Savior and Lord.

Amen.

FIRST READING: Deuteronomy 5:12-15

This portion of the Ten Commandments instructs the Israelites to keep the sabbath. The Israelites are to rest, and they are to allow their slaves, their livestock, and the foreigners living among them to do the same. They were once slaves, and so they are to treat their own slaves justly.

¹²Observe the sabbath day and keep it holy, as the LORD your God commanded you. ¹³Six days you shall labor and do all your work. ¹⁴But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you. ¹⁵Remember that you were a slave in the land of Egypt, and the LORD your God brought you out from there with a mighty hand and an outstretched arm; therefore the LORD your God commanded you to keep the sabbath day.

Word of God. Word of Life.

Thanks be to God.

PSALM: Psalm 81:1-10

¹Sing with joy to God our strength
and raise a loud shout to the God of Jacob.

²**Raise a song and sound the timbrel,
the merry harp, and the lyre.**

³Blow the ram's horn at the new moon,
and at the full moon, the day of our feast;

⁴**for this is a statute for Israel,
a law of the God of Jacob.**

⁵God laid it as a solemn charge upon Joseph, going out over the land of Egypt,
where I heard a voice I did not know:

⁶**"I eased your shoulder from the burden;
your hands were set free from the gravedigger's basket.**

⁷You called on me in trouble, and I delivered you;
I answered you from the secret place of thunder and tested you at the waters of Meribah.

⁸**Hear, O my people, and I will admonish you:**

O Israel, if you would but listen to me!

⁹There shall be no strange god among you;
you shall not worship a foreign god.

¹⁰**I am the LORD your God, who brought you out of the land of Egypt.
Open your mouth wide, and I will fill it.**

SECOND READING: 2 Corinthians 4:5-12

When we carry out God's ministry we do so not for our glory but for the sake of Jesus Christ whom we proclaim as Lord. The power for ministry comes from God, not us, so that we persevere no matter what, trusting in God's power and promises at work through us.

⁵We do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. ⁶For it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

⁷But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. ⁸We are afflicted in every way, but not crushed; perplexed, but not driven to despair; ⁹persecuted, but not forsaken; struck down, but not destroyed; ¹⁰always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. ¹¹For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. ¹²So death is at work in us, but life in you.

Word of God. Word of Life.

Thanks be to God.

PLEASE RISE FOR THE GOSPEL ACCLAMATION

Lord, Let Me Heart Be Good Soil RED ELW #512

Lord, let my heart be good soil,
open to the seed of your word.
Lord, let my heart be good soil,
where love can grow and peace is understood.
When my heart is hard, break the stone away.
When my heart is cold, warm it with the day.
When my heart is lost, lead me on your way.
Lord, let my heart, Lord, let my heart,
Lord, let my heart be good soil.

Text: Handt Hanson, b. 1950

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GOSPEL: Mark 2:23—3:6

The holy gospel according to Mark.

Glory to you, O Lord.

Jesus challenges the prevailing interpretation of what is lawful on the sabbath and tells his critics that the sabbath was made for humankind, not the other way around. Healing the man with the withered hand is work that cannot wait until the next day.

²³One sabbath [Jesus] was going through the grainfields; and as they made their way his disciples began to pluck heads of grain. ²⁴The Pharisees said to him, “Look, why are they doing what is not lawful on the sabbath?” ²⁵And he said to them, “Have you never read what David did when he and his companions were hungry and in need of food? ²⁶He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions.” ²⁷Then he said to them, “The sabbath was made for humankind, and not humankind for the sabbath; ²⁸so the Son of Man is lord even of the sabbath.”

^{3:1}Again he entered the synagogue, and a man was there who had a withered hand. ²They watched him to see whether he would cure him on the sabbath, so that they might accuse him. ³And he said to the man who had the withered hand, “Come forward.” ⁴Then he said to them, “Is it lawful to do good or to do harm on the sabbath, to save life or to kill?” But they were silent. ⁵He looked around at them with anger; he was grieved at their hardness of heart and said to the man, “Stretch out your hand.” He

stretched it out, and his hand was restored. ⁶The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

The Gospel of the Lord.
Praise to you, O Christ.

SERMON ON THE STEPS

SERMON

HYMN OF THE DAY

O Day of Rest and Gladness RED ELW #521
(Vs. 1 & 4)

- 1 O day of rest and gladness,
O day of joy and light,
O balm for care and sadness,
most beautiful, most bright:
on you the high and lowly,
through ages joined in tune,
sing, "Holy, holy, holy,"
to the great God triune.

- 4 New graces ever gaining
from this our day of rest,
we reach the rest remaining
to spirits of the blest.
We sing to you our praises,
O Father, Spirit, Son;
the church its voice upraises
to you, blest Three in One.

Text: Christopher Wordsworth, 1807-1885, alt.

APOSTLES' CREED

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.*
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

PRAYERS OF INTERCESSION

Merciful God, receive our prayer.

Receive our prayers, O God, and come quickly to our aid, through the power of the Spirit and the love of Jesus Christ.

Amen.

THE PEACE

The peace of the Lord be with you always.

And also with you.

MEAL

God feeds us with the presence of Jesus Christ.

OFFERING

OFFERING HYMN

We Give Thee but Thine Own RED ELW #686
(Vs. 1)

**1 We give thee but thine own,
whate'er the gift may be;
all that we have is thine alone,
a trust, O Lord, from thee.**

Text: William W. How, 1823-1897, alt.

OFFERTORY PRAYER

Let us pray.

Jesus, Bread of life,
**you have set this table with your very self,
and called us to the feast of plenty.
Gather what has been sown among us,
and strengthen us in this meal.
Make us to be what we receive here,
your body for the life of the world.
Amen.**

THE SACRAMENT OF HOLY COMMUNION GREAT THANKSGIVING

The Lord be with you. **And also with you.**
Lift up your hearts. **We lift them to the Lord.**
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

PREFACE

It is indeed right, our duty and our joy,
that we should at all times and in all places
give thanks and praise to you, almighty and merciful God,
through our Savior Jesus Christ;
who on this day overcame death and the grave,
and by his glorious resurrection opened to us the way of everlasting life.
And so, with all the choirs of angels,

with the church on earth and the hosts of heaven,
we praise your name and join their unending hymn:

HOLY HOLY HOLY

RED ELW page 144

**Holy, holy, holy Lord,
God of pow'r and might,
heaven and earth are full of your glory.
Hosanna. Hosanna. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

In the night in which he was betrayed, our Lord, Jesus Christ took bread, gave thanks, broke it, and gave it to the disciples saying, "Take and eat. This is my body given for you. Do this in remembrance of me."

Again after supper, he took the cup, gave thanks, and gave it for all to drink saying, "This cup is the new covenant in my blood shed for you and for all people for the forgiveness of sins. Do this in remembrance of me."

Great is the mystery of faith.

Christ has died; Christ is risen; Christ will come again.

LORD'S PRAYER

Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

**Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

INVITATION TO COMMUNION

Christ has set the table with more than enough for all.
Come!

COMMUNION

(Zion practices an open table. God welcomes everyone to come forward. Young children may receive bread and a blessing. If you prefer not to receive, fold your hands and receive a blessing. Grape juice and gluten free wafers are available; please ask your servers. Come to the Lord's table and share in the feast!)

LAMB OF GOD

RED ELW page 146

**Lamb of God, you take away the sin of the world;
have mercy on us.**

**Lamb of God, you take away the sin of the world;
have mercy on us.**

**Lamb of God, you take away the sin of the world;
grant us peace.**

COMMUNION DISTRIBUTION

COMMUNION BLESSING

POST COMMUNION PRAYER

Jesus, Bread of life,

**we have received from your table
more than we could ever ask.**

**As you have nourished us in this meal,
now strengthen us to love the world with your own life.**

In your name we pray.

Amen.

SENDING

God blesses us and sends us in mission to the world.

BLESSING

The blessing of God,
who provides for us, feeds us, and journeys with us,
✝ be upon you now and forever.

Amen.

CLOSING HYMN

On Our Way Rejoicing RED ELW #537

- 1 On our way rejoicing
gladly let us go.
Christ our Lord has conquered;
vanquished is the foe.
Christ without, our safety;
Christ within, our joy;
who, if we be faithful,
can our hope destroy?

Refrain

On our way rejoicing;
as we forward move,
hearken to our praises,
O blest God of love!

- 2 Unto God the Father
joyful songs we sing;
unto God the Savior
thankful hearts we bring;
unto God the Spirit
bow we and adore,
on our way rejoicing
now and evermore. *Refrain*

Text: John S. B. Monsell, 1811-1875, alt.

DISMISSAL

Go in peace. You are the body of Christ.

Thanks be to God.



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Morning Has Broken

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Now the Feast and Celebration

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Lord, Let Me Heart Be Good Soil

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O Day of Rest and Gladness

Text: Christopher Wordsworth, 1807-1885, alt.

Weekly Announcements



Please keep these family, friends and members in your prayers: Christy Hebeisen, Lowell Tritabaugh, Jenna Dobner, Dilshad & Sonya Perani, Gary Revier, Cindy Hebeisen, Deb Otto and Ron Danielson

Welcome Guests!

Please sign the visitor book in the entrance to the sanctuary.

We are glad you are here!

Tuesday June 11 Pastor Gretchen will lead worship at Fairview. Good Samaritan at 10:30 am

June 13, Vryheid South Africa Mission Partnership dinner and fellowship meeting at Bernadotte Lutheran Church, 6-8 pm . Mr. Mikheze, a lay member of the South Africa Lutheran Church will be present to bring news from our partners in South Africa. All are welcome to attend. Please RSVP for meal preparations and carpool to Pr Gretchen. Carpool will leave from Zion at 5:15 pm.

Please hold in prayer: Roseann Nagel, Francis Rowe, and Pastor Gretchen, and all who will attend the SWMN Synod Assembly in person and online June 7-8. This is our first hybrid assembly.

From the Board of Stewardship

Thank you for the backpack donations! Zion donated 28 backpacks to Minnesota Valley Action Council. MVAC will fill those backpacks with school supplies and give them to those who aren't financially able to purchase school supplies. Because of you, there are 28 happy kids!

On Sunday, June 16th, the Board of Stewardship will honor the April, May & June birthdays. All are welcome to stay after church for fellowship, cake and coffee.

No one likes Change!

Save your change this summer and bring it to Zion in September to make a whole lot of noise in the buckets for Clattering Coins for Christ!

Change is a good thing!

Hunger Jar for the month of June is going to the Sibley County Food Shelf.

Pastor Gretchen Pierskalla

952-237-1060

pastor@zionarlington.org

Unscheduled—Interruptible Hours for the week of June 2

Thursday, June 6—11-4p

Or by appointment

Worship Assistants

June 2

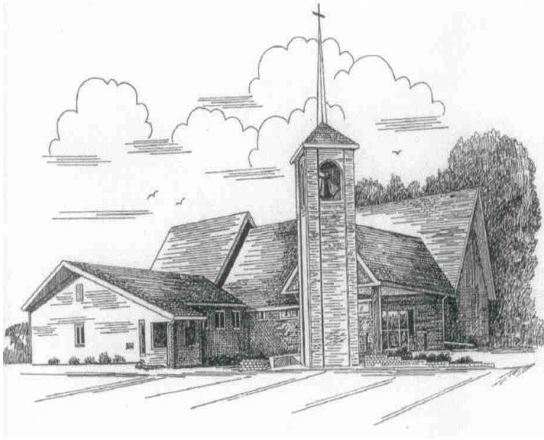
Ushers: Gordon & Barb Bergs
Mark & Lisa Strobel
Greeter: Debbie Stenzel
Acolyte: Grant Schauer
Reader: Starla Schilling
Organist: Brenda Danielson
AV Team: Matt & Jan Giesen
Altar Guild: Jane Scharpe,
Laurie Stern
Bread Maker: Jackie Alleben
Paraments: Jane Scharpe

June 9

Ushers: Larry & Pam Schiroo
Dale & Laurie Stern
Greeter: Mark & Lisa Strobel
Acolyte: Jacqueline Christeson
Reader: Mausten Krueger
Organist: Bobette Schauer
AV Team: Joe Prasad & Elton Hazelwood
Altar Guild: Starla Schilling,
Cindy Vazquez
Bread Maker: Jackie Alleben
Paraments: Jane Scharpe

Pastor Gretchen will be out of the office June 2-5 at the Systems Academy in Chicago. Pastor Elizabeth Becker-Back, serving Brownton will be on call for pastoral emergencies. Her phone number is 270-792-6491.

Zion Lutheran Church services can be viewed on:
Facebook at
Zion Lutheran Church
YouTube at
www.youtube.com
Search: Zion ELCA Arlington MN
www.zionarlington.org



Zion Lutheran Church ELCA

This Week at Zion:

Sunday, June 2	9:00a 1-3:00p	Worship w/Holy Communion—Live-stream, in-person Maranatha Church
Monday, June 3		Pr. Gretchen at ELCA Systems Academy, Chicago
Tuesday, June 4	10:00a 6-8:00p	Pr. Gretchen at ELCA Systems Academy, Chicago Tuesday Bible Study Maranatha Church
Wednesday, June 5		Pr. Gretchen at ELCA Systems Academy, Chicago
Thursday, June 6	10:00a 6-8p	Adult Bible Study Maranatha Church
Friday, June 7		Synod Assembly @ GAC
Saturday, June 8		Synod Assembly @ GAC
Sunday, June 9	9:00a 1-3:00p	Worship w/Holy Communion—Live-stream, in-person Maranatha Church

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