



**Neuro-IFRAH Clinics by Waleed™**  
**Long Beach**  
**4300 Long Beach Blvd suite 510**  
**Long Beach, CA 90807**

## **NEURO-IFRAH® Certification Course in the Treatment and Management of Adults with Hemiplegia from a Stroke or Brain Injury**

**A Neuro-IFRAH®  
Organization Approved  
Course that includes basic  
to advanced concepts of  
the Neuro-Integrative  
Functional Rehabilitation  
And Habilitation  
(Neuro-IFRAH®) approach  
By Waleed Al-Oboudi**

**Course held at the  
Neuro-IFRAH Clinics  
by Waleed™  
Long Beach**

Please check website for  
dates [www.Neuro-IFRAH.org](http://www.Neuro-IFRAH.org)  
[Neuro-IFRAHInstructors.com](http://Neuro-IFRAHInstructors.com)



Sponsored By:

**Neuro-IFRAH Clinics by Waleed™**

**[Neuro-IFRAHClinicsbyWaleed.com](http://Neuro-IFRAHClinicsbyWaleed.com)**

**Cost:** \$3,000.00

Tuition Covers Parts I & II materials.  
Full tuition due one month prior to the  
starting date of each course.

### **Course Instructor:**

**Waleed Al-Oboudi, MOT,  
OTR/L** is a therapist and educator in  
the field of rehabilitation nationally  
and internationally for over 30 years.  
He is the originator of the Neuro-  
IFRAH® approach and is known for  
his concepts and clinical skills in the  
treatment and management of  
patients affected by a stroke or brain  
injury. Many of his basic to advanced  
concepts are copied as he was the  
mentor of a number of known  
educators for many years. He is the  
originator of all his intermediate to  
advanced concepts and  
applications. He is also the originator  
of the IFRAH® concepts and  
applications for patients affected by  
orthopedic conditions. Mr. Al-  
Oboudi's Neuro-IFRAH® approach  
includes a whole system of hands on  
therapy, training equipment, and  
orthotics that are taught by Neuro-  
IFRAH® Instructors at top facilities  
and are popular and effective courses  
nationally and internationally. Mr. Al-  
Oboudi's concepts and clinical skills  
are self evident and aim to set a  
standard of excellence in  
rehabilitation as they have been  
continuously demonstrated in live  
national conferences, courses, and  
teleconferences for over 25 years.

Refund Policy: All fees will be refunded  
except for \$55.00 administrative charge if  
written notice of withdrawal is received on or  
before one month prior to start of course date.  
NO Refunds will be granted after that date.  
Cancellation by sponsor/instructor will result  
in full refund of tuition. Sponsor/Instructor not  
responsible for additional expenses incurred  
by registrants.

Assistant Instructor is available with class  
sizes above 16 participants

### **Location:**

**Neuro-IFRAH Clinics  
by Waleed™ Long Beach**  
4300 Long Beach Blvd  
suite 510  
Long Beach, CA 90807

### **Participant Requirements:**

Licensed Occupational or Physical  
Therapist, Licensed Occupational or  
Physical Therapy assistants,  
(Interested Physicians, Speech  
Pathologists, RNs and Recreational  
Therapists please contact the sponsor for  
other courses or special permission for  
attending parts or all of this course.)

### **Course Description:**

This 98 Hour certification course is  
specifically designed for physical therapists,  
occupational therapists, speech language  
pathologists, physical therapy assistants, and  
occupational therapy assistants who work  
with adults with hemiplegia from a stroke or  
brain injury. This comprehensive course  
covers basic to advanced concepts and  
effective application in a practical, organized  
manner to enhance learning. The main  
emphasis is on assessment and  
management to develop excellence in  
maximizing functional outcomes throughout  
the continuum of care. This course utilizes an  
integrative whole-person approach with  
emphasis on restoring function and making it  
functional for a return to independent living  
and resumption/assumption of roles.  
Challenges encountered by therapists in  
meeting their patients' needs throughout the  
continuum of care are addressed throughout  
the course. The course consists of lecture,  
laboratory practice, demonstrations, and  
patient treatment. Individual attention by the  
instructors will be provided to enhance  
participants' observation, handling, and  
problem-solving skills. This course includes  
the practical application of current basic to  
advanced concepts sequenced in a creative  
manner to help all participants meet the  
course objectives as well as their individual  
objectives. Waleed Al-Oboudi, who has  
taught the most multiple-week courses in the  
past 10 years and the majority of the  
advanced courses ever taught throughout  
the United States, specifically designed this  
course.

Please Circulate to Physical and Occupational Therapy Departments

For Sponsoring Introductory, Intermediate, Certification or Advanced Courses

In your area, please call 1 (833) 4NIFRAH 1 (833) 464-3724

## Course Objectives:

1. Identify the impact of the stroke / brain injury on the patient's life roles and the functional limitations interfering with his/her ability to resume / assume those roles.
2. Identify the primary & secondary impairments (movement & otherwise) underlying the functional limitations in various postures including function in upright posture.
3. Select functional activities that will assess the patient's functional limitations and underlying impairments in various postures including function in upright posture.
4. Identify concepts related to musculoskeletal biomechanics and function of the trunk, upper extremities, lower extremities, head/neck and overall body coordination.
5. Differentiate between normal and abnormal movement throughout the body in various postures and transitions in functional activities including activities in upright posture.
6. Identify concepts related to the impact of whole body alignment and control, as well as other mobility and control variables on respiration.
7. Identify missing components/processes necessary for interaction with the environment, effective learning and generalization of skills / carry over.
8. Develop a comprehensive treatment plan that will include preparation of mobility and control and facilitation of normal movement during functional activities in all postures, and ideas for carry over.
9. Develop strategies to facilitate the patients, increase awareness of the rehab process, improved self image and confidence, adaptation and planning / pacing skills.
10. Apply management strategies to help patients obtain missing components of movement throughout the body that are interfering with functioning at a higher level in all postures including function in upright posture.
11. Modify management strategies effectively based on the patient's response to maximize use of more normal and efficient movement patterns in functional activities.
12. Integrate concepts related to normal movement, musculoskeletal biomechanics and function, sensory, cognitive, communicative, perceptual motor and emotional considerations into activities of daily living and other functional activities.

## Course Objectives cont.

13. Demonstrate effective application of handling concepts in developing upper extremity and lower extremity use/function and whole body use for support, manipulation, balance, expression, sensory and functional tools, emotional release, comfort, containment, protection and propulsion.
14. Integrate concepts related to normal movement, musculoskeletal biomechanics and function, sensory, cognitive, communicative, perceptual-motor, and emotional considerations into activities of daily living and other functional activities.
15. Identify concepts related to the restoration of automaticity throughout the whole body, and carryover in functional use during activities of daily living and other functional activities.

## Application Neuro-IFRAH® Certification Course

Part I Dates: \_\_\_\_\_

Part II Dates: \_\_\_\_\_

Name: \_\_\_\_\_

Profession: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Professional School Attended: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Date Graduated: \_\_\_\_\_

Current Position: \_\_\_\_\_

Hours of direct patient treatment per week: \_\_\_\_\_

Other Responsibilities: \_\_\_\_\_

Type of Facility: \_\_\_\_\_

Number of years treating adults with hemiplegia \_\_\_\_\_

## Licensure Status/Malpractice Liability Insurance:

You are required to have malpractice liability insurance which will cover you during your participation in the course. If accepted you will be required to submit proof of current coverage. You must submit a copy of your current professional license/ registration with your application

## Optional Personal Statement Enclosed:

Yes \_\_\_ No \_\_\_

(Please see comments regarding optional personal statement under the Application Process)

## Do you want Hotel/Motel information to be forwarded to you?

Yes \_\_\_ No \_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Note: We reserve the right to cancel this course, if necessary. Tuition will be reimbursed in the event of sponsor or instructor cancellation.

Please make check payable to:

**Neuro-IFRAH Clinics  
by Waleed**

and send it together with this application to:

Neuro-IFRAH Clinics  
by Waleed™ Long Beach  
4300 Long Beach Blvd ste 510  
Long Beach, CA 90807  
Tel: 310.633.3968

Please contact sponsor regarding possibility of paying by credit card.

## Application Process:

Send completed application to: Neuro-IFRAH Clinics by Waleed™ Long Beach 4300 Long Beach Blvd suite 510 Long Beach, CA 90807

Applicants who meet the stated requirements will be accepted in the order received

## Optional Personal Statement:

To individualize each participant's learning experience, applicants are encouraged to enclose a letter that states any specific objectives they would like to meet in taking this course. This will allow the instructors to extend all efforts to help the participants work towards meeting their objectives, as well as the stated course objectives.

## Evaluation Process:

Participants will be evaluated on their treatment/management planning and strategies following established criteria in accordance with stated course objectives. Feedback will be provided on an ongoing basis to facilitate a successful, supportive, growth oriented and individualized learning experience. Upon successful completion of the course, participants will be Neuro-IFRAH Certified® and will be eligible to take NEURO-IFRAH® Organization Advanced and Ultra Advanced courses.

For More Information Call:

Neuro-IFRAH Clinics  
by Waleed™ Long Beach  
Tel: 1 (833) 4NIFRAH  
1 (833) 464-3724