



**Neuro-IFRAH Clinics by Waleed™**  
**Long Beach**  
**4300 Long Beach Blvd**  
**suite 510**  
**Long Beach, CA 90807**

## **NEURO-IFRAH® Certification Course in the Treatment and Management of Adults with Hemiplegia from a Stroke or Brain Injury**

**A Neuro-IFRAH®  
Organization Approved  
Course that includes basic  
to advanced concepts of  
the Neuro-Integrative  
Functional Rehabilitation  
And Habilitation  
(Neuro-IFRAH®) approach  
By Waleed Al-Oboudi**

**Course held at  
Neuro-IFRAH Clinics  
by Waleed  
(Long Beach)  
4300 Long Beach Blvd  
suite 510  
Long Beach, CA 90807**

**Part 1:  
January 5-11, 2025**

**Part 2:  
March 2-8, 2025**

**Cost:** \$3,900 early bird price prior to October 31, 2024. \$4,300 after October 31, 2024. Multi-student discounts also available, see website. Tuition Covers Parts I & II materials.

### **Course Instructor:**

**Waleed Al-Oboudi, MOT,**

**OTR/L** is a therapist and educator in the field of rehabilitation nationally and internationally for over 40 years.

He is the originator of the Neuro-IFRAH® approach and is known for his concepts and clinical skills in the treatment and management of patients affected by a stroke or brain injury. Many of his basic to advanced concepts are copied as he was the mentor of a number of known educators for many years. He is the originator of all his intermediate to advanced concepts and applications. He is also the originator of the IFRAH® concepts and applications for patients affected by orthopedic conditions. Mr. Al-Oboudi's Neuro-IFRAH® approach includes a whole system of hands on therapy, training equipment, and orthotics that are taught by Neuro-IFRAH® Instructors at top facilities and are popular and effective courses nationally and internationally. Mr. Al-Oboudi's concepts and clinical skills are self evident and aim to set a standard of excellence in rehabilitation as they have been continuously demonstrated in live national conferences, courses, and teleconferences for over 35 years.

**Refund Policy:** All fees will be refunded except for \$100.00 administrative charge if written notice of withdrawal is received on or before one month prior to start of course date. NO Refunds will be granted after that date. Cancellation by sponsor/instructor will result in full refund of tuition. Sponsor/Instructor not responsible for additional expenses incurred by registrants.

Assistant Instructor is available with class sizes above 16 participants

### **Location:**

**Neuro-IFRAH Clinics  
by Waleed  
(Long Beach)  
4300 Long Beach Blvd #510  
Long Beach, CA 90807**

### **Participant Requirements:**

Licensed Occupational Therapist.  
\*Physical Therapist, \*Licensed Occupational or \*Physical Therapy assistants require special permission for acceptance. (Interested Physicians, Speech Pathologists, RNs and Recreational Therapists please contact the sponsor for other courses or special permission for attending parts or all of this course.)

**Course Description:** This 98 Hour certification course is specifically designed for occupational therapists who work with patients who are affected by a stroke or brain injury. \*Licensed occupational therapy assistants, physical therapists, and licensed physical therapy assistants require special permission for acceptance. This comprehensive course covers basic to advanced concepts and effective application in a practical, organized manner to enhance learning. The main emphasis is on assessment and management to develop excellence in maximizing functional outcomes throughout the continuum of care. This course utilizes an integrative whole-person approach with emphasis on restoring function and making it functional for a return to independent living and resumption/assumption of roles. Challenges encountered by therapists in meeting their patients' needs throughout the continuum of care are addressed throughout the course. The course consists of lecture, laboratory practice, demonstrations, and patient treatment. Individual attention by the instructors will be provided to enhance participants' observation, handling, and problem-solving skills. This course includes the practical application of current basic to advanced concepts sequenced in a creative manner to help all participants meet the course objectives as well as their individual objectives. Waleed Al-Oboudi, who has taught the most multiple-week courses in the past 10 years and the majority of the advanced courses ever taught throughout the United States, specifically designed this course.

Please Circulate to Physical and Occupational Therapy Departments

For Sponsoring Introductory, Intermediate, Certification or Advanced Courses

In your area, please call 1 (858) 900 7755

## Course Objectives:

1. Identify the impact of the stroke / brain injury on the patient's life roles and the functional limitations interfering with his/her ability to resume / assume those roles.
2. Identify the primary & secondary impairments (movement & otherwise) underlying the functional limitations in various postures including function in upright posture.
3. Select functional activities that will assess the patient's functional limitations and underlying impairments in various postures including function in upright posture.
4. Identify concepts related to musculoskeletal biomechanics and function of the trunk, upper extremities, lower extremities, head/neck and overall body coordination.
5. Differentiate between normal and abnormal movement throughout the body in various postures and transitions in functional activities including activities in upright posture.
6. Identify concepts related to the impact of whole body alignment and control, as well as other mobility and control variables on respiration.
7. Identify missing components/processes necessary for interaction with the environment, effective learning and generalization of skills / carry over.
8. Identify concepts related to facilitation of upper extremity and lower extremity use/function and whole body use for support, manipulation, balance, expression, sensory and functional tools, emotional release, comfort, containment, protection and propulsion.
9. Develop a comprehensive treatment plan that will include preparation of mobility and control and facilitation of normal movement during functional activities in all postures, and ideas for carry over.
10. Develop strategies to facilitate the patients, increase awareness of the rehab process, improved self image and confidence, adaptation and planning /pacing skills.
11. Apply management strategies to help patients obtain missing components of movement throughout the body that are interfering with functioning at a higher level in all postures including function in upright
12. Modify management strategies effectively based on the patient's response to maximize use of more normal and efficient movement patterns in functional activities.

## Course Objectives cont.

13. Demonstrate effective application of handling concepts in developing upper extremity and lower extremity use/function and whole body use for support, manipulation, balance, expression, sensory and functional tools, emotional release, comfort, containment, protection and propulsion.
14. Integrate concepts related to normal movement, musculoskeletal biomechanics and function, sensory, cognitive, communicative, perceptual-motor, and emotional considerations into activities of daily living and other functional activities.
15. Identify concepts related to the restoration of automaticity throughout the whole body, and carryover in functional use during activities of daily living and other functional activities.

## Application Neuro-IFRAH® Certification Course

Part I Dates: \_\_\_\_\_

Part II Dates: \_\_\_\_\_

Name: \_\_\_\_\_

Profession: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Professional School Attended: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Date Graduated: \_\_\_\_\_

Current Position: \_\_\_\_\_

Hours of direct patient treatment per

week: \_\_\_\_\_

Other Responsibilities: \_\_\_\_\_

Type of Facility: \_\_\_\_\_

Number of years treating adults with hemiplegia \_\_\_\_\_

## Licensure Status/Malpractice Liability Insurance:

You are required to have malpractice liability insurance which will cover you during your participation in the course. If accepted you will be required to submit proof of current coverage. You must submit a copy of your current professional license/ registration with your application

## Optional Personal Statement Enclosed:

Yes \_\_\_ No \_\_\_

(Please see comments regarding optional personal statement under the Application Process)

## Do you want Hotel/Motel information to be forwarded to you?

Yes \_\_\_ No \_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Note: We reserve the right to cancel this course, if necessary. Tuition will be reimbursed in the event of sponsor or instructor cancellation.

Please make check payable to:

**Neuro-IFRAH Clinics  
by Waleed**

and send it together with this application to:

Neuro-IFRAH Clinics by  
Waleed

(Long Beach) 4300 Long  
Beach Blvd suite 510

Long Beach, CA 90807

Tel: 562.612.3030

Please contact sponsor regarding possibility of paying by credit card.

## Application Process:

Send completed application to: Neuro-IFRAH Clinics by Waleed (Long Beach) 4300 Long Beach Blvd suite 510 Long Beach, CA 90807

Applicants who meet the stated requirements will be accepted in the order received

## Optional Personal Statement:

To individualize each participant's learning experience, applicants are encouraged to enclose a letter that states any specific objectives they would like to meet in taking this course. This will allow the instructors to extend all efforts to help the participants work towards meeting their objectives, as well as the stated course objectives.

## Evaluation Process:

Participants will be evaluated on their treatment/management planning and strategies following established criteria in accordance with stated course objectives. Feedback will be provided on an ongoing basis to facilitate a successful, supportive, growth oriented and individualized learning experience. Participants successful completion of the course objectives is up to the discretion of the instructor(s). Upon successful completion of the course, participants will be Neuro-IFRAH Certified® and will be eligible to take NEURO-IFRAH® Organization Advanced and Ultra Advanced courses.

For More Information Call:

Neuro-IFRAH Clinics  
by Waleed™ Long Beach  
Tel: 1 (562) 612 3030