



October, November,  
December 2024

SENIOR  
CENTERS  
TUSCARAWAS COUNTY

Great Times, Great Friends, Great Services

425 Prospect St., Dover, OH 44622 • Phone: 330-364-6611 • Fax: 330-364-9291

Website: [www.tuscsc.org](http://www.tuscsc.org) • Email: [jsmith@tuscsc.org](mailto:jsmith@tuscsc.org)

HOURS: Monday ~ Thursday 7:00 a.m. ~ 6:00 p.m. & Friday 7:00 a.m. ~ 4:30 p.m. Saturday & Sunday: Closed



*Dear Friends,*

Fall weather is in the air and we are moving into football and the holiday season. These last 3 months of 2024 will be filled with new activities and events at the center as well as a return of some favorites. You will find all the information you need inside this newsletter but I want to encourage your participation in these special events as they will be fun for everyone.

The Virginia Kane Hall of Fame Fall Gala will be on Friday October 11. We will recognize our wonderful volunteers that serve our centers as well as reveal the Hall of Fame winner. Join us for a delicious lunch and a heart-warming program.

2<sup>nd</sup> Annual Forks Corks & Comedy takes place October 28, 2024 with celebrity chefs; David Case, Jill Cunningham, Nate Kelly, Sherry Schie, and David Webb. We will have 2 comedians; Mike Conley and Michael Gershe entertain us. This is a 5 course meal with wine pairings for \$75.00.

Art Unleashed: Where Our Seniors Creativity Roams Free Art Show. We are hoping to get at least 50 pieces of art, all mediums accepted, with drop off on October 14, 9am-2pm. We will display the art from November 4-13 in the social room at the Dover center. The show will be jury judged for Best of Show, 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place and People's Choice. We invite everyone to come and visit the art show and pick your favorite piece. Artists must be 50 years and older.

Open House is Wednesday November 13 from 3:30p-7pm. We will have hearty appetizers created by our amazing kitchen staff. Tours of the facility will be available and if you join that night, you will be entered in to a drawing to win a gift card. The Art Show Winners will be announced at 6pm.

Thanksgiving Buffet on Wednesday November 20 and Christmas Buffet on December 18, both \$10.00. No carry out offered this year. Both events will have live entertainment to enjoy.

The Ohio State Buckeyes Tailgate Party on Friday November 22. Wear your favorite OSU outfit and tailgate with us at lunchtime in the dining room. Call the day before to reserve your lunch seat. We will have OSU/Michigan trivia and football BINGO. Please wear your favorite sports team jersey to show your team spirit every Friday until November.

We are excited to bring new ideas to our members and we hope you enjoy your time at the center. If you haven't come in to see us yet, what are you waiting for?

Happy Holidays!  
Jamie

The Tuscarawas County Senior Center newsletters are available in larger print for individuals with sight impairments. For those with limited English an interpreter can be made available.

## ANNOUNCEMENTS & SAVE THE DATE

**Holiday Closings: November 28 & 29, December 23-27, January 1, 2025**  
**\*Closing at 1 pm on December 31, 2024\***

**No breakfast Thursday & Friday, October 10 & 11**  
**No breakfast Thursday & Friday, November 14 & 15**  
**No lunch on Monday, October 28 or November 15 - Prospect Perks is Open**  
**Prospect Perks is Closed on Friday, November 1**

**INCLEMENT WEATHER:** As the winter months approach us there is always a chance of inclement weather affecting the operations of the Senior Center. Please listen to WJER, WTUZ or check our Facebook page for information on any delayed openings or closures.



**MEDICARE OPEN ENROLLMENT:** October 15 - December 7. This is the time to make sure your Part D Plan is still the best choice for you or to enroll in one if you haven't done so. This is also the time to enroll in an Advantage Plan or make any changes to your current plan. Call Carla at 330-364-6611 to schedule your appointment.



**DOVER LIBRARY LUNCH & LEARN:** First Wednesday of the month at 12:15 p.m. Join us to listen to a special guest speaker to educate and expand the minds of our local seniors. October 2 we welcome Kimberly Adams from OV Harvest. December 4 we welcome Ars Nova, the Honors Choir from Dover High School under the direction of Shawna Hinkle. **Our November speaker has been moved to Wednesday, October 30. Join us in welcoming Steve Toohey with Operation Flags of Freedom.** All guests in attendance will receive a free lunch ticket to use at a later date.

Travel the World  
with Library Linda!

The Following Thursdays at 12:15 PM  
at the Tuscarawas County Senior Center

October 10: Bangladesh  
November 14: Austria  
December 19: Guatemala




Join Outreach Librarian  
Linda Toohey for fun and  
informative programs on  
locations all over the world,  
no passport necessary!





Dover Public Library & Tuscarawas County Senior Center

# COMPUTER Classes

In the Senior Center Computer Lab

-  **Computer Basics 1**  
October 15 at 10 AM
-  **Computer Basics 2**  
November 19 at 10 AM
-  **Computer Basics 3**  
December 17 at 10 AM

Class Size Limited  
Contact the Senior Center  
at 330 364-6611 to Register




Dover Public Library Presents

# MORE THAN BOOKS

THURSDAYS AT 10:00 AM  
AT THE TUSCARAWAS COUNTY SENIOR CENTER

- 1st Thursdays: Bring Your Own Book Club
- 2nd Thursdays: Fun and Games
- 3rd Thursdays: Guest Librarian
- 4th Thursdays: Trivia
- 5th Thursdays: Corn Hole

NO REGISTRATION  
OR MEMBERSHIP NECESSARY



## BINGOCIZE

Mondays & Wednesdays at 12:30 p.m. beginning October 7.

This is a FREE event. Bingocize is a fun and interactive program to promote fall prevention, implements simple exercises that help preventing falls, but also includes education. The program is led by trained staff from the Tuscarawas County Health Department.



## SPIRIT WEEK

Wear your high school team colors the week of October 21 - 25.

Rival week in Tuscarawas County

Bring a picture of yourself or loved one to display showing your team spirit!

Give the picture to the

Activities Department with your name and phone number on the back

**ALL PICTURES WILL BE RETURNED!**

## CLEVELAND CLINIC UNION HOSPITAL TOWN HALL MEETING

Wednesday, November 6 at 12:15 p.m.

Join Dr. Thomas Rogers, CEO of Cleveland Clinic Union Hospital and his special guest speaker. Speaker to be announced at a later date. A special dessert will be served.

Sign up at front desk by November 1.

## SCHOENBRUNN BINGO

Join us October 16, November 20 & December 18 at 10 a.m. for bingo.

A representative from Schoenbrunn Health Care will present a fun morning of bingo! This is FREE! Reservations are not needed.

A poster for a Halloween party. It features a purple witch hat with a yellow band. The text "Please Join us for a" is written in a curved path above the hat. Below the hat, the word "Halloween" is written in a large, cursive font, and "PARTY" is written in a bold, sans-serif font. The text "Join our hauntingly awesome staff by dressing in your favorite costume!!" is written below. At the bottom, it says "OCTOBER 31" and "10 AM-11 AM" with a spider icon between them. Below that, it says "GAMES, SNACKS AND FUN!!" and "Sign up at front desk by Friday, October 25 for party. Regular lunch sign up is required if you want to join us for lunch."/>

Please Join us for a

# Halloween PARTY

Join our hauntingly awesome staff by dressing in your favorite costume!!

OCTOBER 31 10 AM-11 AM

**GAMES, SNACKS AND FUN!!**

Sign up at front desk by Friday, October 25 for party.  
Regular lunch sign up is required if you want to join us for lunch.



# THE ABC'S OF BASIC TECHNOLOGY FOR OLDER ADULTS

BRIDGING THE DIGITAL DIVIDE

**TUESDAY, NOVEMBER 19  
12PM-1PM IN THE SOCIAL ROOM**

- FREE LUNCH & LEARN
- CYBERSECURITY BASICS

**MUST RSVP AT THE FRONT DESK  
BY FRIDAY, NOVEMBER 11!**

MUST BE PRESENT FOR THE ENTIRE PROGRAM TO RECEIVE A FREE LUNCH TICKET

**DIGITAL LITERACY PROGRAM**  
FUNDED BY NCOA AND AT&T  
ALSO IN PARTNERSHIP WITH DOVER PUBLIC LIBRARY

## Join Us For Our Holiday Lunch Buffets

**Wednesday, November 20**  
and  
**Wednesday, December 18**

- Doors open at 11:00am
- Meal served at 11:30am
- NO reserved seating
- NO carry-out

Tickets: \$10 per person  
Tickets will be available at the front desk for Thanksgiving Buffet on October 21, and the Christmas Buffet on November 18

**\*\*ALL ticket sales are FINAL as of 1 week prior to date of buffet\*\***

**Entertainment:**  
November: Natalie Peterman  
December: Forever Young Choir

NOVEMBER BUFFET	DECEMBER BUFFET
<b>MENU:</b> Turkey Ham Mashed Potatoes Gravy Dressing Noodles Baked Corn Casserole Dessert: Pumpkin Bread Pudding with Caramel Sauce	<b>MENU:</b> Ham Roast Beef Mashed Potatoes Gravy Sweet potato Casserole Cheesy Broccoli Casserole Green Beans Dessert: Old-Fashion Gingerbread with whipped cream

**WEAR YOUR FAVORITE OHIO STATE GEAR!**  
(OR MICHIGAN)

JOIN US FOR LUNCH FOR A **CHANCE TO WIN**  
**PRIZES** THROUGH BINGO AND TRIVIA!

**TAILGATE LUNCH**  
**Friday, November 22 at 10:30am**

# OHIO STATE VS MICHIGAN

Lunches are \$5, Carry-out meals are \$6

<p><b>MENU:</b></p> <ul style="list-style-type: none"> <li>DiRusso sausage sandwich with grilled onions and peppers</li> <li>Macaroni ranch salad</li> <li>Homemade french onion dip with chips</li> <li>Dessert</li> </ul>	<p><b>THERE WILL BE AN OSU BLANKET RAFFLE!</b></p> <ul style="list-style-type: none"> <li>• <b>10 TICKETS FOR \$5</b></li> <li>• <b>THE WINNER WILL BE DRAWN AT LUNCH. (THE WINNER DOES NOT NEED TO BE PRESENT DURING THE DRAWING!)</b></li> </ul>
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Join us for our

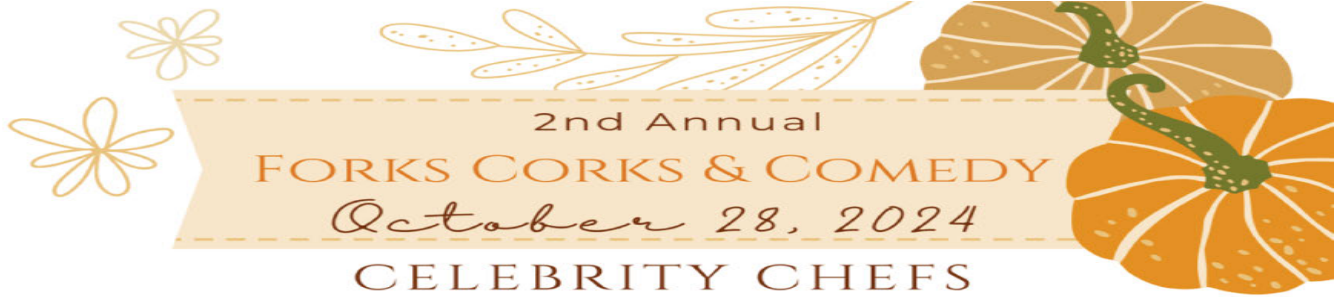
# CHRISTMAS Party

**DECEMBER 20TH**  
10:00 - 11:00 am / Friday

**FESTIVE CELEBRATION  
WITH GAMES, SNACKS,  
SINGING AND  
HOLIDAY CHEER!**

Sign up at front desk by Friday,  
December 13 for party.  
Regular lunch sign up is required  
if you want to join us for lunch.





2nd Annual  
**FORKS CORKS & COMEDY**  
*October 28, 2024*

**CELEBRITY CHEFS**  
 DAVID CASE - POINT DINING  
 JILL CUNNINGHAM - TCSC  
 NATHAN KELLY - 63 CORKS  
 DAVID WEBB - UNION COUNTRY CLUB  
 WINE PAIRINGS BY SHERRY SCHIE

**COMEDIANS**  
 MICHAEL GERSHE  
 COMEDIAN FOR 30 YEARS. ORIGINALLY FROM MIAMI, FL  
 MIKE CONLEY  
 WTUZ MORNING SHOW PERSONALITY

\$75 per person  
 with limited tickets available until 10/11

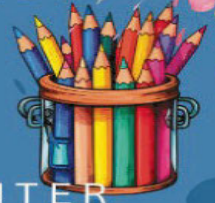
Doors Open at 5:30pm, Cash Bar Available  
 Dinner 6:00pm at the  
 Tuscarawas County Senior Center  
 425 Prospect Street  
 Dover



ART UNLEASHED: WHERE OUR SENIORS  
 CREATIVITY ROAMS FREE

**ART SHOW**

AT THE  
 TUSCARAWAS COUNTY SENIOR CENTER



**NOVEMBER 4-13, 2024**



- ✍️ \$25 entry fee\*, all mediums accepted
- ✍️ Must be age 50 and over to submit
- ✍️ Art Show will be Juried Judged with Best of Show, First, Second & Third Place
- ✍️ Art drop off is October 14, 9am-2pm
- ✍️ Winners announced November 13, at 6:00pm



*Artists can submit up to 2 pieces of original art with maximum size of 12x14.*

\*All paid entry fees will receive a Social Membership to the Tuscarawas County Senior Center effective October 1, 2024 to December 31, 2025.

## EXERCISE & FITNESS

**OPEN RECREATION - COST: Annual \$25 Social Membership fee!**  
**\* SHUFFLEBOARD \* BILLIARDS \* PING PONG \* CHAIR VOLLEYBALL \***

### **LINE DANCING**

Mondays  
12:30 p.m. - 1:30 p.m.  
Beginner line dancing.  
**FREE to all current  
VIP Members!!**

### **LA BLAST**

Tuesdays & Thursdays  
8:30 a.m. - 9:30 a.m.  
Have fun while doing a dance  
fitness program based on  
the dances you see on  
"Dancing with the Stars".  
Instructor: Chris Sulzener.  
**Cost: Annual VIP Fitness  
membership and  
\$5.00 per class.**

### **FIT CORE**

Monday & Wednesday  
11:00 a.m. - 12:00 p.m.  
This class uses Pilates  
techniques to improve  
muscular strength and  
endurance while toning  
your core in a gentle way.  
We will incorporate balls,  
bands and weights. Please  
bring a yoga mat with you.  
Instructor: Cathleen Misko/  
Elaine Booth.  
**FREE to all current  
VIP Members!!**

**FITNESS 3 EXERCISE:** Tuesday & Thursday, 10:00  
a.m. - 11:00 a.m. This class focuses on increasing  
range of motion, low-impact and flexibility.  
Exercises are easy to follow and are done sitting in a  
chair. Cardio and resistance training in a group  
setting with free weights, bands, and balls. **FREE to  
all current VIP Members!!**

**YOGA:** Tuesday & Thursday, 10:00 a.m. - 11:00 a.m.  
Learn basic poses to improve balance, flexibility and  
coordination. Instructor: Diane Johnson.  
**Cost: Annual VIP Fitness membership and \$5.00  
per class.**

**DRUMMING:** Wednesday, 10:15 a.m.-10:45 a.m.  
The class motivates you through music and unique  
movements which mimic drumming. Instructor:  
Cathleen Misko. **FREE to all current VIP  
Members!!**

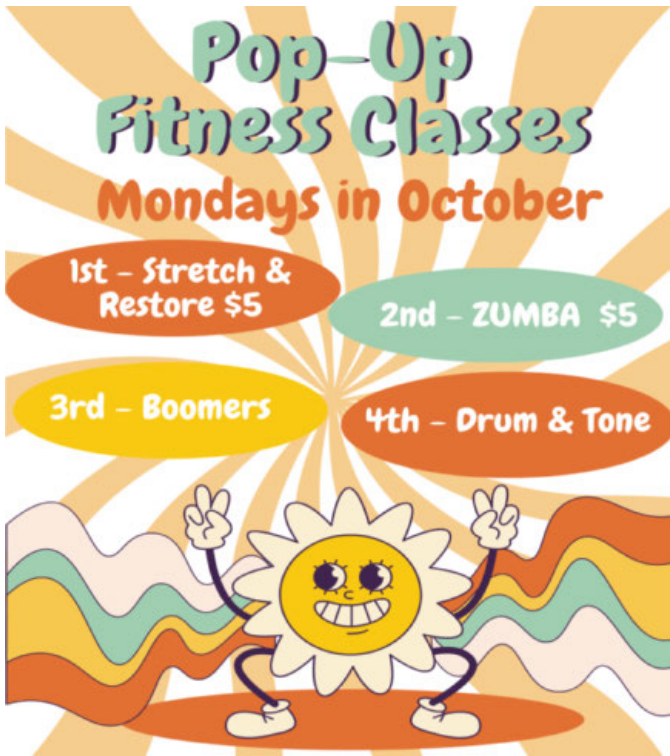
**BOOMERS BOOT CAMP:** Tuesday & Thursday,  
11:15 a.m. - 12:15 p.m. Do you like sweatin' to the  
oldies? Then this class is for you. Enjoy a high energy,  
low impact cardio class that focuses on cardiovascular  
fitness, strength, and balance. Exercises are  
modifiable for all fitness levels. Instructor: Elaine  
Booth. **FREE to all current VIP Members!!**

**GERI-FIT CLASS:** Monday, Wednesday, Friday  
9:00 - 9:45 a.m. & Tuesday, Thursday, 1:00 - 1:45 p.m.  
Geri-Fit is a 45 minute, evidence-based group  
strength training exercise class for older adults  
looking to increase strength and balance. Geri-fit  
accommodates all ages and fitness levels. All the  
exercises can be modified. Instructors: Elaine Booth,  
Cathleen Misko & Kamrey Folkert.  
**FREE to all current VIP Members!!**

**ENERGETIC GERI-FIT CLASS:** Thursday 10:00-10:45 a.m. This class is a group  
strength training exercise class for older adults looking to increase strength and  
balance using weights, bands and balls. This class will incorporate Geri-fit  
exercises, while adding more movement and repetitions. All exercises can be  
modified. Instructor: Elaine Booth. **FREE to all current VIP Members!!**



## EXERCISE & FITNESS



**ACTIVELY AGELESS:** Monday and Wednesday, 4:30 p.m. - 5:30 p.m. On Mondays join Amy Kaser for a FUN high energy/low impact class designed to increase aerobic endurance, muscle strength and balance. On Wednesdays you will use various equipment such as weights, bands, balls and the walk track to complete your workout. Amy will coach you through your exercises and provide adaptations as needed. **FREE to all current VIP Members!!**

**CIRCUIT TRAINING:** No levers to set or weights to manipulate. The complete circuit includes: warm up, cardio, strength training, cool down and stretching. If you are new to circuit training, please make an appointment with Cathleen Misko for an orientation session. **FREE to all current VIP Members!!**

**WALK WITH EASE:** Mondays, Tuesdays & Wednesdays starting October 7.

Class will meet at 1:30 pm in the Walk Track. Walk with Ease is an evidence-based walking program proven to help reduce pain, improve balance and strength in a light, relaxed environment. This program has been shown to reduce fall risk in older adults. The program is led by trained staff from the Tuscarawas County Health Department. **FREE to all current VIP Members!!**

### INTRO TO TAI CHI

Mondays 10:00 a.m. - 11:00 a.m. If you are looking to try a beginners class, this one is for you!! Tai Chi is utilized for many health benefits such as: decreasing falls, improving mobility and increasing flexibility.

Instructor: Cathleen Misko.

**Cost: Annual VIP**

**Fitness Membership and \$5.00 per class.**

### TAI CHI

Fridays 10:00 a.m. - 11:00 a.m.

Tai Chi is utilized for many health benefits such as: decreasing falls, improving mobility and increasing flexibility. Instructor: Cathleen Misko.

**Cost: Annual VIP Fitness Membership and \$5.00 per class.**

### ON-LINE CLASSES

**ON-LINE CLASSES REQUIRE AN EMAIL ADDRESS - PLEASE CALL ELAINE BOOTH IF YOU WOULD LIKE TO START UTILIZING CLASSES ON-LINE!**

**Geri Fit on-line: Monday, Wednesday and Friday 9:00 a.m.**

**Instructors: Elaine Booth & Cathleen Misko**

\*\*\*\*

**YOGA on-line: Tuesday & Thursday, 10:00 a.m. - 11:00 a.m.**

**Instructor: Diane Johnson**

**\*Classes are \$5.00 each and are billed to you monthly.**

# FUN & GAMES



**Bingo:** Monday mornings at 10:00 a.m. Cost: \$2.50  
(Payable at front desk day of game).

**Euchre Tournament:** Wednesday, October 23 at 12:15 p.m.  
Cost: \$1.00 Sign up and pay at the front desk BEFORE the tournament!  
**NO TOURNAMENT IN NOVEMBER OR DECEMBER!**



**Interested in playing Euchre with a group on Wednesdays at Noon?**  
**Contact Bobbie Shepherd at 330.364.3601 for more information!**

**Cornhole:** The cornhole boards will be set up every Wednesday afternoon in the track room from 12:30 - 3:30 p.m. Try your luck and join the fun!!

**Mahjong:** Tuesday 9:00 a.m. - 2:00 p.m. Meet in the Dining Room.  
Break for lunch 11:30 -12:00. Join in on the fun!!

**Domino Players:** If you are interested in playing, call Bobbie Shepherd 330.364.3601 for more information on day and times.

\*\*\*\*\*  
\* **Bridge:** Tuesday 12:00 p.m. - 3:00 p.m. Join us in the bingo room for a fun game of \*  
\* Bridge! Don't know how to play? No problem, we can teach you!! \*  
\*  
\*\*\*\*\*

**JASS:** Monday & Friday 12:00 p.m. - 3:00 p.m. Join us in the Social Room! No sign up required! If you don't know how to play, we can teach you!!



**Mystery Games:** Every Wednesday at 10:30 a.m. & Friday at 10:30 a.m. Join us in the Social Room to see what new and exciting game we have in store for you!!

**Chair Volleyball:** Every Wednesday at 9:00 a.m. in the walking track area. Join us for a fun, friendly game of chair volleyball! **Cost: Annual \$25 Social Membership dues required.**

**Chair Volleyball Tournaments:** Wednesdays 9/4, 10/2 & 11/6 9:00 - 10:30 am.  
**Cost: Annual \$25 Social Membership dues required.**



**Billiards:** The pool table is located in the walking track area. **Cost: Annual \$25 Social Membership fee.**

**Ping Pong:** The ping pong table is located in the walking track area.  
**Cost: Annual \$25 Social Membership fee.**





## HEALTH & WELLNESS

# AULTMAN HOSPITAL LUNCH & LEARN

JOIN US ON THE 4<sup>TH</sup>  
WEDNESDAY OF  
THE MONTH AT  
12:15 PM

Guest speakers  
will present  
educational  
materials on  
health related  
topics!

PARTICIPANTS WILL RECEIVE A FREE  
LUNCH TICKET FOR ATTENDING!!

 AULTMAN



Sponsored by Hennis Care Centre. Scheduled on the 2<sup>nd</sup> Wednesday of each month! Join us at 12:15 pm to listen to a local speaker. Learn something new and receive a lunch ticket and a chance to win a door prize as well.

### Ember Complete Care Blood Pressure Checks

Stop in the Dining Room on the 3<sup>rd</sup> Wednesday of the month from 10:00 - 11:00 am and have a representative from Ember Complete Care check your blood pressure.



*"Remain calm, because peace equals power"* - Joyce Meyer

HEALTH  
SCREENINGS



Cleveland Clinic Union Hospital will be here throughout the year. Blood pressure & glucose checks are free. Lipid panel and A1C screening available for a fee. Call 330-602-0779 for more information.

Thursday, December 12 (Cholesterol Screening)



# October 2024



To make reservations call 330-364-6611  
 Reservations must be received by NOON the day  
 before! Cutoff for Monday's meal is NOON on Friday!

Mon	Tue	Wed	Thu	Fri
<b>MENU SUBJECT TO CHANGE</b>	1 "REAL" Pizza Burgers Mozz Sticks or Salad Bar	2 Baked Chicken Amish Dressing /Gravy, Veg. or Salad Bar	3 Salisbury Steak Mashed Potatoes Vegetable or Salad Bar	4 Brunch Sand. (Croissant, egg, cheese, sausage patty) Hashbrown Blueberry Muffin
	7 Chicken Parm Spaghetti, Salad Bread or Salad Bar	8 Fried Shrimp 'Po Boy' Sand. Onion Rings Coleslaw or Salad Bar	9 Kielbasa, Cab- bage & Pierogi Sheet Pan Meal or Salad Bar	10 <b>*Birthday Party*</b> Swiss Steak Mashed Potatoes Green Beans
14 Garlic Crusted Cod, Lemony Couscous Roasted Broccoli or Salad Bar	15 Homemade Beef Stew & Biscuit or Salad Bar	16 Homemade Lasagna Garlic Bread Salad or Salad Bar	17 Meatloaf Au Gratin Potatoes Veg. or Salad Bar	18 Cream Chicken Sand. Homemade Chicken Noodle Soup
21 Homemade Meatball Splash on Grilled Texas Toast or Salad Bar	22 Hamloaf Mac & Cheese or Salad Bar	23 Cabbage Rolls Mashed Potatoes w/Red Gravy or Salad Bar	24 Homemade Chicken Pot Pie Salad or Salad Bar	25 Pumpkin Spiced French Toast Scrambled Eggs Sausage Link
28 <b>NO LUNCH TODAY</b>  <b>Prospect Perks Open</b>	29 Sloppy Joe Broccoli Cheese Bites or Salad Bar	30 Ham Steak Baked Sweet Potato Vegetable or Salad Bar	31 <b>Halloween Party 10 -11</b> Mummy Dog (Crescent roll wrapped all- beef hotdog) Witch's Brew (Bowl of chili)	Graveyard Dirt (Oreo Pudding Dessert) or Salad Bar







# November 2024



For reservations call 330-364-6611  
 Reservations must be received by **NOON** the day  
 before! **Cutoff for Monday's meal is  
 NOON on Friday!**

Mon	Tue	Wed	Thu	Fri
<b>MENU SUBJECT TO CHANGE</b>				1 Little "Mac" Burger (1/4 patty, cheese, lettuce ,onion, pickle & special sauce) Pickle Fries
4 Chicken Puff (mixture of chicken, broc & cheese in a puff pastry) Autumn Salad or Salad Bar	5 Chicken Fried Steak, Mashed Potatoes covered in creamy pepper gravy or Salad Bar	6 Cincinnati Chili (spaghetti topped w/no bean chili & cheese) Corn Bread or Salad Bar	7 Meatloaf, Baked Potato (sour cream & butter) Vegetable or Salad Bar	8 Fish Sandwich French Fries Coleslaw
11 Chicken Fajitas, Rice, Fire Roasted Corn & Black Beans w/ Salsa & Sr. Cream or Salad Bar	12 Johnny Marzetti Garlic Bread Salad or Salad Bar	13 Pulled Pork Sand (bbq on side) Sweet Potato Fries or Salad Bar	14 <b>*Birthday Party*</b> Swiss Steak Mashed Potatoes Vegetable	15 <b>KITCHEN            CLOSED            No Breakfast            or Lunch            PROSPECT            PERKS OPEN</b>
18 Cheesy Chicken, Potato, Corn Chowder in a Bread Bowl or Salad Bar	19 Taco Bake (seasoned ground beef, peppers, corn & cheese topped w/cheesy corn bread) or Salad Bar	20 <b>Thanksgiving            Buffet            Tickets \$10            On Sale 10/21            No Take Outs            Limited            Tickets</b>	21 Chicken Parm Sandwich Italian Salad or Salad Bar	22 DiRusso Sausage w/ peppers & onions Baked Beans French Onion Dip & Chips Ranch Mac Salad
25 Open Face Turkey Sandwich Mashed Potatoes Gravy, Veg. or Salad Bar	26 Stuffed Pepper Casserole or Salad Bar	27 Hot Ham & Cheese Sand. Creamy Potato Soup or Salad Bar		29 <b>CENTER            CLOSED</b>



# December 2024



For reservations call 330-364-6611  
 All reservations must be received by  
 NOON the day before! Cutoff for Monday's  
 meal is NOON on Friday!

Mon	Tue	Wed	Thu	Fri
2 Toasted Cheese On Texas Toast Tomato Soup. or Salad Bar	3 Chicken Noodle Casserole Bread & Butter or Salad Bar	4 Stuffed Cabbage Roll, Mashed Potatoes/Red Gravy or Salad Bar	5 Ham Loaf Baked Sweet Potato Vegetable or Salad Bar	6 Grilled Rachel (Turkey, Swiss on Marbled Rye w/ Coleslaw & Thousand Island) French Fries
9 Homemade Meatball Sub Side Salad or Salad Bar	10 <b>Featuring Prospect Perks</b> 1/4 lb All-Beef Hotdog Loaded Baked Potato Soup or Salad Bar	11 BBQ Baked Chicken Cheesy Potatoes Vegetable or Salad Bar	12 <b>*Birthday Party*</b> Swiss Steak Mashed Potatoes Vegetable	13 Brunch Sand. (Croissant, egg, cheese, sausage patty) Hashbrown Blueberry Muffin
16 Breaded Pork Sandwich (onion, pickle, mayo, mus- tard on side) Vegetable Soup or Salad Bar	17 Chicken Alfredo Broccoli Garlic Bread or Salad Bar	18 <b>Christmas Buffet Tickets \$10 On Sale 11/18 No Take Outs Limited Tickets</b>	19 Garlic Crusted Cod Lemon Pepper Roasted Potatoes Coleslaw or Salad Bar	20 <b>Christmas Party 10-11</b> Broccoli Cheddar Soup in a Bread Bowl Side Salad
23 <b>CENTER CLOSED</b>	24 <b>CENTER CLOSED</b>	25 <b>CENTER CLOSED MERRY CHRISTMAS</b>	26 <b>CENTER CLOSED</b>	27 <b>CENTER CLOSED</b>
30 Cream Chicken Biscuit Vegetable or Salad Bar	31 <b>Center Closing at 1pm</b> Pork, Mashed Potatoes Sauerkraut or Salad Bar	<b>Jan 1, 2025 Center Closed</b>		<b>MENU SUBJECT TO CHANGE</b>



## TIME FOR TRAVEL

**Extended Travel: Refund Policy - Regardless of reason for cancellation, notify Peggy Robb right away. TCSC will notify the Travel Company. From there you will receive a packet from the insurance company. TCSC is not involved in any decision regarding refunds.**

**If you do not invest in trip insurance your deposit is NON-Refundable and the tour company will make the decision on the amount of refund due to the passenger. It will be determined by several factors that are up to the touring and insurance company NOT the Tuscarawas County Senior Center.**

**Day Trips: Refund Policy: The deposit/payment for one-day tours is 100% of tour price. NO REFUNDS! If you aren't able to go and you want to gift your spot to someone, please let TCSC know right away. All of our day and overnight trips will leave from the Tuscarawas County Senior Center in Dover.**

COST: \$170





**SIGHT SEEING IN Pittsburgh**

Friday, October 18, 2024

The first 25 people to sign up will be entered into a \$25 gift card drawing!

**Included in Tour Price:**

- Enjoy spectacular views from the Duquesne Incline
- Lunch at the Hard Rock Cafe
- See Pittsburgh on a narrated city tour bus





- Arrive at Dover Senior Center by 5:45am (425 Prospect St. Dover) If you have any questions call 330-364-6611
- Motorcoach bus leaves at 6am
- Sign-up by Monday, October 7, 2024

\*\*Park in the front parking lot of the Senior Center. Parking is at own risk. The TCSC will not be held liable for damages, thefts, or mishaps while unattended\*\*



### Reindeer, Bison, Brew & Wine Tour

Friday, Nov. 8, 2024  
Sign up by Friday, Oct. 25



425 Prospect St.  
Dover, OH  
330-364-6611



**Red Run Bison Farm**  
Enjoy Bison on the farm.  
(Bison meat available for purchase)



**Rootstown Reindeer Farm**  
(Enjoy the farm, and refreshments with Santa!)



**Maize Valley Brewery & Winery**  
(Included in price, Wine or Beer Flight sampling with cheese & crackers. Non alcoholic beverage available)



**Hartville MarketPlace**  
(Enjoy a little shopping)

- Be at the Dover Senior Center by 8:30am
- Bus leaves at 9am
- We will return home by 8pm
- Lunch is on your own at Cracker Barrel
- Anyone 18 and up can travel and you don't have to be a member.

**Trip Price:**  
**\$150**

\*\*This tour cannot accommodate wheelchairs or scooters at the farms\*\*

\*\*Park in the front parking lot of the Senior Center. Parking is at own risk. The TCSC will not be held liable for damages, thefts, or mishaps while unattended\*\*



## TIME TO SHARE

# WELCOME



"Hello, my name is Maria Ajanel and I am the new Community Health Worker through the Tuscarawas County Senior Center. I am entering my final year of college at the University of Akron, majoring in Social Work. Throughout my life, I knew I had a passion for helping others and giving back to my community, and going into Social Work would give me that opportunity. It didn't take long for me to realize I wanted to focus on the family welfare and social service side of Social Work, which is why I feel this position is where I am meant to be. As a CHW, I am able to help those facing real hardships and obstacles that life throws at you. Knowing that I am there to assist them is what I feel I am called to do. When I am not working or in the classroom, I spend time with those who mean the most to me; my family and friends. I am excited to see where this position takes me and the doors it will open."

### Satellite HAPPENINGS

**Strasburg Senior Center Craft Show:** Saturday, October 19, 9 am - 3 pm. Strasburg United Methodist Church 206 2nd St., Strasburg. There will be raffles, hourly prize drawings, food stand & kettle corn! \* Bring a personal care item for our food bank and receive a free raffle ticket! Interested in being a vendor? Call Brenda Bayer at 330.432.6427.



**Quilting Group:** Tuesday, 9 a.m.- 3 p.m. Small group looking for anyone with an interest to help make little girls dresses and boy shorts. These finished pieces will be sent to Dress A Child Around The World, Appalachia, New Life Church mission in Haiti, Operation Christmas Child Shoeboxes, Love a Child in Haiti a reservation in New Mexico, Casa Bernabe' ministries in Guatemala, poverty areas in West Virginia and Kentucky. You do not have to sew to help with this project. There is a task for everyone. Including sewing, pressing, cut and pin fabric and insert elastic into casings. Instructor: Connie Miller. If you have any questions about this project, please contact Connie- 330-260-1747.

## SENIOR CENTER CLUBS and More

### Cost: Annual \$25 Social Membership

#### LADIES HAVING FUN:

Ladies Having Fun meets for lunch at various locations on the first Thursday of each month at 12:30 pm. All Sign ups are required at the front desk by Tuesday of that week.

**BIBLE STUDY:** Join us each Thursday morning at 10:00 for a Non-Denominational Bible Study. Group led by Richard Hathorn. All are welcome!!

**HUCKWEAVERS:** 2nd Tuesday of the month 11 a.m.- 2 p.m. in conference room 1.

**WARM UP AMERICA:** Join us on the last Monday of the month 1- 3 p.m. in the bingo room. We knit and crochet afghans, prayer shawls and hats for distribution to our hospitals, nursing homes, rehab and dialysis centers and individuals in Tuscarawas County. Yarn is provided or you can use your own.

**FOREVER YOUNG SINGERS:** The Forever Young Singers meet Thursdays at 12:00 p.m. in the bingo room. Each month, the group performs for various social groups around the county. Anyone over the age of 50 is invited to join.



## OUR SERVICES

**DAILY LUNCHES:** A hot nutritious meal is served weekdays. The dining room opens at 7 a.m.; lunch served at 11:30 a.m. Carry-out meals can be picked up between 11:45 a.m. - 12:15 p.m. Reservations need to be made no later than NOON the day before you wish to eat. Monday's lunch reservation cutoff is NOON on Friday. You may reserve lunches days or weeks in advance if you prefer. Cost: 50 and over \$5.00, 49 & under \$7.00. Carryout meals \$6.00.

**BREAKFAST:** A full breakfast menu is available on Thursdays & Fridays 7:30 a.m. - 9:00 a.m. Breakfast is open to the public. Breakfast is not available on the 2nd Thursday of the month. **No reservation required!**

**SENIOR HELPERS:** Homemaker services are provided to those who are 50 and older, reside in Tuscarawas County and are not eligible for PASSPORT services. Contact Evy Steele. **\*Currently hiring Senior Helpers!**

**TRANSPORTATION:** Transportation throughout the county for doctor appointments, grocery shopping, personal business, etc. Please call the center 24 hours in advance to make arrangements. Vans are available at each Satellite Site Monday thru Friday 8:15 a.m. - 3:45 p.m. Must be 60 years of age or older and a resident of the county to use this service. \$3.00 suggested donation. **Transportation Direct Line: 330-364-6688.**

**INFORMATION & REFERRAL:** A directory of services is available for information on private and public agencies which provide an array of services for individuals 50 years of age and older in Tuscarawas County. Contact the Center.

**TELEPHONE REASSURANCE:** Phone calls are made weekly by our trained volunteers to provide comfort and support. Contact the center.

**MINOR HOME REPAIR:** Assistance is available to homeowners for minor home repairs. An assessment is made and those over the income level pay on a sliding fee schedule. Contact Marley Miller. **\*Currently hiring repairman or repairwomen.**

**MEDICARE CONSULTATIONS AND PRESCRIPTION DRUG ASSISTANCE:** This service assists seniors in finding the Medicare program that suits their individual needs for medical & prescription drug coverage. Contact Carla Mayfield.

**MEDICAL ASSESSMENTS:** Blood pressure checks are available monthly. Periodically other medical assessments such as cholesterol, blood sugar testing, hearing and eye screenings are offered. All assessments are conducted by nurses. Call the Center or check the newsletter for specific dates.

**HOMESTEAD EXEMPTION:** Application assistance is available for homeowners that qualify for the Homestead Exemption. This program helps those age 65 and older (or totally and permanently disabled) reduce their tax bill. Contact Carla Mayfield.

**HEAP (HOME ENERGY ASSISTANCE PROGRAM):** The Ohio Department of Development (ODOD) offers several programs to help low-income Ohioans pay their utility bills and improve energy efficiency in their homes. Applications are available at all of our site locations, assistance is available if needed. Please call Marley Miller at 330-364-6611 for an appointment if you require assistance.

# FUN HOUSE

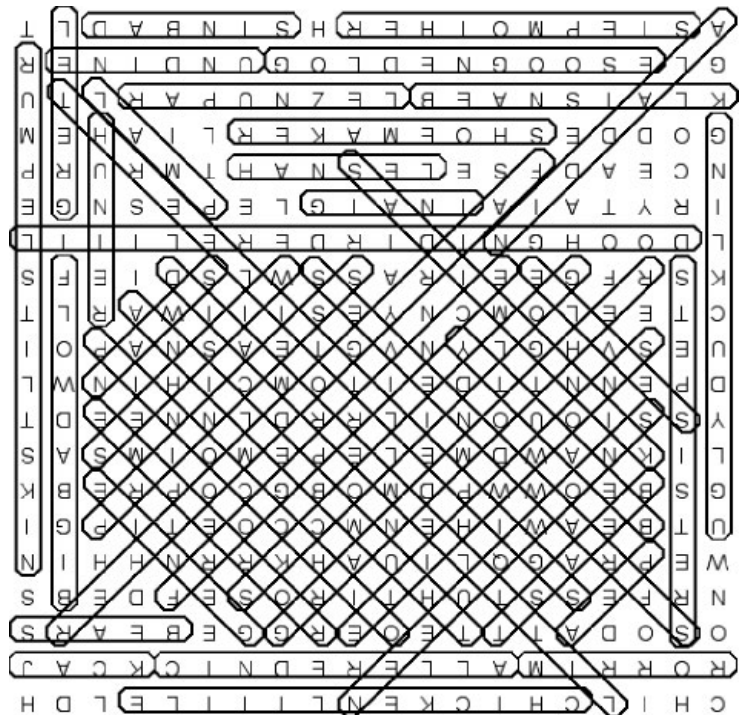
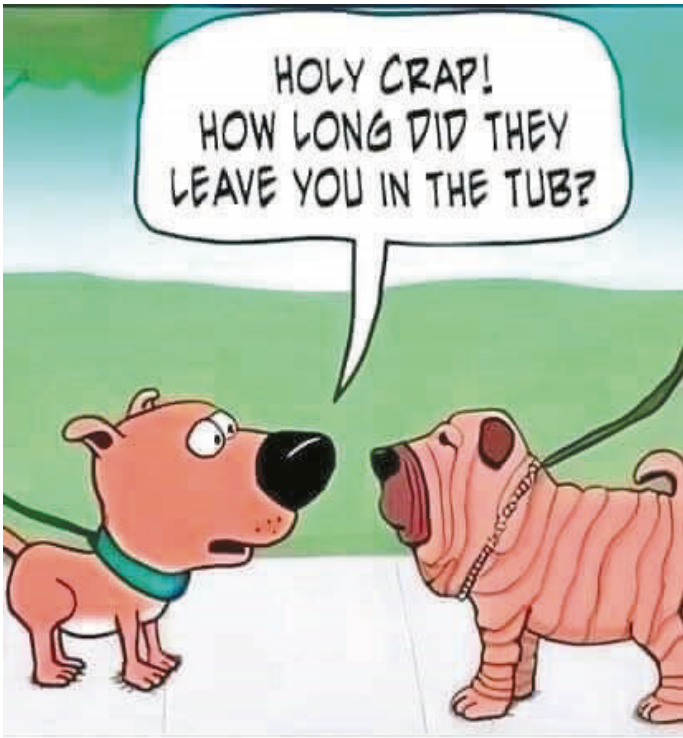
## FAIRY TALES

Circle all of the fairy tales that are hidden in the grid.  
The remaining letters spell a secret message.

C H I L C H I C K E N L I T T L E L D H  
R O R R I M A L L E R E D N I C K C A J  
O S O D A T T E O E R G G E B E A R S  
N R F E S S T U H T I R O S E F D E B S  
W E P R A G Q L I U A H K R R N H H I N  
U T B E A W I H E N M C C O E T I P G I  
G S B E O W W P D M O B G C O P R E B K  
L I K N A W D M E L E P E M O I M S A S  
Y S S I O U O N I L R R D L N N E E D T  
D P E N N T T D E I T O M C I H I N W L  
U E S V H G L Y N V G T E A S N A P O I  
C T E E L O M C N Y E S I I I W A R L T  
K S R F G E E I R A S S W L S D I E F S  
L D O O H G N I D I R D E R E L T T I L  
I R Y T A I A T N A I G L E P E S N G E  
N C E A D F S E L E S N A H T M R U R P  
G O D D E S H O E M A K E R L I A H E M  
K L A T S N A E B L E Z N U P A R L T U  
G L E S O O G N E D L O G U N D I N E R  
A S T E P M O T H E R H S I N B A D L T

- ALADDIN
- BEANSTALK
- BEARS
- BEAST
- BEAUTY
- BIG BAD WOLF
- CHICKEN LITTLE
- CINDERELLA
- ELVES
- EMPEROR
- FIARY GODMOTHER
- FROG PRINCE
- GENIE
- GIANT
- GOLDEN GOOSE
- GOLDBLOCKS
- GRANDMOTHER
- GRETEL
- HANSEL
- HUNTER
- JACK
- KING MIDAS
- LAMP
- LITTLE MERMAID
- LITTLE RED RIDING HOOD
- MIRROR
- PEA
- PINOCCHIO
- PRINCESS
- RAPUNZEL
- RUMPELSTILTSKIN
- SEVEN DWARFS
- SHOEMAKER
- SINBAD
- SNOW QUEEN
- SNOW WHITE
- STEPMOTHER
- STEPSISTERS
- SWAN
- THREE LITTLE PIGS
- THUMBELINA
- UGLY DUCKLING
- UNDINE
- WISHES

## SOLUTION



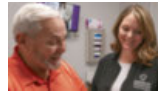
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**James F. Contini II**  
Attorney at Law  
Certified Specialist, Estate Planning, Trusts and Probate Law by the Ohio State Bar Association



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Carla Mayfield, *Director of Operations*  
Jami Swartzwelder, *Director of Finance*  
Cheryl Wetzels, *Director of Transportation*  
Jill Cunningham, *Director of Kitchen Operations*  
Elaine Booth, *Director of Activities*  
Kenny France, *Director of Building Operations*  
Marley Miller LSW, *Director of Social Services*  
Tammy Swartzwelder, *Café Manager*  
Dean Teal, *Manager of Minor Home Repair*  
Evy Steele, *Program Manager*  
Julia Kinsey, *Fund Development Assistant*  
Yvette Harper, *Transportation, Data Entry*  
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Kamrey Folkert, *Activities Assistant*  
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### **SATELLITE LOCATIONS**

**Claymont Center**  
633 North Main St.  
Uhrichsville, OH 44683  
Contact: Sharon Chambers  
740-922-0365

**Newcomerstown Center**  
222 S. Bridge St.  
Newcomerstown, OH 43832  
Contact: Christina Malachin  
740-498-4523

**Westchester Center**  
6451 SR 342 SE  
Tippecanoe, OH 44699  
Contact: Fred Dickinson  
740-229-3464

**Garaway Center**  
PO Box 162, 221 Dover Rd.  
Sugarcreek, OH 44681  
Contact: Patti Hixenbaugh  
330-852-1311

**Strasburg Center**  
206 2nd St.  
Strasburg, OH 44680  
Contact: Heather Blacka  
330-878-4048

The Tuscarawas County Senior Center is funded in part through the Ohio Department on Aging/AAA Region 9, Ohio Department of Transportation, Tuscarawas County Levy funding, private donations and the generosity of local businesses. The TCSC has written policy and procedures to address compliance of the Older Americans Act of 1965 and the Title VI of the Civil Rights Act of 1964. This information is available to the public upon request. Limited English Proficiency Access Information and Procedure may be requested. Limited English Proficiency Interpreters available upon request.