

# BRAVO BOOT CAMP

July 8-19, 2019 (only 2 weeks)

All current Bravo team members and new skaters welcome!!  
Coaches Oleg, Tanya, Christopher and Matej will be working hard so be  
READY for a variety of activities, athletic training choreography, skating and  
FUN!

## SCHEDULE

8:30-9:30AM – Check-in  
9:00-9:30AM – Warm-up  
9:45-10:45AM – On Ice  
10:45-11:15AM – Snack  
11:15AM-12:00 NOON – Off Ice  
12:15-1:15PM – On ICE  
01:30-2:30PM – Lunch & Activities  
2:45-3:45PM -Off Ice  
4:00-5:00PM – Games & Activities  
5:00PM Camp Ends /Pick-up

## Off ICE TRAINING

Stretching, Jump Training  
Choreography & run throughs  
Acting -artistry - drama  
Pantomime and more

## GENERAL INFORMATION:

Week 1: July 8 – July 12, 2019  
Week 2 July 15 -July 19 , 2019  
COST: \$500 per week, \$100 per day, Half day \$50.00 per day  
Payment in full is due with registration form, cash or checks  
payable to: BRAVO TOI  
Lunch is NOT included  
Schedule is subject to change  
For additional information contact:  
Tania 973-960-4535 or Chris 973-718-3623



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## Register for Camp

Camper's First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Birthday \_\_\_\_\_ Allergies \_\_\_\_\_  
Parent/ Guardian/Emergency Contact  
First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_

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